

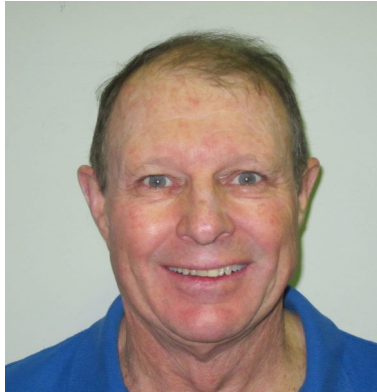


Joondalup Mens Shed

Bench Press

January 2019

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Vice Presidents Report

Well this was a surprise. I was told there wasn't much for the Vice President to do – unless the President wasn't

available. As it turned out our President Bob Allen has been away for three weeks visiting family in the east and so I have been ushered into the Chair until 27th January when Bob returns.

Filling the Chair on a temporary basis meant that I dealt with routine “matters” by making announcements at morning tea about irregular parking and our regular reminder to wear a current name badge. This is important because our statistics show up to nine people are using the Shed but they are not current members. This is unfair on our members and makes a serious problem for us as those people are not covered by our insurance. Consequently after a few reminders we will be enforcing the “**no badge no - entry rule**”. This in line with our Rules and is consistent with other Sheds.

After receiving approval for the Winton Road site we were keen to get started and Rob Hanson and his team have commenced clearing out one of the tool store rooms and will move on to other areas progressively.

Others of us felt we had a slight delay with progress on our new premises at Winton Road as the Asset Manager at City of Joondalup (CoJ) was on leave after Christmas but thankfully John Spence and myself spoke with the Asset Manager last week and we were able to clarify the main points that were worrying us. Overall we were very pleased with the support and positive attitude we received from CoJ

and now we are able to move on.

Tony Brewer has inspected the new site and he is drawing up a suggested plan for the layout and expansion to fit the site. CoJ has offered to send us a copy of their Standard Lease document and our site plan will be included in the lease. You might be approached by Tony for some suggestions.

The new Karrinyup Community Men's Shed has invited our members to attend a prostate health seminar at their Shed 6 Jemma Place Balcatta on **Monday 11th February**. This prostate health presentation was given at the WA Shed annual meeting last year and it was very well received so it is being given again this time at Karrinyup. If any JMS members would like to attend let me know.

Remember that Rob Hanson needs help with upcoming sausage sizzles at Bunnings and Ron Slavin needs volunteers with markets and an upcoming display in the Joondalup Lakeside Shopping Centre. New members feel free to join in these activities as they are worthwhile fundraising events for us. Please write your name on the roster sheets for each event.

It is pleasing to report that we have a positive start to the 2019 new year

Cheers

Bernie Egan



Fitness for Shedders

Geoff Chantler

It is the time of the year for new years resolutions. How about giving the Men's Shed Keep Fit sessions a try. They are aimed at flexibility and balance. One thing we all should be aiming to improve at this time of our lives. We are lucky to have the services of Urs a professional coach who gives his time for free. How about it chaps. 9am — 9.30 Wednesdays in the gym.



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This is *not* the result of a hard workout

February Birthdays



| | |
|----------------|-----------------|
| Brian Abbot | Ken Gardner |
| Shane Almond | Geoff Guard |
| Marcello Araya | Barry Harding |
| Glyn Ashley | Edmond Ishak |
| Laurence Baker | Victor Kaiser |
| Andrew Banks | Ian McCallum |
| Michael Bayly | George Mckie |
| Bruce Clark | Luke O'Malley |
| Tom Daly | John Robbins |
| Terry Elfes | Brian Skinner |
| Bruce Elliot | Peter Wood |
| Nathan Evans | Graham Woodcock |

Many happy returns to you all



At a Car Dealership:

"The best way to get back on your feet – miss a car payment."

Outside a Muffler Shop:

"No appointment necessary. We hear you coming."

More Machinery Matters

Tony Brewer

The Router.

You know it's strange how a machine can accrue so many different names and the router would be one of those, I have known it to be called a "spindle moulder", "shaper cutter" and there were probably others, however time changes and so do the functions, when you wanted to mould a shape in earlier times there was no bearing race at the top of the cutter, so either a fence had to be used to guide the cut and if you wanted a curved cut a circular ring was adjusted over the cutter using a pattern tacked onto the timber to be shaped and set at the timber height. Now with the variety of shape cutters and no fence is necessary on most jobs the modern day router is a dream to use providing you concentrate on what you are doing. A sharp cutter is much safer than a blunt cutter as there is little kick back, so when you use the router inspect the cutting edge and only feed your timber at a speed that the cutter can handle keeping your hands clear at a distance each side of the cutter.

