



Joondalup Mens Shed

Bench Press

October 2023

Editor Merv Pearce



Presidents Report

Our fishing trip with the Hillary's Yacht club was a great success with all

members having a memorable experience.

I believe that most of us caught a fish of some type. Photos etc. will be included in the Bench press. I believe the next trip is scheduled for January sometime.

We recently took possession of a large portable generator thanks to the generosity of the Joondalup SES. They took possession of a new generator and asked us if we would like to have the old one. Whilst we do not have a direct use for the item, we will sell it and raise much needed funds for the ongoing costs to run the shed.

Bunnings double booked the last BBQ in Oct and as a result we did not attend and missed valuable income for this month. Our next BBQ is on the 11th Nov. The morning shift is full, however we do require a couple of additional people for the afternoon shift. If you are available, please add your name to the list. Thanks.

A permanent BBQ Manager is still required. It is not reasonable to allow/expect the committee to manage the clubs' affairs and to run this event.

I am pleased to advise that the laser engraver has been put to good use with The Landsdale Farm

community project receiving engraved plates indicating the shed's involvement. Thanks to Dennis for his great work in making the sides of the train carriages for the farm.

Your President, Vice President, Secretary and Treasurer will be attending the Men's Sheds of WA's State Conference on the 2nd and 3rd of November. The conference will focus on three key areas : positive leadership/telling our story and wellbeing/health.

The committee has approved the replacement of the Thicknesser Blade in the Sherwood machine and hope to have that operational in the short term. We have also approved expenditure to an improvement to the Metal Shop area to stop rain entering the entrance in bad weather.

Xmas is fast approaching and Graham is hard at work arranging venues and menus. Date will be 12th December.

Mark Smith

MEN'S SHEDS
30
YEARS

Shed Activities and Projects



Unstoppable ace wood worker Dennis Thornton has made this cart, part of an order of five carts, they are actually train carriages for the Landsdale farm. Shed Manager Graham could not resist trying one out.

First Aid Course

A first aid course was organised on Thursday 10th October which was attended by several members.



Had these two blokes been fighting?



On Tuesday 10th the shed had a talk presented by Michelle Dunbar from a group called "Home Instead". Michelle informed members on services that are available to aged people in their own homes. The talk was followed by a tasty sausage sizzle.

Doggy day at Kingsway Markets

The last markets at Kingsway had a dog parade, talk about pampered pets. These photos taken by Tom Burnette show some



How did that cat get in to the show.



Two old marketeers hard at work.



November Birthday Celebrations



Birthday greetings to you all

Sanny Ang
 Albert Daly
 James Douglas
 Patrick Hadley
 Richard Hammer
 Rodney Herman
 Denzil King
 Kevin Maher
 John O'Dell
 John Poustie
 Michael Robinson
 Andrew Simmons

Welcome to new members

Phil Slattery and John Lickfold

Welcome to the shed gents, we hope that you enjoy the camaraderie with the members and take part in the activities and crafts that the Joondalup Men's Shed offers.

The total number of paid up ordinary members as at October 2023

125

The total number of paid up associate members as at October 2023

24

Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officer Chris Drury. He will make enquiries and visit if necessary and keep Shedders informed.

Chris Drury: chris.drury@sumphero.com

FUND RAISERS ***Farmers Markets***



Sausage Sizzles



Sat 11 November

Sun 31 December

Over flow Parking

Should you find that the shed car park and verge outside the storm water drain full, you can now park your vehicle outside the State Swimming venue.

The car park is just next door to Atco.



A FISHY STORY

The fishing trip that we had on the 28th of September.

Well it was on the good ship Venus you all know the rest of the song.

Well we had 18 worthy fishing sailors and Rodney made up the 19 on board. Some set sail at 7 -30am with 4 trusty seadogs that took us out for the day to catch lots of fish and a merry good time .We had a mystery stripper on board, and no it wasn't Rodney God bless to much relief on board from all the crew and the shedders.

But back to the good stuff our shed mascot came with us and being a Collingwood supporter he had photos taken everywhere.

It spot out we raised the oars and tried fishing for whiting which quite a few members caught but to no avail Rodney was on the wrong side of the boat .

Bill the lech caught the only king George whiting other sizeable sandier were caught. So oars were lowered and we rowed and rowed and rowed to the next spot .So Mr Smith put the whip away and said raise the oars you slackers and try here after much scrambling and bait put on hooks we were at it again. Small snapper were caught and thrown back and more whiting were caught with our faithful friend Rodney trying to squeeze in between other fishermen on the other side of the boat as they were catching on that side not on the side he was .So eventually oars were dropped and away we rowed into the sunshine to spot number three to try our luck again. Lines were dropped and Jim Douglas decided to bait his finger on the hook and not the bait pliers were called for and a few of the burley fishers held him down so the boat crew could remove the hook. And little Rodney saw his chance to take jimmy's spot while he was getting his hand sorted out. So eventually Rodney caught his fish and everybody gave a sigh of relief as he held it up with glee for a photo shoot then it was time to head home to divvy up the catch back at Hillarys yacht club.

