



Joondalup Mens Shed

Bench Press

September 2018

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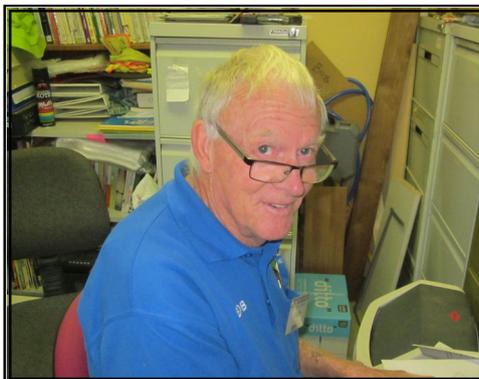
Presidents Report

September Report. 2018

Following our Annual General Meeting a few new members are on our committee. It's good to see some new blood. I look forward to working with them to be able to finally move into our own facility. I'm hopeful and pretty confident that the City should progress our case in the next month. We have to have time to plan what we are moving into and how we are going to set up a new shed. It's important that we have enough space to have wood and metal workshops as well as room for our most important get together room, big enough for our members. Our membership continues to grow and we notice how cramped things are becoming. I'm sure that the council is aware of how important it is for a us to have ample time to move by the deadline of the end of December 2019.

We continue to get requests for various projects to be undertaken. Some of them are Tepees for two schools, adventure playgrounds, trays for carrying produce to a growers market, library boxes, chook pens, flag cases among many others. Some of our members are turning out some great things on their own behalf. I've seen some great designs on bread boards, woodturning of a very high standard, bookshelves, gates and large rocking horses and a very detailed toy plane to go the grandchildren in Germany. Chris is moving closer to getting that model sailing ship finished. It's a very intricate job.

It is also great to see toys being continually turned



out for our market stalls. Frank continues to keep Ron and his team getting picnic tables to sell.

Sanny entertained the Regent Gardens men's group with his boomerang paper planes when a group of our members attended a sausage sizzle. This

event was planned by the staff to allow their clients to mix with our men. For once Tom Daly 2 was able to sit and watch the sausages cook. He was able to keep the group entertained with his stories.

Thanks to Tom Daly 2 for his efforts with the sausage sizzles. This is a big job and needs to be done by more than one person. We need to work out the best ways to spread the workload to make it a more enjoyable event for everyone. Thanks to those members who have helped with the sausage sizzles.

Any projects to be done by the shed need to channelled through Rob Hansen and Graham Duffy. They will organise to get the job done.

It was good to see John Spence back after a very enjoyable couple of months travelling and catching up with family. Welcome back to all the grey nomads Best wishes to those not enjoying the best health or having repairs done. I'll be away for the next few weeks catching up with family. It will be great to spend time with our New Zealand grandsons. Bob

Joondalup Mens' Shed Library.

Stephen Thatcher



We are very lucky to have such a comprehensive Library at Joondalup Mens' Shed. The book titles are varied and available to all our Members.

There is no need to 'join' the Library as books are there to be used by everyone and can be borrowed at any time. You don't need to let anyone know if you want to take books home, all we ask is that you bring them back for others to enjoy. However, if you keep them and are found guilty, you may get a long sentence!

The Library blossomed from the books which were left when we took over the premises from the old Padbury High School. Since then many titles, not being used by Shedders, have been donated to various Groups. There are many Biographies, War

Books and even Science Fiction for those who are interested. Woodworking and Metalwork are both well covered by Magazines as well as books.

I found some of the Biographies very interesting which include the following:

Ian Botham A guide to winning the Ashes' – this is almost like new, although we have had it for some time.

Alan Bond – this book has a crooked spine and does not sit well with others on the shelf.

Fishing Wars by the Codfather.

Please have a look around the different books topics we hold which include many good Fiction books. Be careful if you go in the Non-Fiction area as you might slip and we don't want any accidents in the Library.

We have also received lots of books from people having a general clear out, and many from our Membership. Here are a few titles you may recognize:

A Rolling Stone Mason gathers no Moss – Rob Hansen.

How to win friends and influence people – Tom Daly (2).

A Busman's guide to Painting - Slap it On – Brian Skinner.

Painting – the correct way to do it – The Paint Shop Brushmen, Bill and Ralph.

How to get others to do the heavy lifting – Steve the Manager.

I look forward to seeing the Library used even more. Remember, Books don't crash, they don't need screen savers and they don't get viruses.

Special Meeting

A special meeting for the Adoption of Model Rules and change to the constitution as per the circulated Resolutions has been re scheduled to

Tuesday 30th October 2018 at 10.00 am

Venue: JMS social room

Meet the Member



Hello Shedders

My Name is David Merton

I was born in Victoria and spent my younger years there that's why I am a mad keen Hawthorn Supporter.

