



Joondalup Mens Shed

Bench Press

January 2021

Editor Merv Pearce



Presidents Report

The end of January is here and there are quite a few developments on the Winton Road project.

Crawford has been actively engaged with the various aspects of the building works. The machinery in the workshop has finally been grounded and the electrical works completed. There are some works yet to be completed with the impending dust extraction system installation, which is dependent on the import of the extraction unit. This will be the last item in the building works which will get us started with the workshop.

There is some progress on the negotiations of the lease with a few items left for the final agreement. Hopefully they should be ironed out in the coming days. This will give us some certainty in settling down in the new premises

On my recent visits to the shed, there seems to be quite a few unsubstantiated rumours that are doing their rounds, without any grounds. One wonders how these misunderstandings are given birth, which only gives cause for more uncertainties adding to the delay in moving to the new home. I have tried to provide unreserved information in my briefings and request that the membership seek information from the committee members to dispel any rumours. It is only normal for us to feed on the uncertainty as most of us were so comfortable

in the day to day working at what we know best. Better days are ahead.

Our attendance at the Bunnings sausage sizzles have been a great success and the Committee would like to offer our gratitude to Roger Revell and the "A" team for volunteering their time and energy. There will be slacking in these outings as the other charity organizations get settled into their own commitments.

To all the members who have contributed to the various laborious tasks at the shed, the committee thank you for the efforts to complete those tasks that needed to be attended to. Graham Duffy has provided a lot of encouragement and dedication to the volunteers to turn up on a daily routine and take up on the tasks.

Our new home is attracting a lot of attention from communities who are looking for some accommodation. We will endeavor to negotiate a meaningful discussion and seek to help those in dire need on our terms and conditions.

In coming weeks, we will provide updates on the timeline for our moving to Winton Road premises.

Reg Luther



Editorial

Here we are well in to the new year. 2020 was a very different and difficult year due to the pandemic, even though the shed was closed for two months, the Bench Press kept on delivering. It gives me great pleasure to be editor of this newsletter and the feedback I have received from members has been encouraging.

I would like to see more participation from you shedders with some contributions eg. "Meet the Member", there is a lot of talent out there in the membership and your work-life and other events would make interesting stories. Saturday Ladies feel free to contribute articles as well.

I also intend to have a for sale section so if you have something to sell or wanting to buy Please let me know and it can be published in the newsletter, free of charge of course.

This year is going to be an exciting one for we shedders with the move to Winton Road, there will still be a tremendous amount of work to be done with the setting up and settling in, so if you can assist in any way please don't be backward in coming forward.

Wishing you all and your families a safe and happy 2021.

Merv Pearce (Editor)

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26	27	28	29	30	31	

Public holidays 2021 Australia

1st January New Year's Day
26th January Australia Day

3rd April Easter Saturday
5th April Easter Monday

26th April Substitute day
14th June Queen's Birthday

26th December Boxing Day
27th December Substitute day

TEN GOOD YEARS

Did you know that this month of January marks
an important date?

It is ten years since the Joondalup Men's Shed moved in to
the Padbury Senior High School



Winton Road

This is a photo of furniture in storage
in the lean to at Winton Road.

We are waiting for access to the
building so that the furniture can be
installed in the social room and office.

When that is done the metal working
area can be set up.

GIVE US THIS DAY OUR DAILY BREAD

Good news, due to a change in pick up time
for bread at Woolworths Joondalup the
bread can be picked up at an earlier time
thus making it possible to bring to the shed
for distribution.



Ten Years in Padbury

There has not been much workshop production in the last couple of months and the main activity has been the moving of gear from Padbury to Winton Road so there is not much to report at this stage. For your interest I have extracted some items from past newsletters which appear on the next few pages. I hope you enjoy reading them.

Merv (Editor)

V.I.P. VISITS TO JMS

Regular readers of the BP will be aware that many local parliamentary representatives have visited the JMS over recent weeks. The most recent visitors included JMS Patron, Dr. Mal Washer and his trusty and indispensable assistant Gloria. Mal hadn't been to the shed for some time, no doubt kept busy by all the brouhaha in Canberra. He was keen to learn about our progress or lack of toward acquiring a permanent home and agreed to redouble his support resulting in Education Minister Peter Collier agreeing to meet a deputation on 23rd January from the JMS including Mal and JMS executive personnel. Hopefully, the minister will find time one day to actually visit the JMS, meet his constituents and see what's happening to part of an Education Dept. resource in his electorate. Other visitors included the Labor Member for Joondalup Tony O'Gorman, and Opposition Leader Mark McGowan. Tony is a great supporter of the JMS who has gone to bat for us on more than one occasion. He was keen for his boss to see the great work done by the JMS, learn about our predicament in establishing a long term home for the JMS and also agreed to explore a couple of options to site a purpose-built shed.



