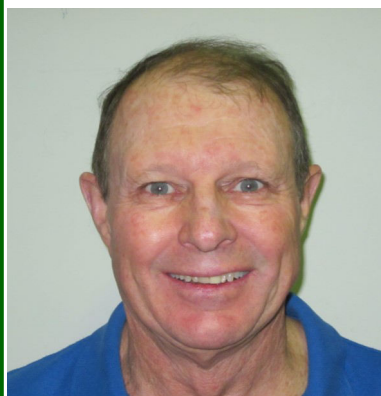




# Joondalup Mens Shed Bench Press May 2019

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## *Vice Presidents Report*

As Bob Allen is away in the UK I am acting President until Bob returns on 21<sup>st</sup> May.

Overall there hasn't been much activity while I have been in the President's chair as I was away overseas for a week also and had to catch up with whatever was happening when I got back.

However myself and others of the Winton Road Building Sub-Committee met with Sheree Edmundson from City Of Joondalup on Wednesday 8<sup>th</sup> May to discuss our plans to expand the new shed site.

Sheree's opinion is that our plans include too much and that we would be unable to obtain sufficient funding from Lotteries West to do all the work.

Sheree agreed to help wherever she can and will discuss our plan with City of Joondalup technical staff to provide us with an estimate of costs plus suggestions for other options. Tony Brewer agreed to look at reducing our current plan.

We asked for volunteers to take responsibility to keep the amenities area clean by washing dishes, putting cups and crockery away, sweeping the floor and keeping tables clean. Although we had only a couple of volunteers I am confident others will help out.

We are still experiencing difficulties with our parking area and members are asked to be sensitive when talking to any non-Shed drivers parking in Shed bays.

Ron Slavin has been able to secure us a community stall at the new Kingsway Sporting Club Fresh Markets that opened on 4<sup>th</sup> May. We can attend on two dates so far. It looks like the markets will get bigger as they become more well known.

Rob Hanson is investigating a problem we have with our sausage sizzles at Bunnings Joondalup as the day was double booked and we weren't able to operate our stall the last time we were booked in.

Bernie Egan  
Vice President  
Joondalup Men's Shed

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# Shed Activities and Projects



Bill Featham putting the finishing touches to the toy garages destined for sales at the markets



Patrick Hadley holding his model of a Lancaster bomber. Patrick has built several types of aircraft which are very popular with children. The planes always sell well at the markets



Jamie Arnett painting drink coasters



This is a new design for one of Franks picnic tables. The table has a removable chalk board on the top for children to draw. This design will be tested at the markets and if successful, more will be produced.



**HAVE YOU HAD YOUR FLUVAX YET?**  
THE HEALTH DEPARTMENT HAS INDICATED THAT THIS WINTER  
WILL BE A BOBBYDAZZLER FOR INFLUENZA.

**NOT MEANING TO BE UNSOCIABLE BUT IF YOU HAVE  
ANY SYMPTOMS OF A COLD OR FLU, PLEASE STAY  
HOME SO THAT YOU DON'T PASS IT ON TO YOUR  
MATES AT THE SHED.**

## **STANDARD OPERATING PROCEDURES FOR THE JOONDALUP MEN'S SHED**

*All members should be aware that the Joondalup Men's Shed has a Standard Operating Procedures document. It is a document containing the rules of the shed. The document is of 47 pages, far too many to publish in one newsletter and you would be most likely bored having to read through that many pages in one go. Excerpts from the document will be published every month in the newsletter to keep you informed of the shed rules.*

### **Community Projects (Steps to follow)**

All requests for JMS products or services must be channelled without delay to the Shed Organiser who is responsible for the coordination of all shed workshop activity.

The member receiving the request will record the job details on a Job Sheet (see Appendix H) and file a copy in the Projects Folder. The Shed Organiser will issue the next consecutive job number to the particular job.

The Shed Organiser will canvass shedders for a suitably qualified volunteer to examine the job and evaluate it as to materials required, time involved, actual cost and feasibility etc and to report back by an agreed date.

After the job has been evaluated, the Shed Organiser will decide whether or not to proceed with the request. If the job is unsuitable for any reason, he should make a notation on the Job Sheet and advise the prospective client the reason for refusal. If the job is within JMS capabilities, he should record the price to be quoted on the Job Sheet (which should include a minimum mark up of 30%) and liaise with the client for approval to proceed based upon the price quoted.

Any materials required are then purchased and paid for.

The volunteer/s should complete the task, get the client to inspect and sign off that it has been satisfactorily completed and report back to the Shed Organiser.

The Shed Organiser will arrange with the treasurer to issue an invoice (see Appendix I) and record the invoice number beside the job to show that it has been completed.

The Treasurer will check the Project folder periodically to ensure invoices have been issued for all work and payments have been received.

