



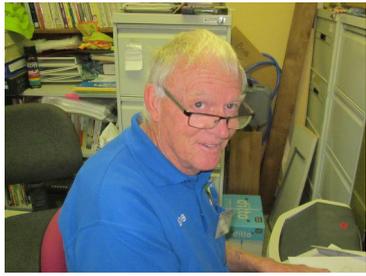
Joondalup Mens Shed

Bench Press

February 2018

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Presidents Report



February has been filled with some interesting projects.

Friends of Yellagonga asked us if we were interested in making

owl nesting boxes. Ian Batho took up this challenge. Two have been made with the possibility of more to be made. Great camouflage paint job by the paint shop.

Frank Antulov has continued to turn out picnic tables for the local Primary school. Even with a broken arm he worked with others to get the required tables finished. Some still to go. We learnt a little about getting the right undercoat to go with the top coat and also that if too much tint is added to the base colour then finished job stays sticky for ages. A new member Keith has had a lifetime as a painter and his advice should be a great help to our painters.

Gil Marnham arrived in the other days with some woodpecker poles. It will be interesting to see how these sell.

Graham Duffy with John Spence made up a Chase the Ace Display cabinet for Kingsley Tavern. John found an American source for a set of magnetic cards that made this project possible.

Graham also made up a display board made up of wood from countless sporting trophies. The client was so pleased she gave us a \$50 donation.

Merv is making some Martial Arts “dongers”.

These are a bit complicated and take quite a bit of time to make but I’m sure we’ll get there.

Bill Roberts, Denzyl and Tyron are making fruit and vegetable display boxes for the Joondalup Market.

Bruce Clarke, a new member, tidied up one of the containers and also started to cut up a new batch of pallets.

If I’ve left you out please let me know. Thank you to all those helping with projects. We found a buyer for the easels that had been in the way for quite some time. I think Warren made these. Thank you.

Our men’s shed is not just about woodwork or metalwork. It’s also about helping each other to enjoy life. We all have difficult issues in our life. Sometimes we do the wrong thing and create a situation that doesn’t help anyone. We all need to think about our actions so we don’t cause disharmony in the shed. Walk away from any confrontation and inform the Supervisor. Don’t inflame the issue.

Some members are involved with an exercise group each Wednesday. Try it out.

Lunches on Tuesdays are continuing. They are popular so why not try them one Tuesday.



February Birthday wishes to the following Shedders

Brian Abbott	Geoff Guard
Shane Almond	Barry Harding
Marcelo	Victor Kaiser
Glyn Ashley	Ian McCallum
Andrew Banks	George McKie
Colin Clarke	Brian Skinner
Tom Daly	Peter Wood
Terry Elfes	Graham Woodcock
Ken Gardner	Arthur Yates



Many Happy Returns to you all

Welcome New Members

Roberto Loaiza *Bruce Clarke*
Andrew Banks *Marcelo Araya*
Norman Lake

Welcome to the shed gentlemen we hope that you join in, participate and enjoy the many activities that are on offer.



Computer Capers



"Not tonight. Didn't you get my email?"

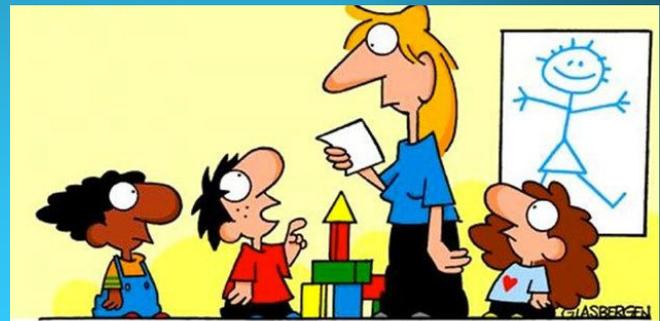


"Dear Andy: How have you been?
Your mother and I are fine. We miss you.
Please sign off your computer and come
downstairs for something to eat. Love, Dad."



