

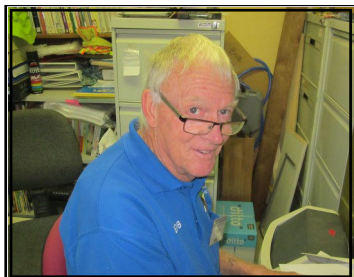


Joondalup Mens Shed

Bench Press

August 2019

Editor Merv Pearce



Presidents Report

This is my last report as President. Merv will be very pleased that he doesn't have to chase me to get a report done at the end of each month. Thanks Merv for your patience and the great job you do in putting out the Bench Press.

I've enjoyed playing my part in keeping the Shed running. My best wishes to the new committee as they take over.

I'd like to thank all the members who have helped in any way during the year. We are a group of volunteers, the more we help each other the better. Two members have done a lot for the shed and deserve special thanks. **Thank you to Michael as Treasurer and John as Secretary.** You have kept things running smoothly.

Other members to thank are, Ron Slavin as market organiser, Graham Duffy as projects organiser, Norm Jones as maintenance man, Ian McCallum as data collector, and Rob Hansen as shed manager. Also thanks to Bernie Egan for taking on my job while I was away.

Without Supervisors the shed wouldn't be able to operate. Thank you for your support over the year. Sausage Sizzles are one of our best money earners so thanks go to those members who have supported

us at the sizzles and preparation.

The City of Joondalup has advised us that they now have their proposals for changes to put before the Building Committee as soon as possible. The City of Joondalup has called tenders for their new maintenance depot so things are starting to move. We'll keep you informed of any developments.

We have seen a drop off of members in the workshop. This has meant the closure of the shed on Monday and Friday afternoons.

Our efforts to provide lunches on a Tuesday had to be cancelled due to lack of support. I know some members were very sad to see this ending.

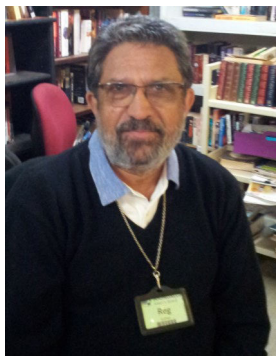
Our AGM this year sees some new faces on the committee. Give them your support as they settle in to their new jobs. If you can see an area that we need to improve, talk to us. We need to keep a happy shed with happy members. The shed exists to help and support our members.

I have appreciated your support over the last year. A couple of bike crashes hasn't helped me to fulfil my role as I would like. Thank you for filling in for me.

Bob Allen



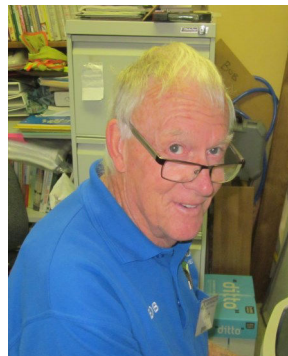
Introducing your Committee members for 2019/20



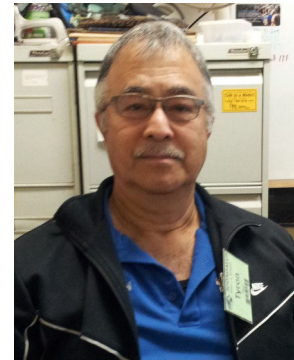
Reg Luther
President



Michael Robinson
Vice President



Bob Allen
Secretary



Tyron Paul
Treasurer



Jim Douglas
Shed Manager



Merv Pearce
Bench Press Editor

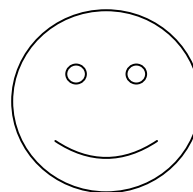


Photo unavailable at
time of publication

Crawford MacLennan
BBQ Manager



Norm Jones
Maintenance Manager



Tony Brewer
Planning, Safety & Training



Ron Slavin
Sales & Marketing



John Spence
Membership Manager

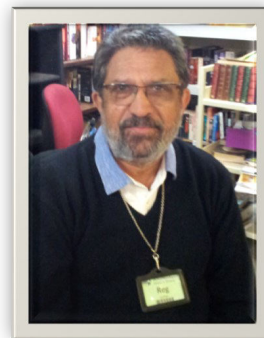


Graham Duffy
Special Projects Manager



Editorial from the newly elected President:

Reg Luther



It is with profound humility that I acknowledge the JMS election result for the year 2019-2020 and accept the honour to represent the membership. As the membership year starts anew, we have brought in some familiar faces and some new nominations to newly created management positions for the JMS. Our gratitude to our past committee position holders, who have strived to make this a better place for all Blokes and contributed towards the community at large. Our past president, Bob Allen, has led admirably and his efforts, these many years, cannot be left unmentioned. His tireless leadership in all facets of the shed management has left a vacuum in the ability of those who pick up the mantle of leadership. A difficult task at best!!