Under certain exceptional circumstances the JMS may choose to perform work on a "cost only" basis or free of charge. In such cases the above evaluation and invoicing procedure should still be adhered to but invoices should be endorsed, "Material and labour costs only" or "No charge levied for materials or services." In such instances clients should be encouraged to make a voluntary tax deductible donation.

### **Personal Projects**

JMS shedders may use shed tools and equipment for personal projects but must first seek permission from the Duty Supervisor or the Shed Organiser. Generally speaking; permission will not be refused provided the project does not adversely impact the day to day operation of the shed, the enjoyment of the shed by other shedders, or the ability of the JMS to handle community projects. **Note: Community and fundraising projects will have priority over personal projects.**

## Attendance Statistics for April Compiled by Ian Mc Callum

Period	Week Start	Week End	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.	Weekly Total
Week 1	4/1/2019	4/7/2018	??? 0	23	35	31	24	2	0	115
Week 2	4/8/2019	4/14/2019	15	51	43	31	23	3	2	168
Week 3	4/15/2019	4/21/2019	23	40	36	11	15	0	0	125
Week 4	22/04/1019	4/28/2019	6	44	34	Anzac	20	2	0	106
Week 5	4/29/2019	4/30/2019	21	29	0	0	0	0	0	50
Total			65	183	114	73	83	7	2	
Working Days	20									
Weekly Average			13	36.60	28.5	24.33	20.75	2.333	2	564
Total for the Month			564							
Sat. 13th			8 Ladies							
Sat. 27			9 Ladies							

*When signing your name in the attendance register please print your name clearly and make sure that you are signing under the correct date on the page. Sometimes the pages in the book can be blown out of order by the wind.*

The total number of  
members  
as at April 2019

**243**

**And 11 associate  
members**

Please note that your membership subs  
are due by the end of July

You can pay by cash, cheque, or credit  
card (Michael Robinson has an eftpos  
machine) or direct debit in to the JMS  
bank account.

The banking details are.

Bendigo Bank

BSB 633 000

Account number 141336743

Please ensure that you enter your name  
in the details section.

## Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officer John Summerfield. John will make enquiries and visit if necessary and keep Shedders informed.

John Summerfield Mob. 0432 032 461 email [sumtrade@primus.com.au](mailto:sumtrade@primus.com.au)

Problems connecting to the NBN was discussed at morning tea on a recent Tuesday. One does not have a choice whether to connect or not. Many are concerned about connecting. Thanks to Reg Luther our computer Guru for supplying this article. I hope it will be of help.

## Guide to the NBN:

### What is the NBN

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The National Broadband Network (NBN) is an Australia-wide project funded by the Federal Government to provide all homes and businesses with a fast, reliable connection to the internet.

### WHEN CAN I GET THE NBN?

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You will be notified of the NBN availability in your street, however, there's an easy way to find out when you'll be getting it. Simply enter your address in NBN broadband search, and you'll get an estimate of when it will be rolled out in your neighbourhood, and show you comparable ADSL, cable or wireless broadband plans you can sign up for in the meantime.

#### *NBN speeds: The maximum Speeds on Plans*

Tier	Maximum Download speed	Maximum upload speed
<a href="#">Basic (NBN 12)</a>	12Mbps	1Mbps
<a href="#">Standard (NBN 25)</a>	25Mbps	5Mbps
<a href="#">Standard Plus (NBN 50)</a>	50Mbps	20Mbps
<a href="#">Premium (NBN 100)</a>	100Mbps	40Mbps

The speeds in the table are the maximum speeds you can get on these plans. However, the actual speeds you get at home will still be dependent on:

1. The NBN plan and provider you subscribe with.

Congestion during peak hours (this is what is meant by '[evening speeds](#)')

It's also important to note that your NBN speed is a shared resource. If you subscribe to an NBN 50 plan, your 50Mbps is shared between **every** person and **device** in your household

### How much does the NBN cost?

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The National Broadband Network will be installed at your home free of charge. However, you will have to pay for an NBN plan to cover your monthly usage.

The price of **NBN plans** is always changing, but you can expect to pay somewhere between \$60 and \$100 per month for your connection. Some **cheap NBN plans** can even push the price below \$50 per month, although with these plans you tend to make a sacrifice on speed or data allowance.

## Installation and set-up costs

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Depending on the kind of NBN plan you take up, you may need to pay your provider an installation or hardware fee; **no-contract plans** are more likely to incur these costs than a 12- or 24-month agreement.

In addition, if you are connecting a newly developed house to the NBN, and there has never been any telecommunications services connected to the property before, the NBN will charge your service provider a once-off \$300 contribution fee, which may then be passed on to you as part of your set-up costs.

