



Joondalup Mens Shed

Bench Press

August 2018

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Presidents Report

Report to the 7th Annual General Meeting 16th August 2018

Our focus this year has been to get a decision from the City Of Joondalup on a suitable home for the shed with enough time to get funding in place. COJ have narrowed the choice down to two possibilities. The biggest news so far is the inclusion in the current budget of \$2.7 million to progress a new home for Joondalup Men's Shed. We are expecting a decision to be made in the next little while.

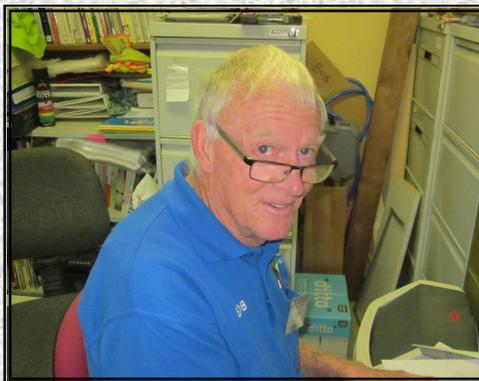
Our membership continues to grow. At the end of June we had 240 financial members. 173 have so far signed up for this year. This is similar to last year.

We have been able to upgrade some machines through a grant from the Government of \$5000. Thank you to Emily Hamilton for helping us with this grant.

We have had visits from politicians. It's important that we continue to showcase what we do. They have all expressed the importance of the Men's Shed movement to the health of men. We have had health professionals visit to explain what they are doing that will help our members.

To further promote our case for funding we now have Women Working with Wood using the shed every second Saturday. They have signed up as Associate Members.

Thank you to all those who have helped in any way to help the shed. Some members do a lot, others not so much but every little bit helps. Sausage sizzles, market sales, toy making, repairs and projects for the wider community, repairs to our machinery, washing towels and tea towels, cleaning the shed, washing up, collecting our Tuesday



lunches are just some of the ways you have helped.

Ron Slavin deserves special thanks for his "drapery business" and his close watch on items for the markets. Tom Daly 2 has looked at ways of increasing our finances. His organisation of sausage sizzles will prove to be very beneficial.

Thanks to the Supervisors. Without you we wouldn't be able to open the shed as often. We need some more people to take on a role in the shed. Also remember that we need everyone using the machines to do something for the shed We're not here just to provide machines for your own projects. Thank you to John Spence as Secretary and Michael Robinson as Treasurer. These are full on jobs that are very important to the successful running of the shed. Mervyn Pearce has stepped into the Bench Press position and done a fantastic job.

Thank you to the Education Department for allowing us to have this extra time in the shed. We've got to know some of our neighbours and been able to help them over the year. We have also benefited by offering hamburgers and roast beef buns to some of the teachers working here.

Providing meals on a Tuesday has become very popular. We provide about 17 meals each Tuesday.

Our shed is here to provide somewhere for men to mix and chat. Problems can be sorted out, help given to those who need it, advice and experience passed on. Probably the most important thing in our life is to make someone's life better through our actions.

Thank you for allowing me to serve as your President. I don't get everything right but with your help we can make our world a better place.



Annual General Meeting

The Annual General Meeting and election of Committee held on Thursday 16th August was well attended by 58 members. There were 21 proxy votes.

2018/19 Executive Committee Members



Bob Allen President



Tom Daly(2) Vice President



John Spence Secretary



Michael Robinson
Treasurer

2018/19 Committee Members



Tony Brewer



Bernie Eagan



Rob Hansen



Reg Luther
Assistant Secretary



Merv Pearce
Bench Press Editor



Ron Slavin



Arthur Yates
Assistant Treasurer

PONDERISM

If Jimmy cracks corn and no one cares, why is there a stupid song about him?

