



Joondalup Mens Shed

Bench Press

March 2023

Editor Merv Pearce



Presidents Report

The shed's lunch room has now been emptied ready for the carpet tiles to be laid the week commencing 27/3/23. The remainder of the shed is still open for those that wish to work on projects for the Shed or themselves.

Whilst the lunch room is not available for tea/coffee etc. the committee room has been made available to make tea / coffee for those who wish to attend for the social side of the shed operations.

Many thanks to all those that assisted in clearing all the furniture etc. on Friday 24th, in preparation for the carpet people to commence work on the following Monday. I believe the job was completed much more quickly than anticipated. Again thanks to all those that assisted.

There was no President download on Tuesday 28/3/23 due to the lunch room closure.

Our VP Chris Drury is working with Graham, Geoff and Bill to determine machinery replacement requirements in order to arrange Grant applications. They are looking to get the grant requests under way as soon as the machinery has been identified and replacements located and priced.

The grant process is not a simple request and approve type situation. Current requirements seek full justification for the need for the item and how that item will provide a positive outcome for the Shed and the local community.

Whilst grants are applied for there is no guarantee that they will be approved, however, if you don't ask you don't get.

A number of our Shed members attended the Sacred Heart College to be interviewed by students

regarding their" lives and times in the old days". I am pleased to advise that all members AND student survived the ordeal without injury or need for referrals for psycho analysis after the event. The school has expressed their sincere appreciation of our attendance and will provide some of the completed reports when to hand. Thanks to all that attended.

I would like to congratulate and thank all the members that have assisted with construction of toys/tables etc. for the markets and also those members that have attended the Bunnings BBQ's to date. Without their support the shed would not be in a position to continue offering a place for our members to meet and enrich their lives.

The finances raised by these two events are paramount in the continued success and ongoing viability of the Shed. A major thanks to Rick and Greg for heading up these two very important functions. If you are at a loose end and can offer your time to assist with either, please do not hesitate to talk to Rick and Greg. I know they both will welcome contact from you.

The ongoing viability of the shed is also impacted by the office bearers of the shed. To this end I would again ask that you consider taking on a role for the next year. In particular we will be requiring a new Secretary.

There is an MSWA zone meeting coming up on the 11th April which should prove very informative. We are permitted 4 attendees @ \$15 ph. At this stage Myself and Brian Hill will be attending leaving two places available. Let me know if you are interested.

Easter is almost upon us and I wish you all a safe and enjoyable Easter with your families and friends.

Mark Smith



FUND RAISERS

Farmers Markets

Joondalup Mens Shed



Thursday 30th March 5-7.30pm

Bunnings Joondalup

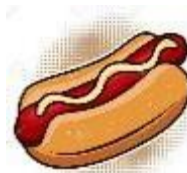
Sunday 2nd April

Connolly Markets 11.00-1.00

Sunday 23rd April

Stirling Markets 7.30-11.30

Sausage sizzles



Sun 7TH May,

Sat 24th June,

Sat 5th August,

Sat 9th Sept,

Sat 14 October,

Sat 11 November

Sun 31 December

The autumn edition of the newsletter of the AMSA
"THE SHEDDER"

Which has some news of other sheds and interesting
articles can be accessed by double clicking on the PDF



**AUSTRALIAN
MEN'S SHED
ASSOCIATION**

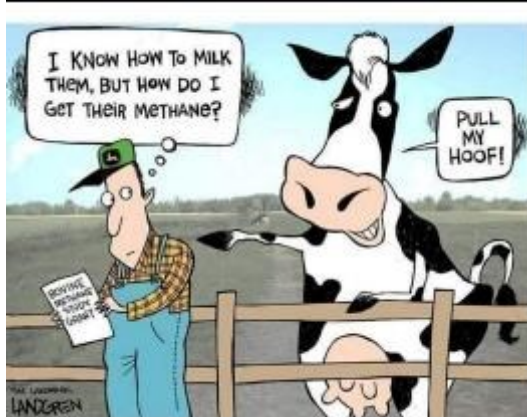
Shoulder to Shoulder



The-Shedder-Autumn-2023.pdf



You may not feel strong
but in someone's eyes you are
their comfort and strength.