© 1996 by Randy Glasbergen.
E-mail: randyg@norwich.net

"Hello, Bob? It's your father again.
I have another question about my new computer.
Can I tape a movie from cable TV then fax it from
my VCR to my CD-ROM then E-mail it to my
brother's cellular phone so he can make a
copy on his neighbor's camcorder?"



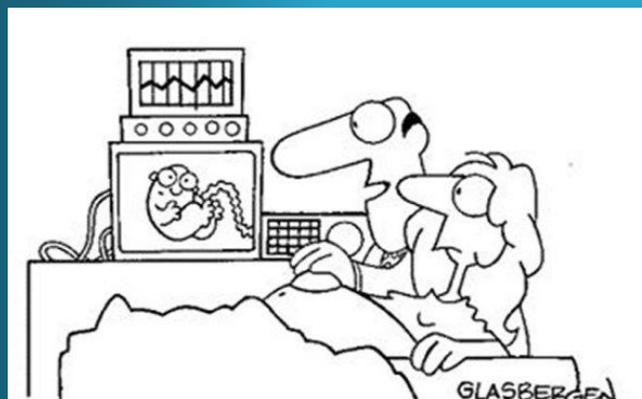
"My name was David, but that sounded
old fashioned. So I shortened it to DVD!"



I asked my dad where the children
came from, he said people
download them from the internet!



"THE COMPUTER SAYS I NEED TO UPGRADE MY BRAIN
TO BE COMPATIBLE WITH ITS NEW SOFTWARE."



"Your baby is developing very nicely.
Would you like to send him an e-mail?"



"You said I should spend more time with our
children, so I turned their faces into icons."

If a deaf person has to
go to court, is it still
called a hearing?

January Attendance Statistics Compiled by Ian Mc Callum

Period	Week Start	W. End	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.	Sun.	WEEK
VISITORS					1		1			
Week 1	1/1/2018	1/7/2018	0	34	29	20	19	0	0	102
Week 2	1/8/2018	1/14/2018	22	45	37	30	21	0	0	151
Week 3	1/15/2018	1/21/2018	14	48	36	20	25	1	0	154
Week 4	1/22/2018	1/28/2018	26	44	43	18	13	3	0	147
Week 5	1/29/2018	1/31/2018	25	53	43	0	0	0	0	121
Total			87	214	188	88	78	4	0	
Weekly Average			21.75	42.80	37.6	22		1		
Total for the Month		675		11 ladies		Not in count				
Working Days		22		3 visitor		Not in count				

218

Is the total number of members
as at February 2018



Sausage Sizzles

Volunteers will be required for the coming sausage sizzles. at Bunnings stores

March 16th Joondalup

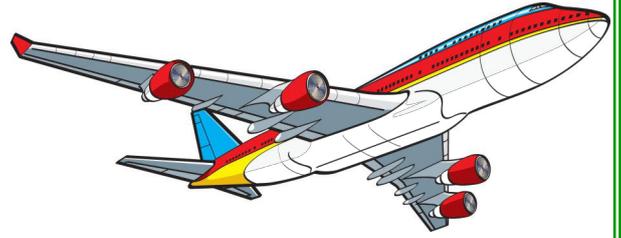
March 31st Whitfords

August 11th Joondalup.

Please consider offering your services, the shifts are two hour stints so it doesn't take a lot of your time.

