

# Joondalup Mens Shed Bench Press

February 2024

**Editor Merv Pearce** 



### Presidents Ranori

The end of the club year approaches at the 30<sup>th</sup> June 2024. Please commence

considering if you would like to nominate for an official role.

We have had a couple of incidents this month and I would take this opportunity to remind you all to be careful when using the machinery.

The saw stop was set off when a finger was put close to the blade when it was still moving. Fortunately no injury to the member involved. Please note that even though you may have turned the machine off, you must not place any part of your body close the MOVING blade.

It is also worth mentioning that you should not place any body parts on the moving parts of a machine whilst turning the machine on. It is highly likely that the machine will bite you with an injury resulting.

Gerry managed his first Bunning BBQ this month, on a particularly hot day. Well done to all involved and thanks very much for your efforts. The Next BBQ is in April. My thanks also go to all the members that volunteer their time and energy towards shed projects and the Markets. Speaking of

projects the tables for the markets have been completed/delivered and paid for. A very handsome profit for the club in excess of \$4,000. Thanks to Dennis for heading up the project and all those that assisted. Foot Note: I believe they want another table. Back to the grind stone Dennis and team.....

Fridays are cleanup day. Please be aware that all machinery is closed down from 11.00am when cleaning of the workshop floors commences.

All help would be gratefully accepted.

Graham McKeller from Carbatec conducted a training session on the Tormec and the team authorised to use that machine has been increased to 6. People authorized are Ian Botho, Dennis Thornton, Paul Leidich, Mel Heaton, Gert Enslin and Mark Smith. If you have a tool that requires sharpening please talk to one of the above. A small fee of \$4 applies per item sharpened.

A short report this month.

"You have all done very well "

Mark Smith



#### NOTES FROM THE FEBRUARY COMMITTEE MEETING

#### **Rick Otero**

**MSWA Grant:** We have applied for a Men's Shed West Australia grant of \$5000 for new, more robust, portable equipment.

Financial Health: On Trading Income of \$10,938 we contributed (profit) to the Shed of \$2784.

**Padbury BBQ:** We have ended our role in the Padbury BBQ, due to inconsistent shed member support.

Moto Shed: Just a reminder the Motorcycle Men's Shed will be visiting on March 14.

**Bush Fire Readiness:** We are looking at having a 1-hour session on Red Cross Emergency Preparedness training regarding bush fires.

**Shed Insurance Updated:** Our AMSA Insurance has been renewed with a special thanks to all who helped with the update of the asset registry – Brian, Graham, Steve, and Rick

**Connolly Easter Event:** The market team has again been invited to participate in the Connolly Community Easter event.

**New Computers:** The 6 new grant computers are now up and running.

**Donation Form:** As a result of a computer being donated that already had an owner, we are requiring all donated items have a completed IT or donation form.

**MACwork:** MACwork Joondalup has offered to provide 1-2 Mac computers each month for conversion into Linux computers which we will sell.

Web Update: The JMS Website have been fully updated and has a new look.

**Thicknesser Update:** After a lengthy shipping delay, our Sherwood Thicknesser is fully operational.

**Membership:** We added 5 new members bringing membership to 137. The Women also expanded by 3 members bringing their total to 28.

**Shout out to Geoff:** The Women associates offered special thanks for the "above and beyond" support Geoff has been providing.

**Site Committee** - We will be establishing a Site Committee for the purpose of looking at shed grants for building expansions and improvements.

**Recognition** - We are looking a new recognition approach to recognize members that demonstrate high volunteer support.

**Friday Reminder** – Machines off at 11:00 so clean up can be completed.

**Constitution Review** – In reviewing the current constitution, we identified several inconsistencies which also need to be addressed. We'll provide an update to members within the next 30 days.

Committee Tenure – We have a growing concern that a 2-year tenure does not allow enough time for relationship building for grant development, large project continuity, and committee transition and will be proposing to extend that up to 4 years per role (re-elected yearly). This will be included in the Constitution update.

### **Shed Activities and Projects**



Update on truck finished chassis 90% bolts replaced new brakes front and back wheel cylinder /kingpins / all wheel bearing/ front shocks/universal joints 3 center bearing on tail shaft just have to do plumbing for back brakes. Need Front ball for steering next job is to fit motor and gearbox make hand brake and fit tail shaft then touch up paint .

Bill Street



The large tables have now been completed and delivered and paid for. This picture shows three of the tables all varnished. The customer was so impressed with the quality that he has placed an order for one more. Congratulations to Denis and his team for producing such a high quality product.