In that time I did an apprenticeship in Wood Machining, was a keen tennis Player and a Surfer and of course played Australian Rules Football which I didn't play for very long but in that short time I was in a winning Grand Final Team under 11's.

From there that's when I started playing Tennis and did quite well to my surprise I played for about 32 years in that time I won around 47 Finals so the Trophy Cabinet hasn't got much room to spare. I also played in the Hopman Cup Pro-Am which for me was great fun.

In my surfing days I went up and down the East Coast of Australia and to Wilsons Promontory quite a few times. Then I moved to WA and the surfing days didn't slow down as I went Down South as all surfers do and up North to Kalbarri.

While all that was going on I found time to do another apprenticeship this time in Carpentry & Joinery then after a some time I became a Trade Teacher in C&J and of course got my Cert IV in Training and Assessing.

Things went a bit quiet in the surfing area that's when I became a Husband , Father so that's when I started to play Tennis again and now my son is a Club Champion a few times over beating his Father on the way.

After a while my Tennis became 2nd to my next loveGolf, I spent many a weekend around the golf course in Perth never rose to any great heights just loved the game.

On the travelling front I have been lucky. Been around the Pacific Islands and N.Z a couple of times then a bit later off to Singapore then onto Europe and then G.B don't know how long I was there then I jetted off to South America spending 6 months there.

Peru and Brazil, what a great time was had, saw all the sights and a few more. That's it in a nut shell and now you have to put up with me at the Men's Shed good luck to you all and keep those finger's attached to you.

Oh yes I am a G.O.A.T.

Regards

David Merton



PONDERISM

**Why does Goofy stand erect while Pluto remains on all fours?
They're both dogs!**

Shed Activities and Projects



This is a picture of the fruit and vegetable stall at the Joondalup Farmers Market. The crates really stand out against the lush green surroundings, they were made at the shed. A job to be proud of to all the gents involved in the manufacture of them.



Painting boards were produced for a Kindergarten. President Bob was presented with a box of chocolates by class carer Lauren which were quickly demolished by the members .



Presentation Sells

These stove top platters were gift wrapped by Ron Slavin's wife Eva, two sets were sold at a recent market. Eva had a fall at home and broke her shoulder, she is now home recovering after several days in hospital.

The shed wishes Eva a speedy recovery.



Joondalup Mens Shed



Coming Farmers Markets

Sunday 30th September Stirling Markets
 Saturday 13th October Joondalup Markets
 Saturday 20th October Poynter Markets
 Sunday 4th November Mosman Craft Market
 Saturday 10th November Joondalup Markets
 Saturday 15th December Joondalup Markets
 Sunday 16th December Stirling Markets

SAUSAGE SIZZLE REPORT

Thanks to Tom 2 and his team of sizzlers the magnificent effort of the guys that manned the sausage sizzles. Friday 21st was very challenging, mounting 2 sizzles, one at Bunnings Whitfords, and the other at Bunnings Joondalup, the total raised on Friday was \$1400, and we will now have Bunnings whitfords every Friday and Bunnings Joondalup one Friday per month as well, so double headers once a month will bring in increased revenue.

After our busy Friday, Tom had to get into the shed early on Saturday morning to peel and chop more onions, not a great job at 5.45 in the morning!!

The bread rolls we get for no charge almost covered the whole of the weekends 3 sizzles, with a few going into the freezer.

Saturday 22nd at office Works was very disappointing, with most of the Perth population seemingly down watching, or getting ready for the footy.

Altogether the 3 venues brought in \$1500, and with a more usual weekend, without footy should attract \$2000 Tom brought in 16 kilos of bacon and around \$1000 worth of other meat, cream and cheeses that was snapped

up by some of the members, but could not handle any more due to transport problems previously identified. The bread delivery is proving popular, but Tom is finding that picking it up 7 mornings a week is getting a bit too hard so volunteers would be handy.



"Male, 38, still living with his parents. They asked us to keep him overnight, so they could change the locks."



Sausage sizzles

Volunteers will be required for the coming sausage sizzles.

Bunnings Joondalup

Friday 26th October
 Friday 23rd November
 Friday 14th December

Office Works Joondalup

Every Saturday until mid September then every weekend from October until Christmas.

