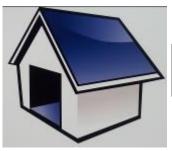
Bench Press September 2022



Joondalup Mens Shed Bench Press

September 2022

Editor Merv Pearce



Presidents Report

Well first month in the job and quite a few things have happened. Covid 19, took its toll recently with at least three members falling foul of the Virus. As a result we

took the precautionary measure of closing the shed for a week to both full members and associate members. In this time the shed was thoroughly cleaned to ensure our ongoing safety. Thanks to Graham and his team for the extra work involved in this process.

We had a member have an accident on one of our Band saws and I would like to remind everyone that some of our machines have very sharp teeth that will damage you if you do not use all the safety procedures, we are taught prior to being given free access to the machinery. I am happy to report that no digits or parts thereof were lost in this case.

Our secretary, Roger, resigned unexpectedly leaving a massive gap in the committee structure. We are fortunate that our past president John offered his services which we have gratefully accepted. Greg Reinikkka has agreed to carry on with the BBQ Management, however, he does need assistance in this role. Please give some serios consideration to helping Greg out as needed. Graham Duffy, Geoff Burleigh and Bill Street have agreed to manage new projects. Thanks to all those that have come forward to fill these positions.

I would like to take this opportunity to thank Roger for his many years of service both on the committee and as the BBQ Manager and Project Manager. He has performed all these tasks tirelessly and at times to his own health detriment. Thank you very much Roger for your long term support of the JMS.

Good news on the machinery front. We have been able to purchase a large table saw to replace two existing, giving us a little more floor space and flexibility. This new saw

has "Sawstop" which will auto stop should any fingers be at the saw blade whilst on. We have also purchased a new scroll saw, a new band saw and some additional jigs for the Tormek sharpening system. These items have been funded (in part) by the sale of the Captiva. All this equipment was purchased from Carbatec who have a dedicated officer to assist Mens Sheds with the use of machinery by way of demonstrations and some minor training.

We have lodged a grant request to assist with sorting out the floor space in the common room (as required by the COJ). It is now a wait and see process for the decision to fund.

Our grant request via Australia Post (\$5,000) unfortunately has been declined.

The committee invited the COJ to meet with us for a coffee and a get to know us following the recent election of new office bearers. This happened on the 27th September with Sheree Edmonds (Manager Asset Management), Jenna Waight (Property Manager) and Anne Swanson (Maintenance) representing the COJ. They had a shed inspection and as expected no major issues. We did discuss the need for a focal point of contact with the COJ elimination many different people from the shed making contact. To this end Chris Graeme -Drury has offered to take on this role. It was evident from the meeting that our relation with the COJ is improving and we can look forward to trouble-free communications going forward.

Our associate members are keen to modify the yard in the south east corner with plants / tables and chairs as a restful outdoor area. To assist we need to remove the logs and some other items to make it happen. The COJ have advised they will look to prune/shape the tree in that area to assist.

Mark Smith

october Birthday Celebrations



Birthday greetings to you all

Wally Brandt
Stephen Brooks
Graham Duffy
Bruno Gresele
Gil Marnham
Merv Pearce
Tom Burnett
Krysztof Bajorek
Bill Hack
Mike Feinas
Chris Porter
Bill Corry
Steve Riggs
Rick Otero

Derek Newton

Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officers Chris Drury, Michael Robinson or John Summerfield. They will make enquiries and visit if necessary and keep Shedders informed.

Chris Drury: chris.drury@sumphero.com

Michael Robinson: robinsonmj1950@gmail.com phone 9409 8484, Mobile 0491 036 085

John Summerfield: sumtrade@primus.com.au Mobile 0432 032 461

Global Facts About Sex

At any given moment:

FACT: 79,000,000 people are having sex - right now.

FACT: 58,000,000 are kissing.

FACT: 37,000,000 are relaxing after having sex.

FACT: 1 old person is reading emails.

You hang in there, sunshine!

A LOOK IN AT THE CAMBRIDGE COMMUNITY SHED

Last week on Tuesday when the shed was closed due ti covid, Rob Morgan and myself went on a bike ride to Mongers Lake and on arrival we thought we would look in on the Cambridge Community Shed. The shed has only been open for approximately twelve months. We met up with one of the members named Henry who gave us a tour of their establishment. Wow, what a sight to see, so clean, neat and tidy and all new machinery. The noisy machine room is separated from the bench area and is very quiet. The shed is adjacent to the Cambridge Bowling club on the north western side of the lake, if you would like to drop in any time to have a look you would be most welcome.

Merv Pearce



The shed has a pottery section. Picture shows eight pottery wheels.