Left to right: Bob Davis, Alan Greenhalgh, Leader of the Opposition Mark McGowan, Member for Joondalup Tony O'Gorman and Tony Brewer admire one of the shed's rocking motor bikes.

January 2013

THE JMS GETS ITS NEW DRUM SANDER

Thanks to the recent grant under the Department of Communities Beyond Gambling program the shed now has increased its capacity to turn out toys and tackle projects with a new HAFCO 3 HP large capacity drum sander depicted below. The sander has its own dust extraction system and Doug and Rob wasted no time in setting up the new "toy." Unfortunately there was a downside with several blokes ruining expensive sanding belts by trying to operate the machine before they had received the appropriate tuition. So shedders, if you're reading this, please don't just assume you know how to



Figure 6. The new Hafco drum sander.

December 2012

The long term future of the JMS was assured yesterday (Thursday 18th April 2013)! Minister Collier's Principal

Policy Advisor Edward Simons, Education Department Director John Leaf and Acting Director Philip Newnham met with JMS executive members at Padbury and agreed to provide the JMS with much greater security of tenure. The JMS can now count on remaining at the current facility for the "foreseeable future." The last two words are mine because I do not want to preempt the actual wording of the new agreement. However, members can rest assured that we're here to stay for a very significant period. The full ramifications of this long awaited momentous decision and the reasons why we're no longer pursuing other options will be fully explained at a special general meeting on 21st May 2013.

BEWARE OF THE BLACK DOG!

As the years rush by at a frightening pace, And the wrinkles and lines increase on my face, As the hair on my head thins and turns white, I look in the mirror and recoil at the sight. As skin once tight sags and my bones all show through, Why my weight falls away the doctors haven't a clue. When joints protest and chronic pain is a bad friend, Sometimes it's too much and I'll pray for the end.

When my brain doesn't work and my patience grows thin, I grow tired of the world and the future seems grim. I'll look back at the past and the mistakes that I've made, And question my wisdom and regrets that don't fade.

When the doctors can't help me or change how it all feels, The Black Dog of despair snaps at my heels. In the wee small hours when I'm doubled in pain, While the world sleeps on, my resolve seems to wane. If sleep finally comes, it's with nightmares to haunt me, There's monsters and chases and things that taunt cruelly.

When I look at the world, it all seems a mess! With leaders so abysmal who think they know best. The issues of importance they plainly ignore, Such as sea level rise and the plight of the poor. The health system struggles and crime runs amok, Standards are slipping and it's all such a crock. Yet among all that's wrong there's still much to admire, Good folk still abound with great deeds to inspire. Then there's my family who all make me so proud, And love for my grandchildren with laughter so loud. Then there's the men's shed and the mateship of blokes, Who restore my perspective with smiles and their jokes.

So Dear Friend, if there are times you despair, Head for the Shed, you'll find blokes there that care. Your troubles will shrink and your pain will subside, As you start helping others you'll stop your own slide. There's something for everyone regardless of age, It's the best antidote to the Black Dog's mad rage!

December 2012

RESULT OF SPECIAL GENERAL MEETING

65 members attended the JMS special general meeting on 21st May 2013 to be brought up to date on the latest development and future plans for the JMS. The following is a dot point summary of what transpired. • JMS has negotiated a 5 year by 5 year lease with the Education Department. (Agreement yet to be formally ratified.) • Joint committee comprising JMS and the department will be formed to resolve issues and facilitate a good relationship between parties. • JMS members urged to work cooperatively with department staff and comply with lease conditions. • Members voted to hire a suitable truck and remove scrap metal which is illegally occupying yard space as a matter of urgency. • JMS to implement certain measures to minimize dust and noise. • Members to vote on the following changes to JMS Constitution at the AGM. 1. Title of Chairman to change to President. 2. New categories of membership, i.e. Life Member, Junior Member (under 18 years). 3. Abolition of the need to post notices to members with email facilities. • Approval given to purchase new machinery to replace aging equipment (subject to Department of Communities consent to spend the balance of the "Beyond Gambling" grant). • Approval given to continue allocating funds to the JMS building fund to ensure the perpetuity of the JMS beyond 2023. • Approval given to renovate the meeting room floor. (JMS committee to decide the best option.) • Members voted against establishing kitchen facilities and running cooking classes. • Members urged to nominate for committee at AGM on 13th August 2013.