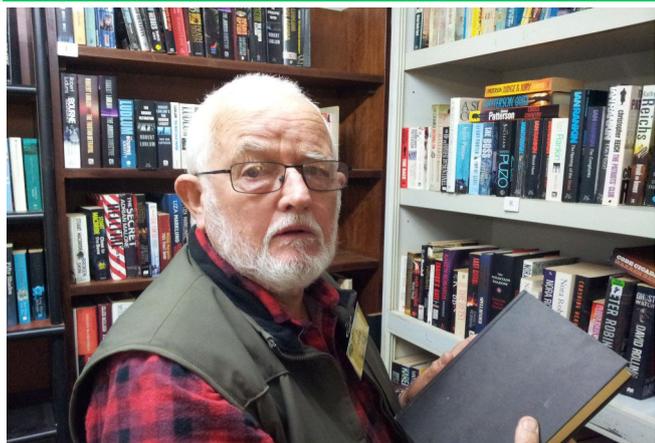
Special Meeting

A special meeting is being called for the Adoption of Model Rules and change to the constitution as per the circulated Resolutions

Tuesday 2nd October 2018 at 10am

Venue: JMS social room

Meet the Member



This month's Meet the Member's Gem Shoreland. Gem is a foundation member of the shed and this is a very poetic life story provided by him.

On 26th August, 2010, I attended a function to launch the Joondalup Men's Shed at a public meeting in the Connolly Community Centre main hall.

The meeting arranged and chaired by Alan Greenhalgh, assisted by Stan Elson.

I sat at the same table as Barry Fitzsimmons. Alan asked what size/shape shed needed?

My suggestion – 'An assembly hall at any nearby SHS which was to be closed!'

How close was I?

But now as my life reaches twilight, I've spent part of day and a night, writing of life I've spent, heavenly, of 46 years married to Beverley.

Computer programming for APM, on Fridays we pubbed now and then. With the work crowd to Hosies I walked, over beers, we relaxed, laughed, and talked.

Marlene Richards, a good looking chick, blonde, fellow worker, quite slick, had two flat mates, with one unattached. Intention ? With me she'd be matched.

She'd told Bev that I was a smarty, who certainly knew how to party. Fancy dress parties I'd run, with everyone there just for fun.

On the thirteenth of March, on a Friday, Bev decided it would be the day. I'd turned up late, so I missed the date. That miss didn't alter my fate.

We'd left work a few minutes late.

We'd all had to farewell a mate.
So Friday the 13th my future
was neatly stitched up like a suture.

Bev had left Hosies just before
our group had reached Hosies, fourth floor.
I couldn't stay long, plans on song.
My horror night mustn't go wrong.

T'was Saturday, Island night clear,
then my birthday, champagne, breakfast gear.
Three days of debauchery – great!
Meant rest of the week - second rate.

The next Friday night, Bev looked so pert
in a tight fitting, short, calf-skin skirt.
I accuse her of lying, she next sees me crying,
her punch to my biceps most trying.
Refusing to respond to her violence,
I retreated and maintained a silence.
With her actions she failed to assuage
My need of some help, and a massage.

Intrigued by this violence displayed,
knowing my interest cannot be delayed,
Marlene at work then, to impress
gave me Bev's phone, and address.

I sought to press on with my suit,
and planned well my Beverley pursuit.
I asked her to please be my guest
at a wine and cheese night, she said 'Yes'.

It was only a matter of weeks,
when later she finally speaks.
If I'd known of her previous action,
to a rival demands satisfaction.

If I'd known that she had then stood up,
someone else who had asked her to sup
before my request for a date.
Her actions at best, second rate.

April's schedule, an old-age party.
Bev dressed the part, hale and hearty.
Bad teeth, brown stockings, knotted string,
varicose veins, like the real thing.

At Portsea for Hockey so muddy,
in August now Bev was my buddy.
I then met her parents, at last,
all over, the mud was stuck fast.

Bev pretended a passion for cricket,

gone! My MCG ladies ticket.
Then football, she hung on my arm.
I thought it would do me no harm.