The machinery room.



Three band saws in the machinery room.



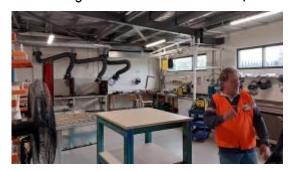
The panel saw



There are five lathes in the wood turning section



The assembly room. Note the absence of clutter.



The metal work room

FUND RAISERS Farmers Markets



Kingsway Markets

Saturday1st October
Saturday5th November
Saturday3rd December
Mosman Markets
Sunday 6th December
Stirling Markets
Sunday 18th December

Sausage sizzles &

The next sizzle is on Saturday November 5th volunteers are needed. Please contact Greg Reinikka if you would like to participate.



New Barbecue Manager

Meet Greg Reinikka the shed's new Barbecue Manager. Greg has taken on the task of organizing the Bunnings sausage sizzles. The job is no easy task, thanks to Greg who would be grateful for help from the members. And a big thanks to Roger Revell for his hard work in his time as BBQ Manager

The Kingsway markets are a valued supporter of the Joondalup men's shed also involving the ladies. On Saturday the 10th the theme was doggy day out with a prize for the best dress up outfits. The sheds marquee had a front row seat to witness the parade.

Rob Morgan



| Period | Week Start | Week End | Mon. | Tue. | Wed. | Thurs. | Fri. | Sat. | Sun. | | Weekly Total |
|------------------------|-------------|----------|------|-------|------|--------|------|------|------|------------|--------------|
| Week 1 | 1/08/22 | 7/08/22 | 27 | 34 | 27 | 28 | 27 | 0 | 0 | | 143 |
| Week 2 | 8/08/22 | 14/08/22 | 17 | 40 | 22 | 25 | 23 | 0 | 0 | | 127 |
| Week 3 | 15/08/22 | 21/08/22 | 28 | 21 | 24 | 23 | 24 | 0 | 0 | 2 Visitors | 120 |
| Week 4 | 22/08/22 | 28/08/22 | 24 | 44 | 30 | 28 | 26 | 0 | 0 | | 152 |
| Week 5 | 29/08/22 | 31/08/22 | 25 | 46 | 30 | хххх | хххх | хххх | хххх | 1 Visitor | 101 |
| Total | | | 121 | 185 | 133 | 104 | 100 | | | | 643 |
| Working Days | | 22 days | | | | | | | | | |
| Weekly Aver- age | | | 24.2 | 37.00 | 26.6 | 26 | 25 | 0 | 0 | | |
| Total for the Month | | 643 | | | | | | | | | |
| | Men per day | 29.23 | | | | | | | | | |

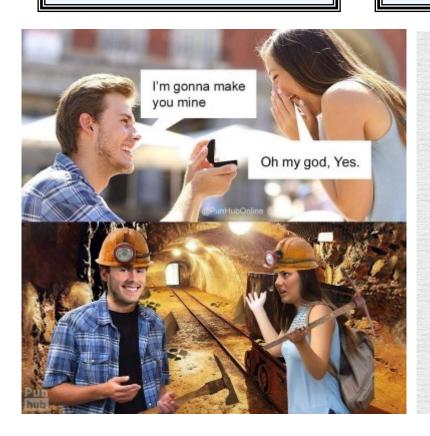
The total number of paid up ordinary members as at August 2022

17/5

The total number of paid up associate members as at August 2022



Ladies



Being kissed while you're asleep is one of the purest forms of love ...

Unless of course you're in prison.

COMMITTEE MEMBERS CONTACT LIST

| Mark Smith President | mark_smith2@bigpond.com | Mob 0409 559 375 |
|---------------------------------------|---------------------------|--------------------------------|
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| Brian Hill Treasurer | brian@iocomm.cx | Mob. 0439 215 505 |
| Dave Ginger Membership Manager | gingerdavid556@gmail.com | Mob. 0438 043 362 |
| Graham Duffy Shed Manager | grahamduffy2@yahoo.com.au | Mob. 0407 339 337 |

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| Rick Otero Marketing Manager | | Mob. 0436 419 789 |
| Greg Reinikka Barbecue Manager | | |

The Joondalup Men's Shed (JMS) is the local representative and a registered member of the West Australian Men's Shed Association. The JMS Patron is Mr. Ian Goodenough, MBA, B. Comm and Federal Member for Moore.

Our motto is short way of saying what JMS is all about: "Blokes Building Better Communities!"

We are all about fostering better overall health and well being for all men. This has an obvious beneficial ripple effect for our members' families, the wider community and the members themselves.