This new structure of the “committee” would help in decentralizing the authority from top down to be more laterally orientated, whereby each member is authorized to work within the duties assigned to that position and eventually be more transparent and accountable for the role. This serves the purpose of independence and more leeway to develop the scope of the positions, by selecting sub-committees, to better organize and involve as many members to the responsibilities of the day to day working of the shed. This will also promote more participation, incentive and consequentially development of future leadership roles for the members.

The future holds some projects that are quite daunting in their negotiations and fruition of our desires, albeit some may not be to our expectations. We must be in a position to quantify our expectations and resolve those that are contrary. The new home is one such task that we must negotiate in good faith to be able to secure the tenancy of our premises.

The safety issues are another aspect of our shed that must ensure better training, work ethics and developing a safe working culture. Suggestion from the general membership would be most welcoming, considering that all members have been “experts” in their previous work place environments.

When people tell you something's wrong or doesn't work for them, they are almost always right. When they tell you exactly what they think is wrong and how to fix it, they are almost always wrong.” – Neil Gaiman

Law of the Theatre & Sports Arena -

At any event, the people whose seats are furthest from the aisle, always arrive last.

They are the ones who will leave their seats several times to go for food, beer, or the toilet and who leave early before the end of the performance or the game is over.

The folks in the aisle seats come early, never move once, have long gangling legs or big bellies and stay to the bitter end of the performance. The aisle people also are very surly folk.

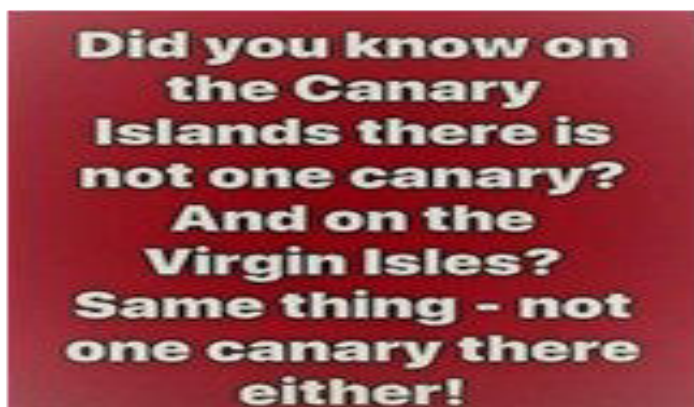
Attendance Statistics for July 2019 Compiled by Ian Mc Callum

Period	Week Start	Week End	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.	Sun.
Week 1	01-07-19	07-07-19	14	31	36	29	22	3	0
Week 2	08-07-19	14-07-19	17	52	42	22	21	0	0
Week 3	15-07-19	21-07-19	21	51	47	33	6	1	0
Week 4	22-07-19	28-07-19	24	40	54	29	25	0	0
Week 5	29-07-19	31-07-19	20	45	36	xxxx	xxxx	xxxx	0
Total			96	219	215	103	74	4	0
Working Days	21								
Weekly Average			19.2	43.80	43	25.75	18.5	2	0
Total for the Month		721							
721/21									
days	34.43	men per day							
Sat. 6th			9	Ladies					
Sat. 20th			6	Ladies					

When signing your name in the attendance register please print your name clearly and make sure that you are signing under the correct date on the page. Sometimes the pages in the book can be blown out of order by the wind.



The Joondalup Men's shed held the annual general meeting on Tuesday 13th August. The meeting was well attended by 58 members. A new committee was elected (you can see who on page two)



Winton Road

The building committee met with two staff of the City of Joondalup last Wednesday at the Winton Road site. Plans were presented with different options. The sheds needs were discussed with them and they will be coming back with some more options. The meeting concluded with a tour of the premises.

