



Joondalup Mens Shed Bench Press September 2021

Editor Merv Pearce



Due to the resignation of Roger Revell and the appointment of John Spence as President, there is no Presidents report on the front page of this issue of the newsletter. However John has provided his working life profile on pages two and three.



Seniors Gathering

9.30am – 11.30am
Wednesday 6 October 2021
Bramston Park Community Sporting Facility
Mattingleys Approach, Burns Beach

Thank you for your contribution to our community by volunteering with your club or group. We hope you can join us for this free Seniors Gathering event. It is an opportunity for clubs and groups to:


- Connect with others;
- Share challenges and ideas;
- Talk about ways to work together; and
- Find out about relevant programs and services.

Please email or call if you have a story or something new or different to share. Light refreshments will be provided for morning tea.

Further information and bookings email: community.development@joondalup.wa.gov.au or call 9400 4315.



QUOTES




When you are at the top, be careful of the monster called **PRIDE**.
- Pride will make you look down on the people who haven't attained your level of success.

When you are at the bottom, be careful of the monster called **BITTERNESS**.
- Bitterness will make you jealous and think that other people are the reason you haven't made it.

When you are on the way to the top, be careful of the monster called **GREED**.
- Greed will make you impatient and make you steal or seek shortcuts.

When you are on your way down, be careful of the monster called **DESPAIR**.
- Despair will make you think it's all over yet there is still hope.

Nelson Rolihlahla Mandela
1918 - 2013



John Spence Work History



- 1949 Born in Warrnambool (Vic)
- 1955 Family moved to Bendigo (Vic)
- 1968 Left Bendigo High School after year 11
- 1968 Commenced work as a clerk at Carlisle Bros. **Sheepskin Merchants.**
(Completed my HSC at night school)
- 1969 Called up for **Army** – but after contracting pneumonia at Puckapunyal Army Camp was subsequently discharged medically unfit to go to Vietnam.
Returned to Carlisle Bros but they had replaced my old position so I decided to leave and join the PMG
- 1970 While waiting for next PMG intake I worked as a clerk for **Highway Car Sales**
- 1971 Commenced work for **PMG in Melbourne at Training School** on Cnr of Bourke and William Streets in the CBD. Lived in a flat with two mates in Yarraville.
- 1971 Worked over the 3 month Xmas break in Braybrook, Footscray & Victoria Market Post offices.
- 1972 **Promoted** to Mail Officer, then Senior Mail Officer, then Postal Clerk
- 1973 Posted to Numurkah Post Office in country Victoria as **Postal Clerk**
- 1973 Married Nurse Lorraine O'Dwyer from Castlemaine and she moved to Numurkah and worked in the local hospital. I joined the local Apex club and became Treasurer.
- 1974 Our Daughter Alison born
- 1975 Our Daughter Jennifer arrived.
- 1976 I relieved at Nathalia & Shepparton PO's
- 1979 The PMG was divided up into Australia Post and Telecom and we could choose which side we wanted to continue our careers in – I chose **Telecom** and put in for a promotion as a sales clerk in Bendigo (my home town) which I got.
- 1979 Moved family to Bendigo and commenced work as a base grade sales clerk for Telecom. Son Christopher arrived shortly after moving to Bendigo.
- 1982 **Promoted to Sales Representative**, selling the new Commander Telephone systems
- 1983 Joined *Bendigo Apex Club* as Treasurer
- 1984 **Won Sales Person of the Year for all of Victoria** (150 Reps) – Prize was 10 days in Fiji.
- 1986 **Won Sales Person of the Year for Northern Region.**
- 1989 **Promoted** to Senior Sales Representative.
- 1990 **Promoted to Area Sales Manager** for 50% of Country Victoria
- 1991 (\$20 Million Sales Target – Achieved in 10 months)
- 1992 Requested, and was finally given a Redundancy package as Management wanted to move me to Dandenong in Melbourne and as I had small children I did not want to leave Bendigo and in those days moving to Dandenong was like moving to Redfern in Sydney.