But thanks to the crew of volunteers that took us on our journey it was a great day out.

Graham Duffy

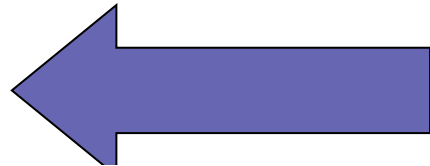


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So Gents line up in an orderly fashion to sign up for the next fishing trip



September 2023 attendance statistics compiled by Ian Mc Callum

Period	Week Start	Week End	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.	Sun.		weekly totals
Week 1	1/09/23	3/09/23	xxxx	xxxx	xxxx	xxxx	27	0	0		27
Week 2	4/09/23	10/09/23	36	69	32	31	32	0	0	2 visitors	200
Week 3	11/09/23	17/09/23	34	53	40	32	31	0	0		190
Week 4	18/09/23	24/09/23	37	51	35	32	31	0	0	1 visitor	130
Week 5	25/09/23	30/09/23	0--P/H	41	17	45	27	0	xxxx		130
Total			107	214	124	140	148	0	0		
Working Days	19										677
Weekly Average			35.67	53.50	31	35	29.66	0	0		
Total for the Month	677										
Men per day	35.63										



THE LADIES PAGE

October was once again a busy month of activity and fostering new friendships .

The planned Spring In The Garden took place inside, due to inclement weather . The afternoon tea provided by members was a feast to behold .



Frances Brimble was acknowledged with “gold tools” for her commitment and leadership in the tool shed.

Tina Robinson taught us candle and card making with two separate workshops . We look forward to displaying these at our Christmas stall. Both workshops were filled with enthusiastic learners .



Thank you once again to Geoff, who runs a regular workshop the first Wednesday of each month .

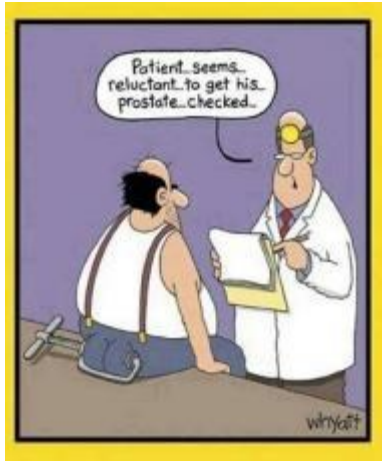
This month was the use of the different sanders . We are finding these workshops so valuable.

Mel Forster.

This week at Bunnings we stenciled crates . Every crate was different with some very lovely art work displayed .

COMING EVENTS

November 14 th Men's Health Prostate cancer presentation
by Richard Hocart



Reprinted from Funny Times / PO Box 18530/ Cleveland Hts. OH 44116
phone: 216.371.8600 / email: 1@funnytimes.com



Herb's Doctor has a knack for making prostate exams pleasant and fun.



Seniors Recreation Council of WA Inc.

PATRON:
His Excellency the Honourable Chris Dawson AC
APM, Governor of Western Australia



Have a Go Day

A LiveLighter Event

Wednesday 15th November 2023

Burswood Park 9.00am to 3.00pm, Great Eastern Highway

Free Activities and Information day for over 50's

"Time to Have a Go"

Featuring Activities, Clubs/Groups, Seniors & Commercial Agencies

08 6118 2718 www.srcwa.asn.au

Free tea, coffee & bottled water available all day.
Food Vendors in attendance.

➔ **FREE Shuttle Bus Service Burswood Train Station** ➔ **FREE Parking at Crown and Surrounding Carparks**

BURSWOOD
PARK BOARD

CROWN

lotterywest
supported

7

Have a Go
NEWS

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nbn

PHOENIX
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KINGS
Tours and Travel

Classic Hire

Scarboro Toyota
Osborne Park

TOYOTA

Have a Go Day is a good day out . There are lots of exhibitions and things to do. Free tea and coffee is available at several locations and there are lots of food outlets. Your editor goes every year. To get to Burswood Park , catch the train to Burswood station and a courtesy shuttle bus will pick you up and transport you to the venue. At the end of the day catch the shuttle bus back to the station.

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The Joondalup Men's Shed (JMS) is the local representative and a registered member of the West Australian Men's Shed Association. The JMS Patron is Mr. Ian Goodenough, MBA, B. Comm and Federal Member for Moore.

Our motto is short way of saying what JMS is all about:
"Blokies Building Better Communities!"

We are all about fostering better overall health and well being for all men. This has an obvious beneficial ripple effect for our members' families, the wider community and the members themselves.