I KNOW HOW TO MILK
THEM, BUT HOW DO I
GET THEIR METHANE?

PULL
MY
HOOF!



TO WHOEVER IT WAS THAT TOLD ME
TO LEAVE MY CAR AT THE BAR AND
TAKE THE BUS HOME...

TURNS OUT THAT I WAS NOT FIT
TO DRIVE THAT EITHER



Assistant Treasurer Required

I would like an assistant for the Treasurer's job. I am planning a trip away for two months around the time of the AGM. I am willing to continue next financial year as treasurer but it would be great to have someone fill in with some duties while I am away. Minor jobs like banking and collecting receipts and invoices will be needed.

If you think you can help please contact me by email: brian@iocomm.cx.

I will prepare a briefing document for discussion on how we can cover my absence.

In July 2024, I must stand down and the shed will need a new treasurer. I would be willing to provide support to my replacement.

Brian Hill

A SAW POINT



Somebody put some timber which contained a steel nail through the saw recently damaging the blade (see pictures). Due to the damage the blade has to be replaced at a cost to the shed of \$150—\$190. Please remember chaps that **it is mandatory to scan your timber with the scanner before putting it through the saw.** The scanner is located between the two drop saws. If you aren't sure how to operate the scanner please ask someone how to.

While on the subject of saws, on Tuesday 4th April, Stewart Hajje and Paul Fabrace will be visiting the shed to demonstrate how to operate and care for saws.

April Birthday Celebrations



Birthday greetings to you all

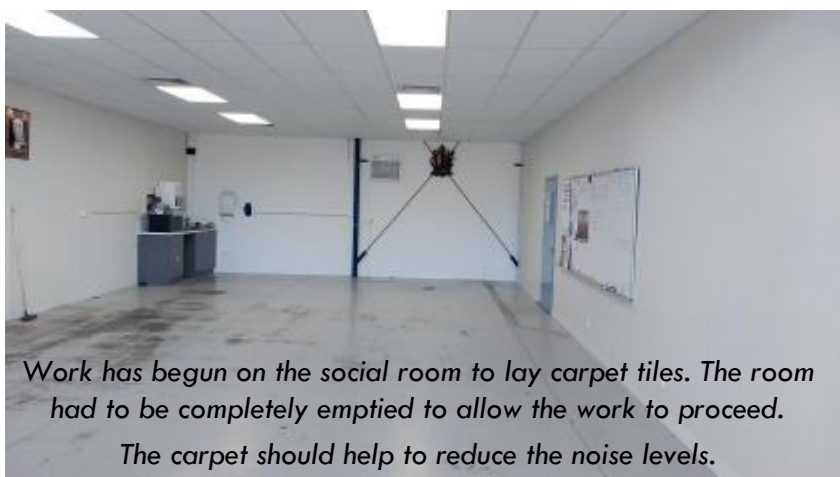
Peter Arends
 Derek Ball
 Ian Batho
 Vince Bertolini
 Hedley Bond
 Wally Brandt
 Mark Brayshaw
 Tony Brewer
 Stephen Brooks
 David Browne
 Ian Bruce
 Gerard Clifford
 Jack Commins
 Albert Daly
 Tom Daly (2)
 Cameron Dermer
 Jan Barker
 Frances Brimble

Welcome to new members

No new members in the month of March



Is this bloke crying in the metal recycling bin or what? Has he dropped his mobile phone in it or is he just bin contents gazing?



Work has begun on the social room to lay carpet tiles. The room had to be completely emptied to allow the work to proceed.
The carpet should help to reduce the noise levels.



International Women's Day happened to fall on a Wednesday.

