

# Joondalup Mens Shed Bench Press

October 2020

**Editor Merv Pearce** 



### Presidents Report

I would like to extend my gratitude to all principal committee members who have settled into their individual responsibilities and have witnessed

outstanding results. It is important for the membership to have a cohesive team for the management of the shed and its various functions.

Our building project and meetings, with the COJ, have had no progress and we await the latest update on both fronts. One of the principal participants, was indisposed for some time which may have caused the slow progress. We look forward to some meetings to appraise us of the status. As per some accounts the mezzanine floor is in place and we are invited for consultation for the dust extraction and electrical layout for the premises. Crawford Maclennan, our team member on the building committee and Planning manager has finalized the machine placement. Our previous manager Projects Tony Brewer had worked hard at laying the foundation for the workshop area.

We have had numerous interactions with community development departments, of the City of Joondalup, and attended their "Well Being Day" which was a social event for the communities to engage with service provider and find opportunities that are available in the community. It was good to engage with visitors and display our Shed's capabilities towards community services. Thanks to Barry Fitzsimmons who created a great presentation for the occasion, Rob Morgan and Merv for displaying all our finished products and John Spence and Gerry Hollinshead for their public relations.

We have also accepted an invitation to attend a

Seniors Leadership Program, on Monday 9th November, and will be represented for a Q&A session with the participants to the program. Gerry Hollinshead will represent us at the function.

John Spence, our General Secretary, is spear heading our grant application for Lotterywest. There is opening for the applications to be lodged based on the efforts of communities towards Covad 19 based recovery. Since our own shed's efforts have been garnered towards social and community-based recovery, we may be well placed to renew our applications. The grants will help us towards projects that are subject to Covid recovery.

Thanks to Rob Morgan and his team of helpers for their efforts for the markets and soliciting opportunities to engage in other marketing venues to help in raising funds for the Shed.

Our first sausage sizzle after the Covid lock down was a great success. Thank you, Roger Revell. We must encourage more volunteers to help out and perhaps consider appointment of an assistant to Roger. Bunnings has a very strict protocol for those participating in the sausage sizzle and demand a minimum number of attendees to man the occasion. We must find the means and will to organize more volunteers to cater for the extra demand on our resources.

Our training of members in woodwork has achieved a great success, thanks to Crawford and the team of trainers and assessors. We can now boast of a fully trained crew. However, training is an ongoing process and learning to maintain a safe environment will always be progressive.

Steve Brooks has undertaken to find hobby activities for the shed members. He has approached me with a format which the committee members will examine and further their comments on. This is to find avenues for the members to participate in activities other than wood and metal works. Information will be sent to members to nominate activities from a short list so that we have the largest numbers participating in the shed.

Continued page 2

**Shed Activities and Projects** 



#### RECYCLING CRATES

Michael Robinson and Rob Morgan with one of the recycling crates which Rob and Mike Brennan are manufacturing. Thanks to Rob and Mike for their welding skills in producing them.

Please bring in your cans and bottles and drop them in the cage located at the shed just out side the paint shop. This is a way to help the shed funds.



We are still looking for information of our departed members, to start the process of the Members roll of honour board. Please, let us encourage our members to give us the names of our members who have passed on. We owe much to the efforts of those who have contributed so much for the success of our shed.

Thanks to Merv Pearce for the effort that he puts into the production of the newsletter. He is open for contributions on the many stories of our members to be published.

Thank you to all the members who have contributed to ongoing success of the shed.

## October Happenings



The shed was invited to attend a mental health week exhibition at the Joondalup Library to display our products and activities. Pictured from left, Barry Fitzsimmons, Reg Luther, Merv Pearce and Rob Morgan who manned the stall.



The stall at the Library displaying the sheds products, Barry compiled a rolling screen show of shed activities.



Four members attended the residence of the late Frank Antulov to carry out weeding of the garden for Franks wife. Those who carried out the project were pictured from left, Michael Robinson, Reg Luther. Merv Pearce and Gil Marnham.





Our first Bunnings sausage sizzle since the Coved 19 cancellations was well attended by customers. The location of the sizzle has been moved from the entrance to the store to the underneath car park. There was concern that business would be slow being out of the main stream however concerns were allayed as we were flat out all day. The picture left shows the queue of customers waiting to be served.

October Happenings



Our first market stall post Covid at the Poynter Primary School attended by Rob Morgan, Merv Pearce, Vince Bertolini, Darryl Ward and Gil Marnham.



The shed was paid a visit by Peter Katsambanis, Liberal member for Hillarys and Scott Edwardes, Liberal candidate for Kingsley. Scott signed up as a member of the shed on that day. Photo, Skin showing the men around the shed.



The shed was also visited by Caitlin Collins Labour candidate for Hillarys who gave the members a short talk.

Picture, Caitlin and President Reg.