- 1993 Commenced work with **Cygnus Computers** as their Sales Manager for telecommunications products looking after stores in 3 states. Company went broke (They were the only company in the world that had Agency agreements for both Apple and IBM simultaneously)
- 1994 Worked for **Radio Station 3BO** selling radio advertising
- 1995 Accepted position as Sales Rep for **Prime TV** (Ch 7) Selling TV advertising.
- 1996 Worked as a **Field Officer for the Victorian Farmers Federation** looking after farmers throughout Northern Victoria.
- 1997 My old manager at Telecom who was now the Australian Sales Manager for Fujitsu, phoned me and offered me a position as **State Sales Manager** (Telecommunications), for Western Australia, based in Perth. I immediately accepted the offer after talking to Lorraine and we decided that I should move to Perth and if it all worked out ok then she would follow with the kids after their school year had finished.
- 1998 Commenced interviewing and appointing 3 Agency agreements with private companies in Perth for them to sell Fujitsu phone products, reporting to me.
- 2000 **Won Sales Person of the Year** and the prize was - yep – another trip to Fiji
- 2002 Fujitsu Decided to pull out of Australia with their Telecommunications products and all staff were made redundant. They still remained in Australia with their IT and Whitegoods products, but they decided that Australia was not large enough to warrant selling their communications products against the likes of NEC, Siemens, Phillips, Cisco etc.
- 2003 **Began my own company, JANDL Communications Pty Ltd** and began selling handsets and headsets etc to Government Departments and other large companies I had been dealing with, however after 6 years of this it became unsustainable as the large companies like NEC, Cisco, Siemens, Phillips etc., were giving away the products that I was selling, in order to make their own large sales, so I folded the company.
- 2009 Applied for and got the job as the **Manager of the Gravity Discovery Centre** at Gin Gin, which is a not for profit Science and Education Centre backed by UWA.
- 2012 Resigned from this position after managing the Leaning Tower construction and also that of the Cosmology Gallery. I had been working for Professor John De Laeter from Murdoch Uni, but he died and his partner Professor David Blair of UWA took over and tried to micro manage my position, which became intolerable, so I resigned.
- 2013 While completing my course as a **Private Investigator**, I worked night shifts as a **Security Guard** at the Glengarry Private Hospital.
- 2014 Commenced work as a **Private Investigator** working for All West Investigations, and other companies, generally investigating workers compensation claims which included Asbestos claims which I thoroughly enjoyed and which caused me to go to Wittenoom and interview the only two residents still living there.
- 2019 Investigators Licence is still current but I have decided to refrain from any more work unless the company I worked for requires me to do more investigating on asbestos related claims.

2021 President of the Joondalup Men's Shed



Shed Activities and Projects

MEAT EATERS DELIGHT

On Tuesday 14th September members took part in a session of lamb tasting.

It was thought that we were going to have a scrumptious roast lunch however the several different portions presented for tasting were the size of a twenty cent piece and ranged in texture from very tender and moist to not so tender and moist. The survey was a project presented by Murdoch University and the exercise has earned the shed \$1,000 for the participation.



Members taking part in the taste test

FATHERS DAY AT WOODVALE PRIMARY SCHOOL

The shed was asked if it could assist with a wood project for students to do at the Woodvale Primary School by the Meerilinga Young Childrens Association. Rob Morgan got busy and pre cut pine timber and dowels for the children and their fathers to make up key hangers. It appears in the pictures below that they all enjoyed the project. Well organized Rob and a good bit of PR for the shed.



JMS 11th BIRTHDAY LUNCHEON AT CRAIGIE TAVERN

Forty shedders and their partners attended the luncheon to celebrate the sheds 11th birthday.

Thanks to Alan Greenhalgh For organizing the lunch.



TOOL MAKER EXTRAORDINAIRE

Vince Bertolini has made a new set of wood lathe tools for the shed. The tools are of top quality and are as good as or even better than what one could purchase at great expense. Thanks for the fine work Vince and we hope that they will be used and respected with loving care.



Pictured left: Vince with the lathe tools.
Above the tools complete in their box

SHEDDERS LONG LUNCH

The Shedders Long Lunch was held at the RAAF club on 2nd September. The event was organized by the WAMSA for all the Mens Sheds in WA to get together and members to meet. A tour of the aircraft museum preceded the long lunch. It was great to meet shedders from various sheds. It was disappointing that only two JMS members attended, Rob Morgan and your Bench Press Editor. It was a very enjoyable day.