All machines are dangerous and of course each one demands a lot of respect, accidents happen when you lose concentration and knowing what you intend to do, so plan your procedure, inspect the direction of the timber grain as cutting with the grain is different against the grain.

When you have completed your cutting, remove the cutter and return to the store and leave the site around you clean,

A good tradesman not only leaves the machine in good working order for the next person but cleans up when finished, so practice to be a "good tradesman".



The Compound and Sliding Mitre Saw.

This particular saw has been modelled from the Radial Arm or Docking saw for the Tradies mainly as it can be used for mitre or any angle between 90 and 45 degrees cross cutting materials on site. You might say that it could be a hand held saw mounted on a frame. It first came as a drop saw, then a sliding frame was included for special application.

It is the number of teeth on the saw blade that determines its use, the more teeth the finer the cut and leaves a better finish on small or thinner timber, whereas less teeth is ideal for heavy timber clearing the cut quickly, but can leave a course finish.

Like other machines the sharpness of the blade determines how fast to cut. It is always safe to not force the cutting motion and before you start just inspect the teeth for damage and sharpness.

The sliding motion on this saw is ideal for angle cutting as it gives you a longer cutting stroke, but at all times beware of the saw grabbing and dislodging your timber, many a finger has been lost through being too quick, once you pull that start trigger the machine is operating at 1000 or more revs. and it doesn't say sorry if you are not prepared. Sometimes a clamp to hold your job in place maybe the safest thing to do.

If you are not sure of how to use any piece of equipment don't be statistic, ask another shedder who may know if not your duty Supervisor can help

Again leave the machine as the manufacturer would leave it, clean and in the 90 degree position

Attendance Statistics for December Compiled by Ian Mc Callum

| Period | Week Start | Week End | Mon. | Tue. | Wed. | Thurs. | Fri. | Sat. | Sun. |
|-----------------------|------------|------------|-------------|--------------|-----------|--------------|-------------|----------|----------|
| Week 1 | 12/1/2018 | 12/2/2018 | 0 | 0 | 0 | 0 | 0 | | 0 |
| Week 2 | 12/3/2018 | 12/9/2018 | 24 | 45 | 7 | 33 | 45 | 7 | 0 |
| Week 3 | 12/10/2018 | 12/16/2018 | 26 | 44 | 37 | 42 | 17 | 0 | 0 |
| Week 4 | 12/17/2018 | 12/23/2018 | 44 | 54 | 0 | 33 | 20 | 1 | 0 |
| Week 5 | 12/24/2018 | 12/30/2018 | 13 | 0 | 0 | 19 | 12 | 0 | 0 |
| | | 12/31/2018 | 17 | 0 | 0 | 0 | 0 | 0 | |
| Total | | | 124 | 143 | 44 | 127 | 94 | 8 | 0 |
| Working Days | | 19 Days | | | | | | | |
| Weekly Average | | | 24.8 | 35.75 | 11 | 31.75 | 23.5 | 4 | 0 |

Total for the Month 523

Sat. 8th 10 Ladies

Sat. 22nd 05 Ladies

When signing on in the attendance book at the entry please enter your name clearly and readable.

216 is the total number of members as at January 2019

Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officer John Summerfield. John will make enquiries and visit if necessary and keep Shedders informed.

John Summerfield Mob. 0432 032 461 email sumtrader1@primus.com.au

ON A PLUMBER'S TRUCK:

"We repair what your husband fixed."

On an Electrician's truck:

"Let us remove your shorts."

On another Plumber's truck:

"Don't sleep with a drip. Call your plumber."

Joondalup Mens Shed



Coming Farmers Markets

At the time of publication of the newsletter no dates have yet been set for the markets.



Sausage sizzles

Volunteers will be required for the coming sausage sizzles

Bunnings Joondalup

Friday 22nd March

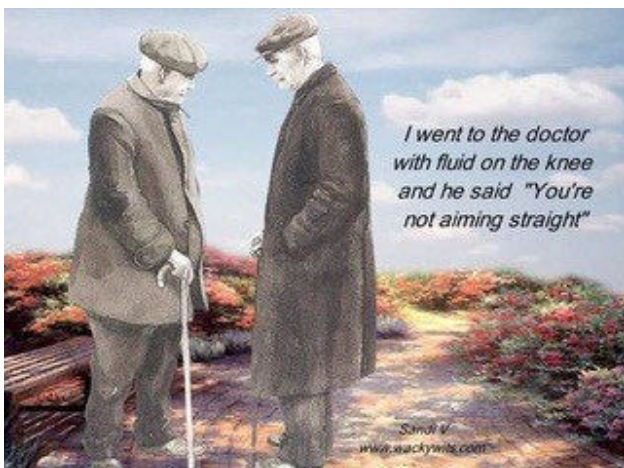
Saturday 6th April

Friday 26th April

Friday 10th May

Friday 14th June

Rob Hansen is the manager of the sausage sizzles please contact him if you would like to volunteer some of your time to help with the sizzles.