The total number of
members
as at August 2019

160

10 Associate members

Shed Activities and Projects

The Management of the Kingsway Markets had problems with some vendors vehicles entering the site bottoming out on the kerbing at the entrance. We were asked if the shed could build some ramps to solve the problem. *No problems*, in no time we had two ramps made, portable of course so that they can be removed after the markets and stored so that they can't be pinched. Bottoming out problem solved.



Rob Morgan making the ramps.
Will they do the job?



They sure will, they were given the full test with our own ute and trailer.



The shed received an order for a special jigsaw board with built in draws each side for the bits and pieces. Who else but our dynamic duo George Raycos and Hedley Bond (pictured) to do the job, and a fine job at that.



Hats Off



To Norm Lake who can often be seen washing up those dirty mugs and dishes that are left on the tables and in the sink.



Trevor Thackray
Trevor reached 92 years of age on August 7th. Congratulations Trevor on reaching a great milestone.



.Albert Daly was missing from the shed for a few weeks suffering from a stroke. Albert has recovered nicely and is now back attending the shed and doing a great job doing shed projects.

It is intended to have a weekly report to be emailed to members on shed activities to inform all of any activities that may be of interest. The reports will be published in the Bench Press at the end of each month.

First weeks briefing for the shedders on the shed activities

It is not sufficient to give a brief to members on “some” days of the week, where others might miss out on what was said. A weekly summary of discussions is enclosed for members who may have missed out due to their absence.

Certain issues were put forward to the members of the shed that touched on the safety aspect of the machinery being used on the premises. The suggestions from the floor was to appoint a mentor system whereby the new members, inducted into the shed, would be introduced to the machines and correct and safe procedure that we practice. The suggestion was put to the members to volunteer for the mentorship with a few indicating their interest in the scheme. This would eliminate unsafe practices that are sometimes observed in the operations of the machines. One particular case was brought to the notice of a member “hot wiring” a machine that could have had disastrous consequences.

The members were requested to suggest any punitive action that could be in place for those members who violate the safety procedures and rules of membership rules. Please send in your suggestions for the committee’s consideration

John Spence, our Membership Manage, had followed up on the loss of membership and to ascertain the cause of members not exercising their renewals. It is sad to receive some replies that pertained to “unfriendly” atmosphere in the shed that ostracized new comers and was not cognizant of our Motto, **“Blokies Building Better Communities!”** Please extend a welcome to any visitor or new members. Perhaps it would be a good suggestion for the new Members to be identified and give a brief introduction. We do recognize the new additions via the bench press, but perhaps a personal touch would be **G’Day** as an icebreaker. One such reply was the use of the Shed’s facilities for personal use. We do not necessarily restrict the use of shed’s tool for personal use but **ONLY** if a contribution towards the Shed’s domestic projects are made. But using the Shed’s facilities for, **ONLY**, one’s personal use is considered a selfish reason for membership, taking into account the wear and tear on the machinery. A proposal is in effect to put a levy on such purposes.

September Birthday Celebrations



Kevin Banham	Dennis Monahan
Robin Bodilly	Ian Prothero
Geoff Chantler	Dusan Sorger
David Frankland	David Urquhart
Bruno Hauser	Bill Letch
Chick Hoath	Keith Lorraine
Crawford MacLennan	Adam Wood

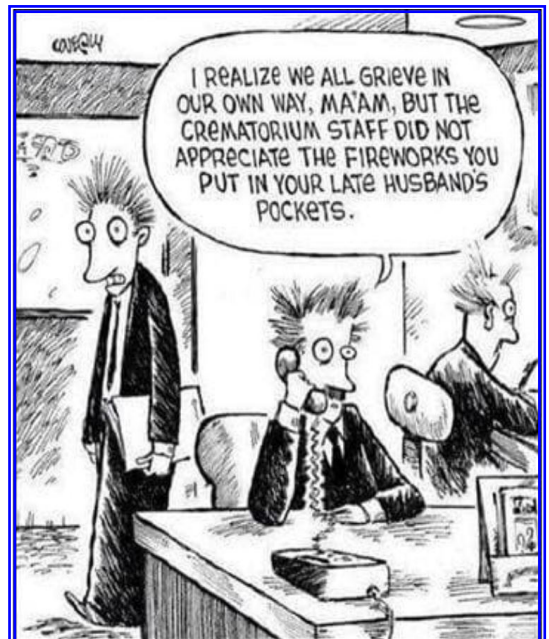
Many happy returns
to you all

New Members

*Denis Derry
John Chapman
Ross Letch
Colin Pond*

*Jordan Lima
Dieter Arends
Malcolm Johnson
Michael Albury*

A hearty welcome to the shed gents, we hope that you join in the activities with our members and all that the shed offers socially and in the work shop.



Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officer John Summerfield. John will make enquiries and visit if necessary and keep Shedders informed.

John Summerfield Mob. 0432 032 461 email sumtrade@primus.com.au

Coming Farmers Markets



Joondalup Markets Saturday 14th September

Kingsway Markets Saturday 28th September

Poynter Markets Saturday 5th October

Kingsway Markets Saturday 19th October

Stirling Markets Sunday 27th October

Joondalup Markets Saturday 2nd November

Mosman Park Markets Sunday 10th November

Poynter Markets Saturday 16th November

Joondalup Markets Saturday 7th December

Stirling Markets Sunday 22nd December



It gives members great joy when we see children walk away from our stall at the markets clutching on to a wooden toy made at the shed and purchased by their parents .

This little girl gave her recently purchased dolls cot (meant really only to hold dolls) a good trial by sitting in it and rocking, it passed the test.



Sausage sizzles

Volunteers will be required for the coming
sausage sizzles

Bunnings Joondalup

Friday 30th August

Sunday 15th December

FAMOUS GROUSE

I went to the Bottle Shop to buy a Famous Grouse,
and put it in a plastic bag to carry to my house.
I put the bag upon the hook, where bags are usually hung,
on my bicycle, in readiness, for when trip home was begun.

I thought if I fell off my bike, the bottle it might break.
So I drank it before cycling off, for my safety's sake.
I made a good decision. When I went back to my house
I fell off seven times, but I saved the Famous Grouse!

Jem Shorland Mar 2018



Welfare Officers report

Our former chairman Bob Allen, still wrapped in his neck brace displays much bravery and courage in his patience with his burden and can't wait to get back on a bike. This dimension is a lesson to all of us. You have our very best wishes to soldier on Bob .

Robin Bodilly has just called me back, to say he is not well and receiving treatment. He sends his thanks to the “ Shed “ for their concern and interest.

Kevin Banham has on going health issues but is braving up to them.

Gil Marnham is slowly improving but slowly is the operative word.

Les Hendon is feeling better and has the great support of Norma his wife.

It has been difficult contacting our unwell members , three out of three “ answering machines” received. And so here are some funnies especially for those unwell fellows to cheer up your spirits.

These two Irish astronauts land on the moon. One opens the capsules door and says “ I'm going for a walk to look around. The others says , “ ok, I will make checks for our return to earth. Half an hour later the walker comes back and knocks on the door. “ Who's there “ , says his mate inside. !!

A little girl wandered into the bathroom whilst her mother was getting out of the bath, and sais “ mummy, why is your tummy so big ?” “Well, you see, said her mother, Your daddy has given me a baby” Downstairs later on the girl says to her daddy . “ Daddy, mummy says that you have given her a little baby ! “ “Yes “ says her dad with a big smile on his face . Well, says the little girl , “ I think she has eaten it ! “

Hearing that London Zoo was in danger of closing down, an Irish visitor to London decided to pay a visit. He stopped in front of the kangaroo cage and appeared to be fascinated by the animals . “ Do you have a special interest in these ?” asked a passing zoo attendant. “ I do that “ said the Irishman, pointing to the notice on the cage which read; NATIVE OF AUSTRALIA . “ my sister wrote home saying , she had married one . !

Suzanne the maid was leaving to get married. “ I'm very pleased for you, Suzanne “ said her mistress, you will have it much easier now that you're getting married.” “ Yes madam, “ said Suzanne , “And more frequently too I hope.”

How old are you Grandma, asked little Samantha. “ oh, I don't know, dear , sais Grandma with a smile. “ I've had so many birthdays, I've lost count !”, “Well , why don't you look on your knickers, “ said Samantha. “ mine say three to four years old. “

John Summerfield

Standard Operating Procedures for the Joondalup Men's Shed (Inc.)