Meet the Member

A life's summation of Reginald Luther



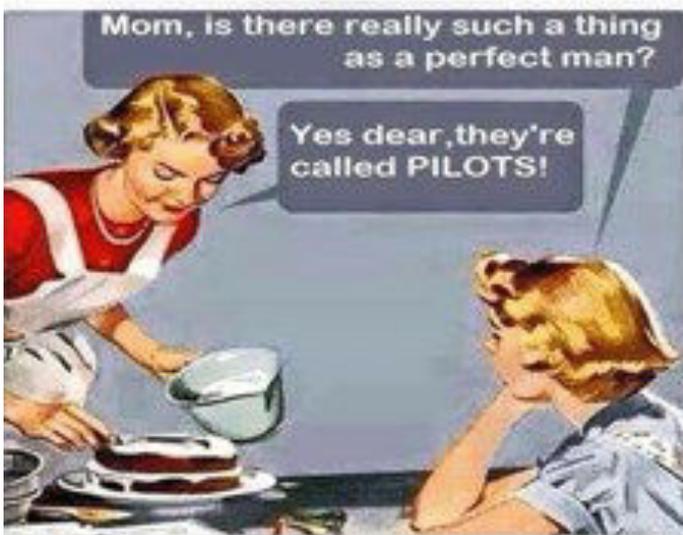
Born during the turbulent times of the Indian subcontinent partition, when the world's largest sub migration was taking place; my parents were fortunate to have been spared the guilt and trauma of having to be displaced and find a new home. My family originated from the mountain resort and residence of a military Staff college, Quetta, in the west of the tribal belt of Pakistan, known as Balochistan, bordering with Iran.

The youngest of four children, who at an early age was educated in the city of Lahore for my matriculation and then for the higher education in the University in Karachi, in the southern port city and then capital of Pakistan.

Having completed my initial degree from the university, I was fortunate to have been selected for an aviation course with my parent airline, Pakistan International Airline. I gained my first employment with the same company and had the privilege of flying various types of commercial aircraft, initially as a First office and then as a Captain on various wide body jets. During the late 80's the company was involved in setup of various airlines in the Middle East and Africa and I was seconded for flight operations to Dubai, with the startup company Emirates.

Having tasted the benefits of overseas employment, I was encouraged to seek my immigration for Australia for family unification purposes, my Wife's family having successfully emigrated in the early 70's, and was successful in our settlement in the late 80's, fortunately not as refugees but on firmer visa entitlement. But for the lack of employment in the aviation sector in Australia, I lectured in a university until a successful offer from Singapore Airlines, where I was employed to fly commercial jets for 21 years until my retirement in the late 2000.

The wonderful aviation experience ended after 42 years in the field and new venture and projects were sought to occupy the wandering mind. Settled in Perth after my retirement, I ventured to enroll in TAFE and do a certificate in computer related subjects and also a certificate in professional photography. This newfound enlightenment gave rise to my participation in the Joondalup Men's Shed in assisting Barry Fitzsimmons with the running of computer literacy courses and dabbling with the production of the newsletter for the shed. My photography has opened new avenues to group participation and field photography with a group of like-minded enthusiasts.



All in all, in the wonderful company of the men of the shed the retirement process has been comfortable and the "HI's and bye's" and the friendly chatter at the shed has made the shed a home away from home. The anticipation of meeting like-minded souls and the acceptability by the members has been an experience and I relish the thought of meeting up with the group on weekly basis. From a very exclusive aviation club and now belonging to a club with members from various fields it is indeed an eye opener to learn new things from the experiences of the fellow shedders.



Coach Excursion

Ron Slavin is organizing a coach trip to a destination yet to be announced. Ron has organized many coach trips in the past and they usually include a morning tea followed by a scrumptious lunch at a country pub.

Mark **Sunday 15th April** on your calendar and let Ron know if you are interested.

Caring for our fellow Members

Should you hear about any of our fellow shedders being ill, experiencing the loss of a loved one or you haven't seen them at the shed for an extended period, please inform our Welfare Officers John Summerfield or Tom Daly (2). John or Tom will make enquiries and visit if necessary and keep Shedders informed.

John Summerfield can be contacted on 0432 032 461 or email sumtrader1@primus.com.au

Tom Daly (2) can be contacted on 0401 972 618 or email tommy8@westnet.com.au

The Joondalup Men's Shed (JMS) is the local representative and a registered member of the Australian Men's Shed Association. The JMS Patron is Mr. Ian Goode-nough, MBA, B.Comm and Federal Member for Moore.

Our motto is short way of saying what JMS is all about:
"Blokies Building Better Communities!"