May 2013

Our Activities:

The Month of November has once again been a very busy and profitable one for the Sheddies. Masters had placed an urgent request for wheel barrows and hand trolleys to be available for the festive season; perhaps as impending gifts for "Fathers"? A total of 38 wheel barrows and 20 Trolleys were manufactured quick smart, with a lot of help from volunteers, and were ready by the due date. Our usual BBQ fares were available at Bunnings, Whitfords, on the 9th of November. Excellent service provided by the Shedder Volunteers to the delight of the customers. The familiar Blue shirts behind the counter and the BBQ are becoming a normal feature and the fact that we continue to provide this service at the store, on a regular basis, must be proof of success that it is appreciated by all recipients of this delight. Our toys continue to be a big hit at various market events and the success at the Banksia Grove and Subiaco markets were both a big profit churner for the Shed. The appreciation of the handiwork and the quality of the finished products are bona fide of our desire to provide the customers of quality products. The talents that bring forth such masterpieces are indeed a cause for pride and joy for all members, personifying our Motto WORKING IN THE COMMUNITY FOR THE COMMUNITY. Masters was the venue for another of our BBQ delights on the 17th November. Once again the outing was a big success both for the exposure of JMS and also for the cuisine that was on offer. Another event that was profitable for the Shed. Our appreciation goes out to all those who organize the events with the meticulous planning and those members who continuously put up their hands for the service that is required to make these events a success both for the exposure and the monetary gains for the organization.

November 2013

ANOTHER SATISFIED CUSTOMER!

Hi all members of the Joondalup Men's Shed

Thank you so much for the five children's outdoor bench tables - photos attached. They are fantastic and add some much needed furniture to the outside of the centre and certainly add brightness and colour to the centre. The children used them on Friday morning soon after they were delivered and had a wonderful time doing some creative play and craft work as well as being able to enjoy their fruit time together.

Once again, to each and every one at the Shed a very BIG THANK YOU! The work you do and the support you give is greatly appreciated.

Cheers

Mary-Anne Jackson

**Specialist Community Child Protection Worker
Department for Child Protection
Joondalup District**

March 2013



Figure 4. Rob Hansen proudly shows off some of the tables made by the JMS for DOCP.



Figure 5. Rob delivers the tables to DOCP.

29th November was the D-Day for the drawing of the raffle tickets for the Doll's House. As the day, for the draw, drew close the hectic activities for the completion of the project

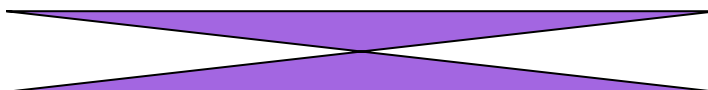


was under way. Finally, the eager winner was **Jan Siney**, a proud owner of the beautiful piece of "ART" that was the showpiece of the labour of all the Team members, who had contributed so much time and effort



towards the construction of this beautiful house. Our congratulations to the winner. This will leave some spare time to contemplate the next big project which will be under wraps for the time being.

November 2013



February Birthday Celebrations



Brian Abbott
Derek Ball
Tom Daly
Ken Gardner
Geoff Guard
Barry Harding
Perry Hepden
Ian McCallum
Sean Munroe
Brian S kinner
Arthur Yates
Taryn Walter

*Birthday greetings
to you all*

Welcome to new member

Richard Hammer

Welcome to the shed Richard, we hope that you enjoy the camaradie with the members and take part in the activities and crafts that the Joondalup Men's Shed offers.

Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officer Michael Robinson. Michael will make enquiries and visit if necessary and keep Shedders informed.