For the information and guidance of all shedders (Continued)

Part 4. HOUSEKEEPING

1. Barbecues

Barbecues are available for shedder's use on shed premises. Note that care must be taken to ensure fat and grease isn't spilt on floors or paths. Barbecues must be used outdoors and away from combustible materials. A fire extinguisher should be kept nearby and the barbecue must be cleaned and returned to the appropriate storage area after use. A full gas bottle must be on hand at all times.

2. Cleaning

It is the responsibility of **all shedders** to ensure the shed is kept clean and tidy. This includes, the shedder's meeting room, workshop areas and computer room.

Full or partially full rubbish bins must be removed from the JMS each day and emptied into the skip bins at the rear of the shed.

3. Food

Food scraps and unwanted food must not be left to attract pests and rodents and unwanted food must be removed from the refrigerator and disposed of.

4. Microwave

Shedders are requested to consider others when using the microwave oven in the Shedder's lounge and ensure it is left in a clean condition. If anyone has any doubt as to how to use this appliance safely and effectively they should request assistance.

5. Purchasing Consumable Items

Milk, tea, coffee, sugar and other consumable food items will be purchased on account by the Director of Membership or his assigned member. Cash for purchases may be obtained from the JMS Director Finance and Planning.

6. Refrigerator

The refrigerator must be kept clean and care taken not to leave unwanted and unused foodstuffs to rot and fester. Shedders are asked to cooperate in this respect and not expect someone else to clean and defrost the 'fridge. If you notice it needs cleaning or items need to be discarded, please accept this as part of your responsibility to the smooth and efficient running of the shed.

7. Rubbish

Bins should be emptied daily prior to close of business and every shedder is expected to accept this as part of their responsibility to the shed's operation. In the interests of hygiene and to prevent rodents, cockroaches and other pests becoming a problem, do not empty food scraps in rubbish bins without wrapping them in newspaper or placing them in a sealed plastic bag.

8. Shedder's Community Room

The Community room is a communal relaxation area. It is often used to entertain visitors and guests. Its state of tidiness and cleanliness will be a direct reflection on every shedder and the

professionalism of the shed.

Shedders are expected to maintain this area to the highest possible standard and not use it as a repository for junk and other items that do not belong including, tools, clothing, equipment or other items associated with the running of the shed.

Dirty cups and utensils must not be left lying around the lounge, spills and stains should be wiped up immediately they occur

Anything left in this area that does not belong may be dumped in the rubbish.

9. Toilets

Toilets and showers are provided for the use of shed members, so please consider your fellow shedders when using them and leave it as you would like to find it, or better.

10. Tea and Coffee Facilities

A constant boil and automatically refilling urn is provided by the JMS for the use of all shedders and visitors.

Tea bags, coffee, milk and sugar are also available and members are required to make a \$2 donation each time they attend the shed to cover costs.

11. Work Areas

Think safety! Don't create hazards by leaving tools and materials where others may be injured. Work areas must be maintained in a clean tidy condition when not in use. It is the responsibility of every shedder to put tools and equipment away after use, sweep the floor, empty shavings and other rubbish in the skip bins provided and treat store rooms in a similar fashion.

Part 5. PROCEDURES AND PROTOCOLS

1. Borrowing Shed Equipment

Generally speaking; machinery, tools or equipment must not be removed from the shed for personal use.

Permission must be sought from the Duty Supervisor or a JMS Committee member to borrow machinery, tools or equipment. If permission is granted, each item must be carefully recorded in the Borrowed Equipment Register showing the date loaned, the name and contact details of the borrower, the condition of the item/s and the expected date of return. The Borrowed Equipment Register shall remain in the possession of the Duty Supervisors. It is the responsibility of the Shed Supervisor to check once per week that borrowed items have been returned and if not then advise the Director of Finance the cost of the item so an Invoice can be raised against the member.

2. Computers - Usage Policy

Networked computers at the JMS are provided for the specific and sole purpose of facilitating the conduct of supervised computer training courses and their use by any person is restricted to participation in that activity. Excepting that:

This restriction does not apply to members of the Computer Administration sub-committee who have unfettered access to all JMS computer systems.

This restriction does not apply to the Executive Computer, use of which is restricted to the Executive Management Committee group who are permitted unfettered access to that computer.