Rob and Merv at the aircraft museum



The long lunch in the RAAF Club

On Tuesday 28th September Mick Smith of The Veteran Support Centre, Joondalup City RSL Sub branch visited the shed to brief members on the operations of the organization.

Welcome to new members

Cameron Baird-Trotter

Bill Street

Vince Houston

Bill Corry

David Bull

Malcolm Stewart

Welcome to the shed gentlemen, we hope that you enjoy the camaraderie with the members and take part in the activities and crafts that the Joondalup Men's Shed offers.

October Birthday Celebrations



*Birthday greetings
to you all*

Henry Brandt
Stephen Brooks
Stephen Cook
Graham Duffy
Bruno Gresele
Gil Marnham
Merv Pearce
Don Slater
Tom Burnett
Krzysztof Bajorek
William Hack
Michael Feinas
Christopher Porter
Bill Corry

Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officers Chris Drury, Michael Robinson or John Summerfield. They will make enquiries and visit if necessary and keep Sheddors informed.

Chris Drury: chris.drury@sumphero.com

Michael Robinson: robinsonmj1950@gmail.com phone 9409 8484, Mobile 0491 036 085

John Summerfield: sumtrade@primus.com.au Mobile 0432 032 461

Farmers Markets

Joondalup Mens Shed



Poynter Markets Saturday 2nd October
 Poynter Markets Saturday 30th October
 Mosman Markets Sunday 7th November
 Poynter Markets Saturday 11th December

GRANDPA ROB MORGAN

Marketing Manager Rob has introduced a table of activities for children in front of the stall at the Farmers Markets. The activities consist of cut up pine wood of different sizes and shapes with holes and dowels. The table was a magnet for the kids and added attention to the stall by them and their parents.



Who was
 Getting the
 most enjoyment
 out of the
 activities table,
 Rob or the
 kids?



Sausage Sizzles

No dates set at this time.

Hats Off



To John Spence and Barry Fitzsimmons.

John has taken on the role of President and Barry the Vice President. Barry is retaining the Membership Manager role as well.



Meet the Member

John Rourke is a long time member of the shed, he joined up not long after the opening of the shed at Padbury Senior High School over ten years ago.

This is the story of his life.

Part four

After College I started back at Armstrong Whitworth full time

There was a project going through the design department and needed someone to project manage it. So I put my hand up and I would be under the eye of the Works Engineer. This was for the supply, installation and testing for a 1 tonne induction furnace. There was earthworks, concrete structure, installation and all the electrics. This meant going out to tender for the various parts and negotiating with contractors. The contract was completed in about 9 months. Between the showers I helped out in the Estimating Department. I was also part time lecturing in College at night schools two nights per week.

On the leisure side I still went dancing on a Saturday night and had taken a few of ladies out on dates. There was one in particular I started to go out with and I made it clear I could only see her at weekends because of the studies. Her name was Dorothy. She understood so we got on well. All my mates had girl friends and some were engaged. Anyway we decided to get engaged just as my studies finished. We had been engaged for about a year so we decided to get married.. We had a nice church service and reception in the Tyne Hotel in Newcastle. After that we got the express train from Newcastle Central to Kings Cross London and had our honeymoon in Roehampton near Wimbledon. We stayed at my aunts place which she had vacated for us. We did all the sites of the big city and it was great. When we got back home we had converted the upstairs of my mothers house into a lounge, kitchen and two bedrooms and bathroom. Dad and Mum thought it was great as the house was too big for them now. This enabled us to save a deposit for a new house. We lived there for about a year and moved to a place called Whickham This was in the country side west of Gateshead. The house was brand new, freehold semi detached bungalow with kitchen, lounge, 2 bedrooms and bath room and gardens back and front. I put down the deposit so we had achieved what we wanted.