## How do I connect to the NBN?

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Across Australia there are teams of installers working to connect every home to the network. In most cases, this involves laying fibre optic cables under the street, actually connecting to the NBN, including all of the necessary equipment external to your premises, **is completely free**. You don't need to do anything until it is time to [choose a new NBN plan](#).

The current Federal Government has committed to building a mixed technology network. This means that, depending on where you live, you may be connected using one of seven different ways.

Here are the NBN connection types and the break-down of how many Australian homes and businesses are likely to use them.

<a href="#">Fibre to the Premises</a> -	approx 19%
<a href="#">Fibre to the Node</a> / <a href="#">Fibre to the Building</a> -	approx 40%
<a href="#">Fibre to the Curb</a> -	approx 12%
<a href="#">HFC Cable</a> -	approx 23%
<a href="#">Fixed Wireless</a> -	approx 4%
<a href="#">Satellite / Sky Muster</a> -	approx 1.5%

Importantly, you **don't** get to choose which technology is used to connect your home to the NBN. The NBN should notify you as to which technology type is being used in your area. Although NBN Co builds and owns the network, you'll be buying access to it from an internet service provider such as Optus, Telstra, TPG, iiNet or Dodo etc.

## Got slow NBN?

If you're already connected to the NBN and you're not happy with its performance, there are a number of possible reasons, including:

- Your home's distance from the node
- Congestion on your provider's network
- Wrong speed tier on your plan
- The equipment (router) provided
- Number of devices connected to the Router, LAN, Wireless or both
- Type of connection to your devices (via LAN cable or wireless)

The connection speed of your computer or devices hardware.

Short answer? Yes. As briefly discussed above, if you're not happy with your NBN connection at home, you do have the option to switch to mobile broadband instead.

Mobile broadband is a term that refers to an internet connection delivered over a mobile network – the same networks utilised by your smart phone. Because it doesn't require a fixed line connection, mobile broadband essentially bypasses the NBN to get the internet into your home.

Because mobile broadband data is relatively more expensive than NBN data, it is not recommended, unless you are truly unhappy with the NBN at your house. It's also important to note that the quality of your mobile broadband connection is dependent on mobile signal. If you don't get good mobile reception at your house, mobile broadband is probably not a good option.



### *Welfare Officers report*

I've managed to get in touch with Kevin Banham. He is in a poor way and struggling. I will visit him and chat a little this arvo. I would like to appeal to any member to call and visit him as he has virtually no one and sorely needs our support just by way of a visit and a chat. Feel welcome to call me for his contact info.

*John Summerfield*



## Aluminium

## Aluminium cans

**Next year the State Government will be introducing a 10 cent charge on aluminium cans. Your committee discussed that this could be a good fund raiser for the shed. But why wait until then, the cans can already bring in some cash so if you ever have any you throw out in your recycle bin bring them in to the shed and drop them in the container situated near the office.**

**Next thing, would any one like to volunteer to take the cans to a receiving depot ?**

# June Birthday Celebrations



Bob Allen	Gerrick Huxtable
Frank Buzz	Colin Knight
Alexander Chisholm	Frank McGrath
Albert Chong	Cory Pilkington
Robert Drury	Bob Roach
Dave Ginger	Nic Romney
Rob Hansen	John Spence
James House	

**Many happy returns to you all**



## Poorly understood laws of physics

### Law of Random Numbers -

If you dial a wrong number, you never get a busy signal; someone always answers.

### Variation Law -

If you change supermarket lines (or traffic lanes), the one you were in will always move faster

### Law of the Result -

When you try to prove to someone that a machine won't work, IT WILL!!!

# Coming Farmers Markets

## Joondalup Mens Shed



Poynter Markets Saturday 1st June  
 Kingsway Markets Saturday 8th June  
 Stirling Markets Sunday 23rd June  
 Poynter Markets Saturday 27th July  
 Poynter Markets Saturday 5th October  
 Poynter Markets Saturday 16th November



## Sausage Sizzles

Volunteers will be required for the coming sausage sizzles

### ***Bunnings Joondalup***

Friday 14th June  
 Friday 30th August

### ***Bunnings Whitfords***

Monday 3rd June  
 Friday 12th July

Contact Rob Hansen to volunteer  
 Volunteers urgently needed for this Monday



"You told me to hang your mother's picture in the hallway."



"I told you it wouldn't stay up there."



"It's hard to believe you've never put up wallpaper before."

## ALL HANDS ON DECK

Last Tuesday it was great to see a terrific response to President Bob's call during the morning tea break for volunteers to help remove timber and other junk from around the big sea container in the compound which was due for removal. A dozen or more hopped to it and in no time the job was complete.



## WHAT DO SOME SHEDDERS DO WHEN THEY AREN'T AT THE SHED?

This shedder who shall remain nameless was recently seen at Elizabeth Quay riding the merry go round.