### January 2024 attendance statistics compiled by Ian Mc Callum

Period	Week Start	Week End	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	Sun.	weekly totals
WEEK 1	1/01/24	7/01/24	0	0	35	29	26	0	0	90
WEEK 2	8/01/24	14/01/24	36	45	32	33	20	0	0	156
WEEK 3	15/01/24	21/01/24	34	48	31	27	25	0	0	165
WEEK 4	22/01/24	28/01/24	32	49	34	28	0	0	0	143
WEEK 5	29/01/24	31/01/24	33	45	39	XXXX	XXXX	xxxx	XXXX	117
Total			138	187	171	117	71	0	0	671
Working	Days	23 days								
Weekly	Average		34.5	46.75	34.2	29.25	17.75	0	0	
<b>Total for</b>	the Month	671								
	Men per day	29.18								

#### SIGNING IN AT THE ATTENDANCE REGISTER

Carolyn and Ian are not Doctors or Physics and therefore can't read squiggly lines etc. Could Members please print name clearly so it can be read. Also if you are accompanied by a Career ,P.A, or whatever title they have please get them to sign and put their title next to their name. There is 1 or 2 that STILL DO NOT sign. Unless we can account for everyone, NO Insurance Company will look at us in case of a real Emergency. If you are using a Nick name, First name or just your First name contact me we can do something. One last thing is please check your Membership Number. See Dave Ginger or Ian McCallum

If unable to do please let me know

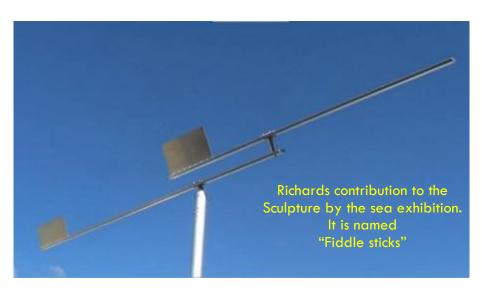
lan

Hi Merv,

A potential notice for the Feb bench press is that Sculpture by the Sea Cottesloe is on 1 - 18 March, and one of my works is included.

The web site is <a href="https://sculpturebythesea.com/">https://sculpturebythesea.com/</a>

My work has been sponsored by CAPRAL Aluminium, for which I'm very grateful. Richard Hammer.



# SCULPTURE BY THE SEA COTTESLOE

1ST—18TH MARCH 20TH ANNUAL EXHIBITION

## FUND RAISERS Farmers Markets



KINGSWAY MARKETS
Saturday 2nd March
Saturday 6th April
CONNOLLY EASTER MARKETS
Sunday 24th March

## Sausage sizzles &

Bunnings Joondalup Saturday 13th April Saturday 4th May

## Hats Off



to

Bill Letch, Stefan Raczkowski, Greg Reinikka, Merv Pearce, Dave Garret, Bob Drury, Dave Parker, Geoff Burleigh, Mark Smith and Gerry Clifford.

These gents endured 42degrees heat to man the Bunnings sausage sizzle last Saturday 10th February. It was so hot that it was almost un necessary to light the barbecue to cook the snags.





## march Birthday Celebrations



Peter Arends
Jan Berezowski
Ian Bruce
Gerard Clifford
Chris Graeme-Drury
Mel Heaton
Malcolm Johnson
John Lickfold

## Welcome to new members

David Pickerill and Curtis Buck

Welcome to the shed

we hope that you enjoy the camaraderie with the members and take part in the activities and crafts that the Joondalup Men's Shed offers.

The total number of paid up ordinary members as at December 2023

136

The total number of paid up associate members as at December 2023

28

### Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officer Chris Drury. He will make enquiries and visit if necessary and keep Shedders informed.

Chris Drury: chris.drury@sumphero.com

## THE LADIES PAGE

Our four new members have completed their Tool Shed assessments. Congratulations ladies.

Derek Newton kindly took time to share his expertise with us. There was a great response to his workshop teaching us wood burning.

We look forward to attending his Art Shows later on in the year.





Our Bunnings workshop this month was decorating an Easter Hat . The ladies who attended loved the relaxed small group .

We have been asked to teach children Easter Hat decorating for their family night next month.

Geoff gave a great workshop on the use of the hand router . Thank

You again.

The craft group is busy with decoupage masterpieces.

Plans are in hand to refurbish the fence with painted , planted pallets and new lattice . It will be a great combined project for all three groups .

Happy February birthdays



Jackie Pester Helen Weatherall.

Cheers

Mel Forster

# The Men's Sheds Movement started in Australia in the 1990's and is gradually spreading around the world, enriching men's lives as it grows.

It is estimated that the number of Men's Sheds globally is approaching 3,000, operating in 12 counties.

The Men's Shed concept was an Australian initiative from very humble beginnings; the idea has now spread internationally with Men's Shed Associations operated by health authorities and other entities in Ireland, UK, New Zealand, Canada, US, Kenya, and South Africa.

At the 4th National AMSA Conference in Brisbane 2011, a meeting of representatives from New Zealand, Ireland, UK and Australian Men's Shed Associations took place. This lead to the creation of an international affiliation of Men's Shed Associations, with AMSA taking the lead role in developing this Federation. The International Mens Shed Organization is aimed at sharing knowledge, developing Men's Sheds in other nations and making representations to the World Health Authority on the benefits of Social Inclusion in relation to health.



This little guy told his Dad that he wanted to learn how to train his dog and his Dad said there were lots of dog training videos on YouTube.





















Denmark



a scammer called my grandma and said he had all her passwords

she got a pen and paper and said 'thank god for that, what are they'