Dorothy loved Shirley Bassey and she came to the Newcastle Odeon in June 1962 with the Nelson Riddle Orchestra. He did all the arrangements for Frank Sinatra, Nat King Cole and other big stars. Shirley was great and she sang "As long as he needs me" and "Climb every mountain", her favourite songs. What a great night. About 12 months after that we had heard of some singing group from Liverpool who were touring around the country so we went to the Majestic Ballroom in Newcastle to see what the fuss was about and we could hardly walk up the street there was queues all over. They were doing a couple of shows and you could hear them from inside as the windows were open. The girls were screaming. They were singing a song called "Love, Love me do" The band was called the Beatles. I thought what a strange name. While staying at the Turks Hotel in the city they composed "She loves You Yeh Yeh Yeh". We didn't wait around in the street though as it was getting too pushy and shuvy.

About this time I had become a Graduate of the Institute of Production Engineers. At work I needed to gain more experience on the production side of the business so I moved into the Rate Fixing Department and I was there about 9 month. I then moved into the Planning department and I was there for about 12 month.. The Roll department purchased a second hand centrifugal casting machine and accessories and needed a project engineer to set everything up. So I was approached by the General Manager of the Roll department to take it on. I had got to know him working on the Induction Furnace installation and he also offered me a salary increase. I had to select a place in the foundry which would be best suited to this new technology. There would be new plant layout, earth works, Concrete foundations, mechanical input as the long tubes were 1.2m diameter and 10m long and had to be machined and assembled and also the electrical installation. This all meant going through the tender process and selecting contractors for the works. I had to work with the Works Engineer again for the project.

I told Dorothy I may have to work week ends. Our first daughter Dorothy was born which was a big event. She was a lovely large baby and no bother. She used to stay in her pram most of the day.

We had nice weekend walks in the country side near Whickham.

At work the various contractors had been selected and the works commenced on the centrifugal casting machine.

This project went on for 9 months. We used our own electricians to finish the job. The big day came where all the senior staff came to watch the big start up. Molten metal had to be tapped from a furnace into a ladle and poured into the end of the cylinder mould as it revolved at a pre determined speed and so increase the centrifugal force which forces the good metal to the outside of the inner wall of the mould so that when the cylinder is being machined in a lathe the first 30mm thickness is of good metal. and the internal diameter of the shell is where the poorer metal was including any impurities. This all worked well and the metal pouring was stopped and the roll continued to revolve which now caused a cooling effect. When the shell had cooled down it was taken to the machine shop and machined. The outside diameter of the surface was perfect. It was checked for hardness in various places and ultra sonic tested and then it was moved to a cylindrical Grinder and this gave it a mirror finish. It was a great success so everyone was pleased. Further modifications were made in varying the wall thickness and different materials were used in the melting process. So my work had ended and the Foundry guys took over.

Foundries are dangerous places to work. The Armstrong Whitworth foundry had some very bad accidents. One of them was when the bottom dropped out of the cupola. This was a vertical furnace about 3 meter in diameter with molten metal in it. Two men were working close to it on the shop floor near the base and it just gave way. They fell into the molten metal and were dead in seconds. A guy tried get near them to assist and he was horribly burnt. Another time at Jarrow Metals on nightshift a man hadn't clocked out so a search was done and he was found at the bottom of a large casting pit which was about 10 meter deep. His red hat could be seen from above and a body on its knees. when they got down there and turned the body over there was nothing there it was all just burned away. There is a golden rule in a foundry that you never go into a casting pit when metal is being poured.

The Roll department were having large extensions made to the foundry and the machine shops and the General Manager asked me to takeover the small drawing office they had and I agreed .There was two draftsman and an estimator. The work involved factory layouts, Machine installation, tooling, mould design and also to assist in estimating work for the foundries. We also made ships propellers and the Supervisor from the Pattern Shop used to come in and we would study the drawings. He was responsible for making the pattern. I don't think there is any casting more complex to make than a large ships propeller. After casting it would go to the factory to machine the inner hub in the machine shop.

During all this, Judith our second daughter arrived which was great She was beautiful and no bother ,and slept right through the night.