## november Birthday Celebrations



A Police Officer
came to my house
and asked me where
I was between 5 & 6.
He seemed irritated
when I answered:
"Kindergarten"

A guy wants a divorce.
He tells the judge,"I just can't take it anymore.
Every night she's out until way after midnight, just going from bar to bar."

Judge asks, "What's she doing?"

The guy answers, "Looking for me."

Sanny Ang Philip Ash **Albert Daly** Pat Hadley Rodney Herman Warren Howard Adam Huckle **Denzil Kina Neville Long Kevin Maher George Martin** John O'Dell John Poustie Michael Robinson Andrew Simmons **Darryl Ward** 

Birthday greetings to you all

## Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officer Michael Robinson. Michael will make enquiries and visit if necessary and keep Shedders informed.

Michael Robinson has replaced Chris Drury as Welfare Officer. Chris is having a few health problems and we wish him well.

Michael's contact is robinsonmj1950@gmail.com phone 9409 8484, Mobile 0491 036 085



"I've combined a laxative and alphabet soup. I call it 'Letter Rip'."

#### Attendance Statistics for September 2020 Compiled by Ian Mc Callum

Period	Week Start	Week End	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.	Sun.	Weekly Total
Week 1	9/1/2020	9/6/2020	xxxx	47	34	23	20	0	0	124
Week 2	9/7/2020	9/13/2020	22	47	35	20	23	2	0	149
Week 3	9/14/2020	9/20/2020	20	48	23	20	24	I	0	135
Week 4	21/09/2020	9/27/2020	29	38	27	21	12	0	0	127
Week 5	9/28/2020	9/30/2020	9	43	33	xxxx	XXXX	XXXX	xxxx	85
Total			80	186	142	84	79	3	0	
Working Days		21xx29.42								
Weekly Average			20	37.20	28.5	21	19.75	1.5	0	620

#### **Total for the Month 620**

Men per working day

Sat. 12th 3 Ladies Sat. 19th 9 Ladies

#### Could members please sign in with their CORRECT name and not nicknames as a couple have started. If you wish to do this see me first

■ A guy bought a new fridge for his house. To get rid of his old fridge {still working}, he put it in his front yard and hung a sign on it saying: 'Free to good home. You want it you take it. 'For three days the fridge sat there without anyone looking twice. He eventually decided that people were too mistrustful of this deal So he changed the sign to read: 'Fridge for sale \$50.' The next day someone stole it!

They walk among us!

■ One day I was walking down the beach with some friends when someone shouted, "Look at that dead bird !"

Someone looked up at the sky and said "Where?"

They walk among us!

- My colleague and I were eating our lunch in our cafeteria, when we overheard an admin girl talking about the sunburn, she got on her weekend drive to the beach. She drove down in a convertible, but said she "didn't think she'd get sunburned because the car was moving." They walk among us!
- My sister has a lifesaving tool in her car which is designed to cut through a seat belt if she gets trapped. She keeps it in the car boot.

They walk among us ! 😂

■ While working at a pizza parlour, I observed a man ordering a small pizza to go. He appeared to be alone and the cook asked him if he would like it cut into 4 pieces or 6. He thought about it for some time then said "Just cut it into 4 pieces; I don't think I'm hungry enough to eat 6 pieces."

They walk among us ! 😂

### Coming Farmers Markets



Mosman Park Markets
Sunday 8th November
Poynter Markets Saturday 14th November
Stirling Markets Sunday 22nd November

## Sausage sizzles

we have three BBQ commitments coming up on the following dates that we are going to need manpower for.

Hare & Forbes Machinery, Thurs. November 12, Fri. November 13 and Saturday, November 14 we are only required to be onsite cooking and serving between the hours of 10 am and 2 pm each day and only supplying the sliced onions. I am confident that five personal per 4 hour shift could handle this. 15 Volunteers in total.

The following Wednesday, November 18 commencing at 9.30 am until 12.30 pm we are committed to attending the Joondalup NDIS Kicking Goals Expo located vat the True North Block, 869 Connelly Drive, Merriwa. We will be supplying all consumable products for which we will be charging as per Bunnings BBQ also with a monetary donation from the Club on completion. I have also booked a table to allow the display and sale of any of our market items if the guys so wish. Six on BBQ duties would suffice I believe.

On Saturday, December 12 commencing at 9.am until 12 noon we have been invited to attend the Joondalup Martial Arts Club on the same basis as above. I would imagine that this can be easily handled by three of us for the BBQ plus other assistance for the market table.

I am hopeful of receiving advice from Bunnings that we have another sausage sizzle coming up soon and if so we will as previously discussed need a roster of at least 6 personnel per shift. It would be great if we could achieve 3x 3-hour shifts which of course will require 18 volunteers.

Regards Roger Revell BBQ Manager.

So come on chaps put your name on the list and help the shed raise funds