Bunnings Whitfords

Saturday 20th October

October Birthday wishes to the following Shedders

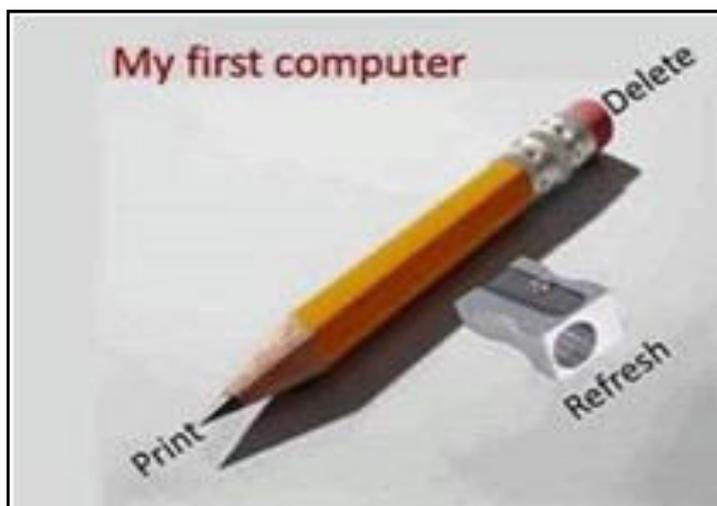


Many happy returns to you all

Welcome New Members

Peter Franken	David Taaffe
John Clapton	Russel Holland
David Stuart Bethel	Bruno Hauser

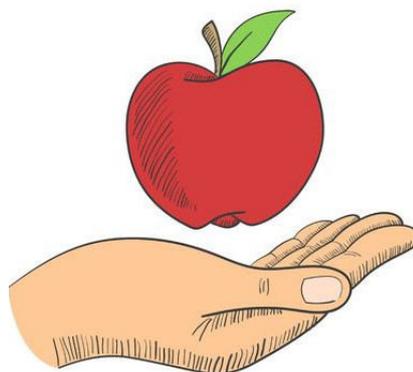
Welcome to the shed gentlemen we hope that you join in, participate and enjoy the many activities that are on offer.



The oldest computer can be traced back to Adam and Eve.

Surprise! Surprise!
It was an Apple but with extremely limited memory

Just one byte
Then everything crashed.



Some more machinery safety

By Tony Brewer

The Thicknesser and Jointer

These two machines are really planer units as they have either a straight blade or a series of small cutter blades that can be rotated on the shaft to give a better cut and extend the sharpening time, these are called spiral cutters and are **on both Jointer** and the **thicknesser** in our workshop.



The jointer in early times was called “**the buzzer**” because of the noise it made like a high pitched buzzing sound, so if someone calls it by that name, just accept the terminology.

Of the two machines **the Jointer** or “**buzzer**” is the most dangerous because the cutter is visible when the sliding protector guide is moved allowing you to plane the material.

You should before using any machine check if it is OK to use by folding away the movable guide and checking the

cutters before starting, they could be damaged or loose, and if you use it and there is a problem, you may have to pay for the damage.

You should always adjust the sliding fence to suit your job, that is use the left side if planning a narrow piece of wood, this reduces the area of cutter exposed to you and it spreads the cutting or blunting across the cutters.

You should never pass your hand or fingers over the cutter area holding your material down, a push stick is the safest way when nearing the end of your job.

You should never plane any timber or material less than 400 mm. or 16 inches in length and 12 mm. or ½ inch thick as there is a likely reaction that if the cutters are blunt they will kick the wood back and expose you to the cutter and a **probable accident**.

Always return the sliding fence to the extreme right and clean the table top and sweep around the machine.

The Thicknesser is a machine designed to reduce wood thickness and should be used for this purpose only.



Before attempting to use any machine it should be inspected first to see that there is no wood chips on the feed tray, if so clear this and check the extractor system.

Measure your timber and set the gauge to at least 1/16th or 1.00 mm. above the timber, then start machine and use the left side first and feed your material to check whether measurements are correct.

After first run, adjust tray by turning table wheel ¼ of a turn to raise the feed tray, then proceed to feed again but moving your material the width of the timber to the right, with each pass move to the right using the full tray, repeat this procedure adjusting to the last cut.

On the final cut use the two side locking knobs to steady the tray so that it doesn't move out of calibration and your

timber is machined to the size you want.

When you are finished turn the **thicknesser** off and be sure to unlock the two knobs and clean the area of wood dust and wood chips, in other words **clean up after you**, don't leave it for someone else, then turn off the extractor system.

If you are not sure about how to operate any machine safely, ask a Supervisor for assistance.

Your safety and others is paramount in our workshop, do not take chances.

Attendance Statistics for August Compiled by Ian Mc Callum

Period	Week Start	Week End	Mon	Tue	Wed	Thurs	Fri	Sat	Sun	Weekly Total
Week 1	8/1/2018	8/5/2018	0	0	39	30	13	1	0	83
Week 2	8/6/2018	8/12/2018	21	57	46	28	23	0	0	175
Week 3	8/13/2018	8/19/2018	26	40	55	61	20	4	0	add 2 visitors 206
Week 4	8/20/2018	8/26/2018	20	51	45	27	18	0	0	161
Week 5	8/27/2018	8/31/2018	18	49	52	38	26	0	0	183
Total			85	197	237	184	100	5	0	
Working Days			23							
Weekly Average										808
Total for the Month										808
Sat. 4th										8 Ladies
Sat. 18th										8 Ladies

178

Is the total number of members
as at September 2018

September 30th was the deadline for renewing your membership. If you have not paid your dues please do so at your earliest convenience.

Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officers Tom Daly (2) and John Summerfield. Tom or John will make enquiries and visit if necessary and keep Shedders informed.

Tom Daly (2) can be contacted on 0401 972 618 or email tommy8@westnet.com.au

Or John Summerfield Mob. 0432 032 461 email sumtrader1@primus.com.au

The Joondalup Men's Shed (JMS) is the local representative and a registered member of the West Australian Men's Shed Association. The JMS Patron is Mr. Ian Goodenough, MBA, B.Comm and Federal Member for Moore.

Our motto is short way of saying what JMS is all about:
"Blokies Building Better Communities!"

We are all about fostering better overall health and well being for all men. This has an obvious beneficial ripple effect for our members' families, the wider community and the members themselves

Our Shed

By Tony Brewer

There is this place that's found in a Padbury side street
Where each day a variety of ageing men find time to meet,
Now in this place there is a workshop and common room
That gets constantly dirty and need to be swept with a broom,
Our members have special skills that at time can amaze
Making some most unusual things without even a faze,
While some come to have a cuppa and sit and chat
Others tend to do their projects in the workshop outback,
For some of these men this is a place to pass their spare time
And no one argues about that as it is just perfectly fine,
Now for many this meeting place is known as a Men's Shed
A reason for single, married and widowed men to get out of bed,
The things that are made with those well matured hands
Are to be admired with some items given to children fans,
It's surprising how many John's, Geoff's, Rob's to name a few
As well as David's, Ron's, Michael's, Tom's and Tony's too,
There is a team of workers who make and paint the wooden toys
Each batch is divided up, some for girls and some for boys,
We are lucky to get a few "buck's" operating our sausage sizzle
But if more members don't lend a hand it could turn into a fizzle,
While our Shed is an ideal place for mates and friends to be
Our Safety is paramount, not only for others but you and me,
While our management committee makes decisions on our behalf
It's during our cuppa breaks that you hear the odd joke and laugh,
Now some guys may attend our Shed two days or even more
Others come only for half a day, but really no one keeps score,
There is hope soon that we will have a more permanent home
That is if our Council can make a decision before we're all prone,
But in the meantime it's up to us to plan ahead and be prepared
For we are the ageing members of the Joondalup Men's Shed.

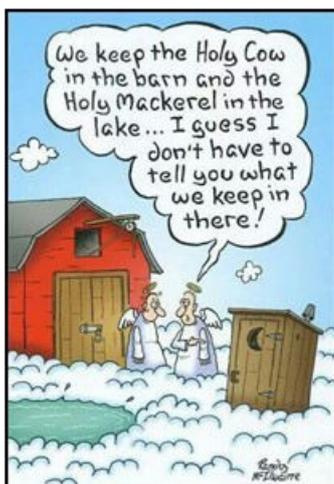
Tuesday Lunches



**Delicious lunches are
available at the Shed on
Tuesdays**

**Come along and enjoy
a**

**Hot and tasty meal
cooked by chefs at the
Kingsley Tavern
Only \$5.00 per serve**



Keep that brain working - see if you can figure out what these seven words all have in common.

- | | |
|------------|-----------|
| 1. Banana | 5. Revive |
| 2. Dresser | 6. Uneven |
| 3. Grammar | 7. Assess |
| 4. Potato | |

Look at each word carefully. You'll kick yourself when you discover the Answer.

No, it is not that they all have at least 2 double letters....

Answer on page 10.



BICYCLES FOR HUMANITY

The shed collects unwanted bicycles for the Bicycles for Humanity Organization. The bikes are stored in the compound and periodically the organization picks them up. They restore the bikes to a safe useable condition and then send them to under privileged people in third world countries.

Should you have any bikes that you no longer need or you know of any one who would be happy to donate old bikes please bring them along to the shed.

Wouldn't it be Nice!!!

If our members queued like this to volunteer for sausage sizzles, market stalls, making toys, painting, etc., etc. and many other things to help in the operations of our shed.

Well, as Daryl Kerrigan in the film "The Castle" would say *"tell em they're dreamin."*

So don't bother queuing, if you are a new member or even a long standing one and would like to be involved with any of the above, please make it known and you will be guided in the right direction.



PONDERISM

If corn oil is made from corn, and vegetable oil is made from vegetables, what is baby oil made from?

Answer

In all of the words listed, if you take the first letter, place it at the end of the word, and then spell the word backwards, it will be the same word.

Did you figure it out?

No? Then send this to more people and stump them as well.