As we now had 2 girls, Dorothy and I talked about getting a larger house. We saw a very nice house, freehold in the older part of Whickham in Ashfield Road. We sold our bungalow and we went ahead and purchased the larger house It had upstairs and downstairs, 3 bedrooms, lounge, dining room, kitchen, garage, and gardens back and front. The road was a cul de sac with a pathway through to Corn more Road and this led to the Park in Whickham Village. The walk down Corn more Road was a delight especially in Springtime with the Apple and Cherry blossom out. The houses along this road were very expensive and we often went for walks to the park that way.

At work things were very busy in the Roll department but other areas of the Company were going down hill and there were rumours of a takeover.. The General Manager of the Roll department asked me to take over Production Control of the Roll Department as there had been large expansions in the machine shops and foundry. This was a Senior Staff appointment and I got a pay rise to go with it. In 1968 Davy Ashmore one of the largest Construction Groups in the world bought us out. They specialised in designing and building steelworks.

About this time I asked Sir William Scott to sponsor me again to become a full Member of the Institution of Production Engineers. This was done and I received approval about one month later. I HAD MADE IT.

In the next 6 months Davy Ashmore had closed the general engineering workshops and commenced to sell off all the machines and equipment. All the design guys and draftsmen and other staff were payed off. So unless you were employed in the Roll Department side of the business, which was very profitable, you were out the door . More orders were coming in from Ebbw Vale in Wales which was the largest steelworks in Europe at the time. So Davy expanded more including the Jarrow Foundry works. In 1970 The company was eventually named the Davy Roll Company. this also embraced the Foundry's and Machine shops in Stockton and Sheffield. I was 33 year old by now. As the north east had the larger factories in the new group and the biggest turnover I had to be aware if Sheffield were running out of work I could direct some of our work to them and vice versa. I also got a salary increase. I had to make regular visits to Sheffield, Stockton and Jarrow.. The factories in Sheffield were Brightside Foundry and Engineering and Moorwoods. In Stockton it was the Davy Roll Foundry.

We had been in our new house about a year and our son Simon. was born He was fit and healthy and full of life.

There was a vacancy going for the Machine Shop manager in the Northeast. as he was retiring. I went to see the General Manager and told him I was very interested in the job and he told me there were 3 people being considered including me. When I thought about it later, I realised I didn't have enough experience with unions. The unions were a very strong force in the UK then, so probably a more mature man would be chosen. (The unions had caused problems in the Shipyards, factories and then the Coal Miners came out on strike in 1972 in the middle of winter and were out for weeks. That just about did it for me.) Sure enough an older man who was the Maintenance Manager at Jarrow was chosen. He was a guy in his late 40,s and experienced with electrician, fitters, foundry and boiler making unions. As it was, I still had to work with the guy as my department made up a detailed programme of work for each machine tool on a double shift system in the factory he controlled. Also I used to sit in at the union meetings every Monday and Thursday.

At the first meeting, the new manager handled things well. There was four union reps there including the shop steward. They asked about the state of the order book and I would give them a general idea which they were happy with. We would discuss any problems they had and we had to request them to work overtime and they had to give their approval. .

So things settled down now after the take over and new company formation but I was still annoyed I never got that job. However I was starting to change my mind about being a shop floor manager as a career with all this union trouble going on so I started to write after jobs down south as well.

I looked at a few jobs and was even offered a couple but they just were not right. Maybe I wanted a total change. Then I saw this position advertised in the in the Daily Telegraph and I decided to have ago.

I was about to make the biggest decision of my life

To be continued in October Bench Press



VALE GEORGE BOLIN

It is with great sadness to report the passing of long time member George Bolin .

George showed his talents in the paint shop at the Padbury premises. Unfortunately dementia took hold and he could no longer attend the shed and was admitted in to a care facility.

His funeral will take place on Friday 1st October at 2pm in the West Chapel at Pinnaroo Memorial Park.



Please read this carefully
**A word from the Scout Association about
 our recycling containers collection bin**



Hi to all our Volume Partners and thank you for your continued support over the last ten months. We know things have been particularly challenging with Covid for many of you.

We would like to remind you that we can only process ELIGIBLE containers. Please ensure there is no rubbish or contamination of any kind (INELIGIBLE CONTAINERS) in your bins.