When clearly identified standalone computer systems are provided for the purpose they may be used by members for unfettered personal recreational purposes within the terms of this policy. These standalone computers will not include internet or printer access.

All persons using JMS computer systems must ensure that their usage is, at all times, lawful,

authorised and appropriate. (Usage is considered inappropriate if it involves pornography and/or violence in any form or could expose the JMS to litigation and/or criticism. Further clarification regarding inappropriate usage may be obtained from the Computer Systems Administrator or the Membership Manager)

The installation of illegal or unauthorised software on JMS computer systems is prohibited.

The connection of unauthorised hardware to the JMS computer system is prohibited.

Unauthorised change to any JMS computer system software, hardware or related equipment is prohibited. All changes to and/or enhancements of JMS computer systems must be authorised and facilitated by the JMS Computer Systems Administrator in conjunction with the JMS Executive Management Committee

3. Stand Alone Computers

If computers are provided for general use outside the Library/Admin area they will be classified as “Standalone Computers” for the purposes of the JMS Computer Use Policy. These computers are provided for the unfettered personal recreational use of members within the terms of the JMS Computer Use Policy.

Personal data is not to be permanently stored on the hard drive of these computers. Any personal data found on these computers may be deleted by the Computer Systems Administrator without notice to users.

It should be noted that these computers do not have internet access or printing facilities.

It is the user’s responsibility to ensure they are familiar with the JMS Computer Use Policy prior to using these computers.

Any queries, problems, suggestions or comments relating to these computers should be directed to the Membership Manager

4. Networked Computer

The Networked Computer is provided for the specific and sole purpose of facilitating supervised computer training courses.

The use of this computer is restricted to participants taking part in a supervised computer training course.

5. Executive Computer

An executive computer is provided for the specific and sole purpose of facilitating management and administration of the Joondalup Men’s Shed. The use of this computer is restricted to members of the Executive Management group.

6. Donations (tools, equipment etc.)

The policy of the JMS is to accept most donations of useable material (timber, timber off-cuts, steel, bolts, screws etc.) machinery, tools and workshop equipment.

Items such as tools, computers, bicycles, household appliances, furniture and other items will be evaluated by the Duty Supervisor to assess their suitability for restoration or repair and whether the item will be of value for JMS use, donation to someone in need, or re-sale for fundraising purposes.

The donor of such items should be asked to sign an attached Asset Donation Agreement.(Appendix B)

7. Fund Raising Activities

Various fundraising activities will be undertaken by the JMS from time to time. These may be “one off” events or long term projects.

All fundraising activities must be approved by the JMS Committee to ensure they are in keeping with the aims and objectives of the JMS.

Shedders are encouraged and invited to put forward any suggestions for consideration and approval.

8. Cash and Gifts (and monetary donations)

All gifts and monetary donations to the JMS must be logged in the Cash & Gifts Donations Register, witnessed by a second party and the donor’s name and contact details recorded to enable the issue of an official JMS receipt by the Treasurer. Cash and cheques must be stored in the shed safe until banked by the Treasurer.

9. Official Correspondence

All letters and correspondence to third parties on behalf of the JMS must be on approved JMS letterhead and signed by a member of the JMS Executive. This rule is necessary to ensure compliance with JMS policy and standards of professionalism.

To be continued in September Bench Press

Weekly Briefings (continued from page 6)

The newly elected committee members are in the process of getting to know each other and perhaps recognizing the positions they hold and the discharge of the duties that go with the office. On Thursday, 22nd, the committee is getting together for one such social and hopefully we can bring you all up to speed on the proceedings.

There is a misconception about the use of the shed’s UTE; the General Secretary briefed the members that there is a committee ruling, carried forward from previous years, that the use of the UTE would be restricted for Shed's duties ONLY. The reason was the insurance liability and ownership of damage done to the UTE while being used for individual use. The Shed Manager and Project manager **will** enforce this ruling.

Our gratitude to members who volunteer to keep the premises clean and the dishes, left around by others, washed and stacked. Please, Please look after your own dirty dishes and utensils.

Future briefings will include some comments from the relevant office holders and give a first hand summary of the weeks activities.



Law of Physical Surfaces -

The chances of an open-faced jelly sandwich landing face down on a floor are directly correlated to the newness and cost of the carpet or rug.