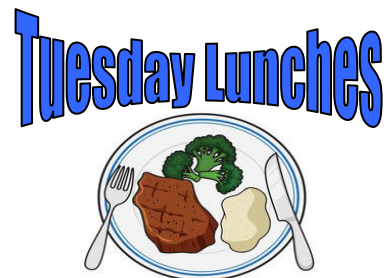


BREAKING NEWS

Mexico has finally agreed to finance the wall



Trump: Hitler was from Germany.
 Merkel: No, Hitler was from Austria.
 Trump: Then why are there no photos of him with kangaroos?
 Merkel: That's Aust...
 Trump: ...or boomerangs?



Mexicans were asked what they thought of Trump's proposed wall.

They replied, "We are very upset

but we'll get over it!"

Delicious lunches are available at the Shed on Tuesdays
Come along and enjoy a Hot and tasty meal cooked by chefs at the Kingsley Tavern
Only \$5.00 per serve

Meet the Member

Unfortunately this month there is no member to meet. I believe there are many members in the shed who are very talented and possess an interesting past that we would like you to share with us. Please let me know if you would like to participate.

Merv Pearce (Editor)

Some guy bought a new fridge for his house.

To get rid of his old fridge, he put it in his front yard and hung a Sign on it saying: 'Free to good home. You want it, you take it.'

For three days the fridge sat there without anyone looking twice.
He eventually decided that people were too mistrustful of this deal.
So he changed the sign to read: 'Fridge for sale \$50.'

The next day someone stole it!

They walk among us!

*One day I was walking down the beach with
Some friends when someone shouted.....

'Look at that dead bird!'
Someone looked up at the sky and said...'where?'

They walk among us!

While looking at a house, my brother asked the
Real Estate agent which direction was north because
He didn't want the sun waking him up every morning.
She asked, 'Does the sun rise in the north?'
My brother explained that the sun rises in the east
And has for some time. She shook her head and said,
'Oh, I don't keep up with all that stuff.....'

They Walk Among Us!

Traffic Camera

A man was driving when he saw the flash of a traffic camera. He figured that his picture had been taken for exceeding the limit, even though he knew that he was not speeding... Just to be sure, he went around the block and passed the same spot, driving even more slowly, but again the camera flashed. Now he began to think that this was quite funny, so he drove even slower as he passed the area again, but the traffic camera again flashed. He tried a fourth time with the same result.. He did this a fifth time and was now laughing when the camera flashed as he rolled past, this time at a snail's pace... Two weeks later, he got five tickets in the mail for driving without a seat belt..

You can't fix stupid.

My colleague and I were eating our lunch in our cafeteria,
when we overheard an admin girl talking about the
sunburn she got on her weekend drive to the beach.
She drove down in a convertible, but said
she 'didn't think she'd get sunburned
because the car was moving'!

They Walk Among Us!

My sister has a lifesaving tool in her car
which is designed to cut through a seat belt
if she gets trapped. She keeps it in the car trunk.

They Walk Among Us!

I couldn't find my luggage at the airport baggage area and went to the lost luggage office and reported the loss.

The woman there smiled and told me not to worry because she was a trained professional and said I was in good hands. 'Now,' she asked me, 'Has your plane arrived yet?'...
(I work with professionals like this.)

They Walk Among Us!

While working at a pizza parlor I observed a man ordering a small pizza to go. He appeared to be alone and the cook asked him if he would like it cut into 4 pieces or 6. He thought about it for some time then said 'Just cut it into 4 pieces; I don't think I'm hungry enough to eat 6 pieces.'

They Walk Among Us!

Dumb as a box of Rocks

TRUE STORY:

A noted psychiatrist was a guest speaker at an academic function where a noted politician happened to appear. The politician took the opportunity to schmooze the good doctor a bit and asked him a question with which he was most at ease.

'Would you mind telling me, Doctor,' the politician asked, 'how you detect a mental deficiency in somebody who appears completely normal?'

'Nothing is easier,' he replied. 'You ask a simple question which anyone should answer with no trouble. If the person hesitates, that puts you on the track..'

'What sort of question?'

Well, you might ask , 'Captain Cook made three trips around the world and died during one of them. Which one?'

The politician thought a moment, and then said with a nervous laugh, 'You wouldn't happen to have another example would you? I must confess I don't know much about history.'

Sadly, they walk among us!