The main culprits for INELIGIBLE CONTAINERS are: • Wine Bottles • Spirit Bottles • Cordial Bottles • Plain milk of any variety • Other Recyclable items cardboard and rubbish of any kind • Food Scraps It would be great if you could make sure your staff and any volunteers understand that we **CANNOT** accept these containers. Because of the cost to Scouts WA to dispose of this ineligible waste, if there is excessive contamination the estimated cost to dispose of this rubbish will be deducted from your refund. We will be in contact with you if this happens.

If there is continued contamination, we will have no choice but to remove our bins and stop our collections. We will be using discretion where possible. We understand this is still a new scheme. We are now over ten months into the scheme and are trying to maximise your refunds! We also ask that you **REMOVE** lids from your containers as this is a real time killer. Your understanding is appreciated. If you have any queries about any of the information, please do not hesitate to contact your Volume Partner Manager about this. Their contact information is below Brian Witkin – Volume Partner Manager •

bwitkin@scoutswa.com.au • 0408 922 295 Greg Campbell – Volume Partner Manager • gcampbell@scoutswa.com.au • 0431 925 381 Most aluminium, glass, plastic, steel and liquid paperboard drink containers between 150ml and 3L are eligible for a refund. Eligible containers must: • Be included on the scheme's list of products. There are some drink containers that are not eligible

Most aluminium, glass, plastic, steel and liquid paperboard drink containers between 150ml and 3L are eligible for a refund. Eligible containers must: • Be included on the scheme's list of products. There are some drink containers that are not eligible for a refund. Generally, excluded containers are those that are less than 150ml and greater than 3L.

Excluded containers include: • Any plain milk containers • Any glass containers which have contained wine or pure spirits • Containers 1L or larger which have contained flavoured milk, pure fruit or vegetable juice • All cordial or syrup containers • Registered health tonics.

yes



Items we accept



no



Excluded containers



Before throwing in plastic bottles please remove the plastic cap. It would also help if you remove the ring pull from cans and place in the container which is hanging on the blue bin, these are recycled and provide income for charities.

The state government has announced that WA Seniors Card members can claim \$400 rebate to assist with purchase and installation of eligible home security equipment including home security, fire safety or electrical safety items.

To meet the requirements of the Safety and Security Rebate, items purchased must meet the relevant Australian Standards, and any installation work required must be carried out by a licensed tradesperson.

The rebate is administered by the WA Seniors Card Centre. Call 1800 671 233 or visit their website for more information <https://www.seniorscard.wa.gov.au/news-announcements/announcement-details/?id=353fc974-51fa-eb11-80ec-000d3ad1d984>

WA Senior Card Discounts

Many safety and security equipment suppliers also provide discounts to WA Seniors Card members. A list of suppliers providing discounts to WA Seniors Card holders is available here <https://www.seniorscard.wa.gov.au/discounts/?categoryid=0e851274-4abc-e611-80e7-000d3ae07082>

Eligibility for a WA Seniors Card

To be eligible for a WA Seniors Card, people must be aged 64 and above, an Australian citizen or permanent resident, reside in WA and work less than 25 hours per week. If that's you, register for your card here <https://www.seniorscard.wa.gov.au/sign-up/>

FOR SALE

2004 Holden Commodore EXECUTIVE automatic sedan

\$4,900

Commodore white 3.8 litre 6 cylinder automatic with dual fuel LPG/ULP 190,000 kms. Tow bar, roof rack. New inner roof liner, new front drums and brake pads, power steering, power mirrors, front power windows, cd player, ice cold air conditioning. Dual fuel range over 1,000 kms. Top running condition.

Contact Phil Zoccoli 0419 846 460



The Difference If You Marry An Aussie Girl

Three friends married women from different parts of the world.....

The first man married a Filipino. He told her that she was to do the dishes and house cleaning. It took a couple of days, but on the third day, he came home to see a clean house and dishes washed and put away.

The second man married a Thai. He gave his wife orders that she was to do all the cleaning, dishes and the cooking. The first day he didn't see any results, but the next day he saw it was better. By the third day, he saw his house was clean, the dishes were done, and there was a huge dinner on the table.