We are all about fostering better overall health and well being for all men. This has an obvious beneficial ripple effect for our members' families, the wider community and the members themselves

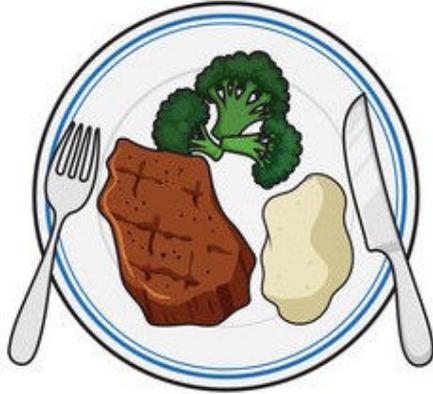
Frustration is trying to find your glasses without your glasses.

Blessed are those who can give without remembering and take without forgetting.

My wife and I had words, but I didn't get to use mine.

The irony of life is that, by the time you're old enough to know your way around, you're not going anywhere.

Tuesday Lunches



Answering machine message

"I am not available right now,
but thank you for caring enough to
call.

I am making
some changes in my life.
Please leave a message
after the beep.

If I do not return your
Call,
you are one of the
changes."

Delicious lunches are now available at the Shed on Tuesdays

Come along and enjoy a

Hot and tasty meal cooked by chefs at the Kingsley Tavern

Only \$5.00 per serve

Joondalup Mens Shed



Coming Farmers Markets

Saturday 10th March Poynter Markets

Sunday 25th March Stirling Markets

Sunday 8th April Lions Fair

Saturday 19th May Poynter Markets

Saturday 30th June Poynter Markets

Saturday 22nd September Poynter Markets

Saturday 20th October Poynter Markets



The shed needs you

We want your skill as a supervisor and if you have good people communication and of course common sense then you are what we want.

You don't necessarily have to be a "tradie" but to be able to advise members the safety factors when you see someone doing wrong.

If we can enlist enough supervisors your duty roster may occur only once a fortnight.

Your shift entails opening and locking up on your rostered day.

To help you in your role as supervisor you will be given a good grounding on how to and what to do.

Your participation in being a Shed Supervisor will help to keep us open all week,

For further information please consult: **Rob Hansen, Operations Manager**

TESCO'S HORSE

In the UK, some supermarkets have admitted that there is horse meat in their home cooked burgers.

> Even places like Burger King have had to admit that there are “small amounts” of horse meat in their burgers.

>

> Tesco is a big supermarket chain in the UK

>

> Within hours of the news that Tesco's 'all beef hamburgers' contained 30% horse meat, these quips hit the Internet ...

I'm so hungry, I could eat a horse.... I guess Tesco just listened!

>

> Anyone want a burger from Tesco? Yay or neigh?

>

> Not entirely sure how Tesco are going to get over this hurdle.

>

> Waitress in Tesco asked if I wanted anything on my Burger. So I had £5 each way!

>

> Had some burgers from Tesco for my tea last night ...

> I still have a bit between my teeth.

>

> A woman has been taken into hospital after eating horse meat burgers from Tesco.

> Her condition is said to be stable.

>

> Tesco are now testing all their vegetarian burgers for traces of unicorn

>

> "I've just checked the Tesco burgers in my freezer ... AND THEY'RE OFF!"

>

> Tesco now forced to deny presence of zebra in burgers, as shoppers

> confuse barcodes for serving suggestions.

>

> Said to the missus, These Tesco burgers give me the trots....

>

> "To beef or not to beef, that is equestrian".....

>

> A cow walks into a bar. Barman says, "Why the long face?"

> Cow says "Illegal ingredients, coming over here stealing our jobs!"

>

> I hear the smaller version of those Tesco burgers make great horse d'oeuvres.

>

> These Tesco burger jokes are going on a bit....Talk about flogging a dead horse.

>

> At first I thought, “Oh great, I’ve been saddled with another email to

> forward, but something spurred me on.”

>

> Last night the wife made meatloaf, so I had dinner with two nags.

>

> Since they’re selling the meat wrapped in plastic, is that technically

> a “Trojan Horse?”

>

> Instead of choosing “rare, medium or well done, it’s now Win, Place or Show”