The Saints had my total support.
A good thing, was all that I thought.
After the wedding, surprise!
My wife – she supports - The Pies!

A great wife, and wonderful mother,
three daughters, each one beats the other.
At first I was happy with two,
but she'd decided! So what could I do?

Astounded I am by their skills,
good looking, not one of them dills.
Of each of them, I'm proud as punch!
Now I'll get ready for lunch!

Dear friends, you can tell I am proud
of their virtues, praised both long and loud.
But remember my friends, here's the rub!
I picked up my wife – IN A PUB!
Ten years, Systems-Analyst, CIG,
followed by seven years Audit, EDP.
Job moved to Sydney, but changed.
Quality Assurance pre-arranged.

Head-aches led me to resign,
to Warrnamool, Hardware store. Fine!
Bev and I happy! Not blessed.
Employee theft. Ninety-three, headed west.

Jem Shoreland

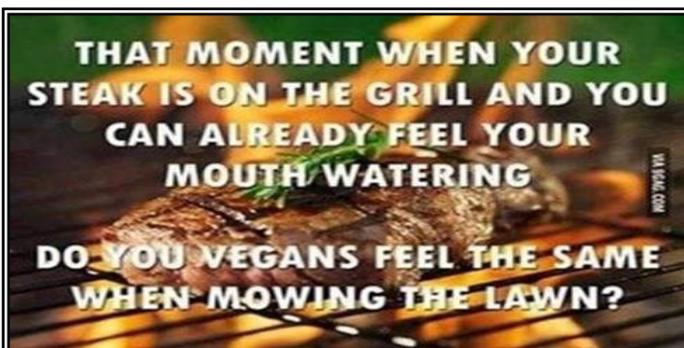
Shed Activities and Projects



Twenty burger platters were made for a stall holder at the Joondalup Farmers Markets. The stall holder was using cardboard trays to contain the burgers which were disposed of when finished with. The platters will be used to serve the burgers that will sit on a serviette. When the burger has been eaten the platter can be returned and re used thus saving cardboard trays going to land fill.

In the picture. Keith Lorraine putting the finishing touches to the platters.

Rob Morgan constructing his coffee table watched by David Merton who has provided good training for Rob. The table has been a long time in the making and when finished should make Rob proud of his project.



Joondalup Mens Shed



Coming Farmers Markets

Saturday 8th September Joondalup Markets
 Saturday 22nd September Poynter Markets
 Sunday 30th September Stirling Markets
 Saturday 13th October Joondalup Markets
 Saturday 20th October Poynter Markets
 Sunday 4th November Mosman Craft Market
 Saturday 10th November Joondalup Markets
 Saturday 15th December Joondalup Markets
 Sunday 16th December Stirling Markets



The weekend of 24th and 25th August saw more sausage sizzles at Bunnings and Office Works. A total of \$1025.00 was added to the sheds bank account.

Bill Feltham pictured spent most of the day at Bunnings with his first ever shot at the hot barbecue cooking the sausages. A fine job done Bill.



Tom Daly(2) has negotiated a deal with Woolworths Joondalup to relieve them of yesterdays bake every Tuesday free of charge.



Sausage sizzles

Volunteers will be required for the coming sausage sizzles.

Bunnings Joondalup

Friday 21st September
 Friday 26th October
 Friday 23rd November
 Friday 14th December

Office Works Joondalup

Every Saturday until mid September then every weekend from October until Christmas.