The third man married a girl from Australia. He ordered her to keep the house cleaned, dishes washed, lawn mowed, laundry washed, and hot meals on the table for every meal. He said the first day he didn't see anything, the second day he didn't see anything but by the third day, some of the swelling had gone down and he could see a little out of his left eye and his arm was healed enough that he could fix himself a sandwich and load the dishwasher. He still has some difficulty when he pees.

really
Are they OK?
Ask them today

Make staying connected and asking RU OK? part of your everyday.

Start by asking "Are you OK?"

No, I'm not OK.
Dig a bit deeper:

"What's been happening?"

"Have you been feeling this way for a while?"

"I'm ready to listen if you want to talk."

Yes, I'm fine.
But your gut says they're not:

"It's just that you don't seem to be your usual self lately."

"I'm always here if you want to chat."

"Is there someone else you'd rather talk to?"

Listen with an open mind

Encourage action and offer support:
 "How can I help?" "What would help take the pressure off?" "Have you thought about seeing your doctor?"

Make time to check in:
 "Let's chat again next week."

RU OK?™
A conversation could change a life.

Find more tips at ruok.org.au

Seniors Recreation Council of WA Inc.
PATRON: The Honourable Kim Beazley AC, Governor of Western Australia

Have a Go Day
A LiveLighter Event
Wednesday 10th November 2021
Burswood Park 9.00am to 3.00pm, Great Eastern Highway

Free Activities and Information day for over 50's
"Time to Have a GO"
Featuring Activities, Clubs/Groups, Seniors & Commercial Agencies
08 9492 9773 www.srcwa.asn.au
Free tea, coffee & bottled water available all day.
Food Vendors in attendance.
➔ FREE Shuttle Bus Service Burswood Train Station ➔ FREE Parking at Crown and Surrounding Carparks

AGE IS NO BARRIER

SPONSORS
BURSWOOD, CROWN, **lotterywest**, **7**, **Have a Go**, **LIVELIGHTER**, **healthway**, **Scarbore Toyota**, **GPR**, **Ingenia Gardens**, **Phoenix**, **KINGS**, **The Good Guys**

YOU'RE INVITED

MEN'S SHEDS OF WA STATE CONFERENCE 21

5 and 6 November
Stirling Adriatic Centre, 28 Jones Street, Stirling

To book your ticket call 0412 845 339
or email adm@menssheds.org.au

lotterywest **MEN'S SHEDS OF WA**

Attendance Statistics for August 2021 Compiled by Ian Mc Callum

Period	Week Start	Week End	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.	Sun.	Weekly Total
Week 1	1/08/2021	8/08/2021	20	59	30	29	22	0	0	160
Week 2	9/08/2021	15/08/2021	31	69	33	50	26	0	0	209
Week 3	16/08/2021	22/08/2021	29	67	50	38	31	0	0	215
Week 4	23/08/2021	29/08/2021	20	46	33	23	26	0	0	148
Week 5	30/08/2021	31/08/2021	37	37	xxxx	xxxx	xxxx	xxxx	xxxx	74
Total			137	278	147	140	105	0	0	
Working		19 Days								
Weekly Average			27.4	55.60	36.75	35	26.25	0	0	806

Total for the Month 42.42 men per day

Tue. 03rd 1 Lady Tue.17th 2 ladies

Wed. 04th 1 Lady

Fri. 13th 1 Lady

QR CODE SIGN IN

At a recent Tuesday morning tea briefing the question was asked why don't we have the QR code to sign in on arrival to the shed.

The answer was that if the QR code was introduced you would still have to sign in the attendance book which is for the shed records and used for any emergency such as a fire to check that all have evacuated the building.

The QR code transmits to the Government only and is not recorded at the shed.

If there was a Covid infection in the shed our records would show who was in attendance on that day.

And while on the subject of signing in the register

PLEASE SIGN YOUR NAME CLEARLY

The total number of members
as at September 2021

172

DID I READ THAT SIGN RIGHT?

On a repair shop door:

WE CAN REPAIR ANYTHING. (PLEASE KNOCK HARD ON THE DOOR - THE BELL DOESN'T WORK.)

Notice in a farmer's field:

THE FARMER ALLOWS WALKERS TO CROSS THE FIELD FOR FREE, BUT THE BULL CHARGES