A group of ladies were very keen to learn how to make dovetail boxes with John Fell. We look forward to completing them for next Bench Press. Many thanks again to John .

Mosaic pots, dishes and bird baths are an ongoing activity on a Monday afternoon . We shall soon be starting a mosaic board for above the revamped book case as a joint activity with the craft group.



The garden girls would like to invite all members to our Buddy Bench opening .
We plan an afternoon tea out in the garden area .
Please let Mark know if you are able to attend .

The date is
Thursday April 20 th at 2pm .

We have invited Emily Hamilton and Nige Jones to join us , as well as others in the community who have helped us achieve our goal .

February 2023 attendance statistics compiled by Ian Mc Callum

PERIOD	WEEK START	WEEK END	MON.	TUE.	WED.	THURS.	FRI.	SAT.	SUN.	WEEKLY TOTAL
WEEK 1	1/02/2023	5/02/2023	XXXXX	XXXXX	29	26	19	0	0	74
WEEK 2	6/02/2023	12/02/2023	31	53	31	28	26	0	0	169
WEEK 3	13/02/2023	19/02/2023	30	46	35	32	33	0	0	176
WEEK 4	20/02/2023	26/02/2023	30	56	30	26	28	0	0	170
WEEK 5	27/02/2023	28/02/2023	36	48	XXXXX	XXXXX	XXXXX	XXXX		84
TOTAL			127	203	125	112	106	0	0	
WORKING DAYS		20 DAYS								
WEEKLY AVERAGE			31.75	50.75	31.25	28	26.25	0	0	673
TOTAL FOR THE MONTH		673								
	MEN PER DAY	33.65								

The total number of paid up ordinary members as at February 2023

133

The total number of paid up associate members as at February 2023

28

Ladies



Vale Huey Kitson

Huey passed away on Tuesday 14th March, he was a member in the early days of the shed and has not attended for several years as he has been a resident of an aged care home.

Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officers Chris Drury, Michael Robinson or John Summerfield. They will make enquiries and visit if necessary and keep Shedders informed.

Chris Drury: chris.drury@sumphero.com

Michael Robinson: robinsonmj1950@gmail.com phone 9409 8484, Mobile 0491 036 085

John Summerfield: sumtrade@primus.com.au Mobile 0432 032 461

Rodney Herman is standing in for Chris Drury until further notice.



Little Tony was 9 years old and was staying with his grandmother for a few days.

He'd been playing outside with the other kids for a while when he came into the house and asked her, 'Grandma, what's that called when two people sleep in the same room and one is on top of the other?'

She was a little taken aback, but she decided to tell him the truth. 'It's called sexual intercourse, darling.

Little Tony said, 'Oh, OK,' and went back outside to play with the other kids.

A few minutes later he came back in and said angrily, 'Grandma, it isn't called sexual intercourse. It's called Bunk Beds. And Jimmy's mom wants to talk to you.'



Life just gets better as you get older, doesn't it?

I was in a coffee shop recently when my stomach started rumbling and I realised that I desperately needed to pass wind.

The place was packed but the music was really loud so, to get relief and reduce embarrassment, I timed my farts to the beat of the music. After a couple of songs I started to feel much better.

I finished my coffee and noticed that everyone was staring at me.

Then I suddenly remembered that I was listening to my iPod.

This is what happens when senior citizens use technology!



COMMITTEE MEMBERS CONTACT LIST

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Graham Duffy <i>Shed Manager</i>	grahamduffy2@yahoo.com.au	Mob. 0407 339 337

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The Joondalup Men's Shed (JMS) is the local representative and a registered member of the West Australian Men's Shed Association. The JMS Patron is Mr. Ian Goodenough, MBA, B. Comm and Federal Member for Moore.

Our motto is short way of saying what JMS is all about:
"Blokes Building Better Communities!"

We are all about fostering better overall health and well being for all men. This has an obvious beneficial ripple effect for our members' families, the wider community and the members themselves.