Bunnings Whitfords

Saturday 20th October



August & September Birthday wishes to the following Shedders

August

Bernard Ashdown	John Martin
Andrew Blackmore	David Merton
Davide Davies	Peter Nevill
Arthur Eder	William Oya
David Garrett	Bill Roberts
Evan Heart	Graham Smith
David Hutton	Murray Steel
Norm Jones	Trevor Thackray
Laurence Macbeth	

September

Robin	Bodilly	Roy	Mawby
Geoff	Chantler	Dennis	Monahan
David	Frankland	Ian	Prothero
Edward	Herold	Dusan	Sorger
Chick	Hoath	David	Urquhart
Jose	Jorge	Bill	Letch
Malcolm	Kates	Keith	Lorraine

Many happy returns to you all

Welcome New Members

Nic Romney	Bill Letch
Edwin Bradley	Johan Van Roolien
Nathan Evans	Riad Mohamed
Alastair Swanson	Steve James Churchman
Michael Bayly	Samuel Rowan
George Russell	John Gallea

Welcome to the shed gentlemen we hope that you join in, participate and enjoy the many activities that are on offer.

PONDERISM

If the professor on Gilligan's Island can make a radio out of a coconut, why can't he fix a hole in a boat?



I thought
growing old
would take
longer.

Attendance Statistics for July Compiled by Ian Mc Callum

Period	Week Start	Week End	Mon	Tue	Wed	Thur	Fri	Sat	Sun	Weekly Total
Week 1	7/1/2018	7/8/2018	22	52	43	34	18	3	0	172
Week 2	7/9/2018	7/15/2018	21	61	32	28	25	0	2	169
Week 3	7/16/2018	7/22/2018	20	58	37	33	21	3	0	172
Week 4	7/23/2018	7/29/2018	21	64	41	28	22	0	0	2 vis. N.I.C. 176
Week 5	7/30/2018	7/31/2018	30	56	0	0	0	0	0	86
Total			114	291	153	123	86	6	2	
Working Days		22 Working								
Weekly Average			22.8	58.20	38.3	31	22	3	2	775
Total for the Month		775								
Sat 8th		1								6 Ladies
Sat 21st										9 Ladies

257

Is the total number of members
as at August 2018

Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officers Tom Daly (2) and John Summerfield. Tom or John will make enquiries and visit if necessary and keep Shedders informed.

Tom Daly (2) can be contacted on 0401 972 618 or email tommy8@westnet.com.au

Or John Summerfield Mob. 0432 032 461 email sumtrader1@primus.com.au

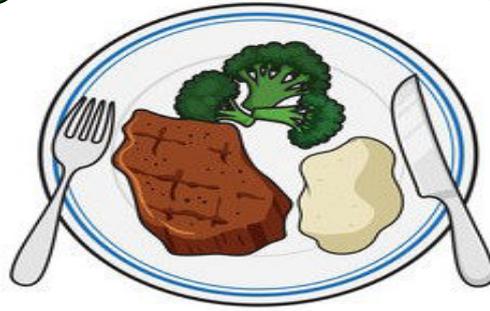


John Summerfield has returned to the shed after a few months absence. John has taken on the role as one of our welfare officers. Welcome back John.

John's contact details are displayed in the panel above.

Got tasered picking
up my friend from
the airport today.
Apparently
security doesn't
like it when you
shout,
"Hi Jack!"

Tuesday Lunches



**Delicious lunches are available at the Shed on Tuesdays
Come along and enjoy a
Hot and tasty meal cooked by chefs at the Kingsley**



Sally Gilchrist presenting her talk.

Health Talk

Last Tuesday 21st August a talk was presented by Sally Gilchrist from the Continence Foundation of Australia. It was a very informative presentation and Sally was asked many questions by the members about the subject. A variety of brochures were made available to all who attended.

Should anyone who did not attend the presentation or any more information is required, the foundation can be contacted on the National Continence Help Line free call 1800 330 066.

The Joondalup Men's Shed (JMS) is the local representative and a registered member of the West Australian Men's Shed Association. The JMS Patron is Mr. Ian Goodenough, MBA, B.Comm and Federal Member for Moore.

**Our motto is short way of saying what JMS is all about:
"Blokes Building Better Communities!"**

We are all about fostering better overall health and well being for all men. This has an obvious beneficial ripple effect for our members' families, the wider community and the members themselves