Michael Robinson has joined Chris Drury as Welfare Officer. Michael's contact is robinsonmj1950@gmail.com phone 9409 8484, Mobile 0491 036 085

Chris's contact is chris.drury@sumphero.com

Attendance Statistics for December 2020 Compiled by Ian Mc Callum

Period	Week Start	Week End	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.	Weekly Total
Week 1	1/12/2020	6/12/2020	xxx	34	34	16	12	0	0	96
Week 2	7/12/2020	13/12/2020	21	32	29	8	19	0	0	109
Week 3	14/12/2020	20/12/2020	25	30	29	16	14	0	0	114
Week 4	21/12/2020	28/12/2020	15	33	26	Xmas	Xmas	Xmas	Xmas	74
Week 5	29/12/2020	31/12/2020	Xmas	22	16	16	xxx			54
Total			61	151	134	56	45	0	0	
Working Days		17 days								
Weekly Average			20.33	30.20	26.8	14	15	0	0	447
Total for the Month	447									

Men per working day 26.29

Zero Ladies for month

Could members please sign in with their CORRECT name and CONTACT numbers and not nicknames as a couple have started. If you wish to do this see me first
Ian

Links for some more informative reading

If you would like to obtain monthly Have a Go News and COTA (Council of the Aging) newsletters just a mouse click that is all that is required.

Right click on the hyperlinks below, go to the bottom of the window that pops up, click on hyperlink and presto, they will be on your screen.

Have a Go Newsletter

<https://www.haveagonews.com.au/paper/01-2021/346digital.pdf>

COTA

<https://mailchi.mp/cotawa.org.au/nov2020-cotac-4798062?e=752cc4ec73>

**The total number of members
as at December 2020**

149

Includes 13 Associate members

Coming Farmers Markets

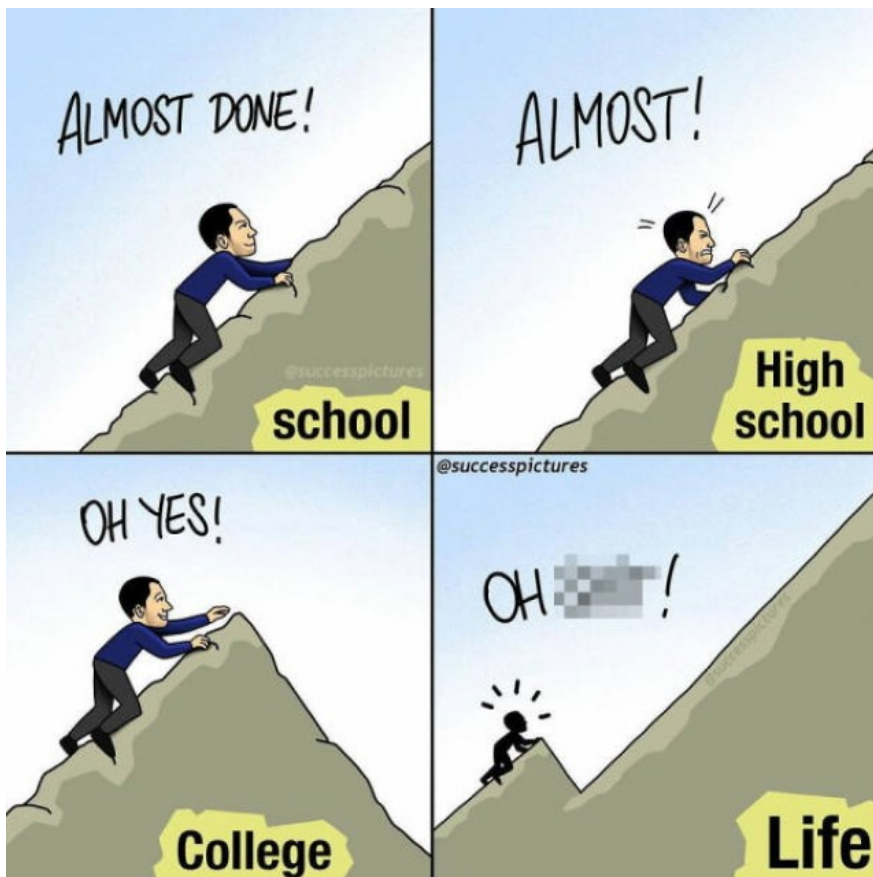
Joondalup Mens Shed



No dates have been set yet
for markets in 2021

Sausage sizzles

After a hectic January with sausage sizzles, Sizzle king Roger has decided that we need a well earned rest for a while so no dates have yet been organized .



**My stomach is FLAT.
The L is just silent.**