



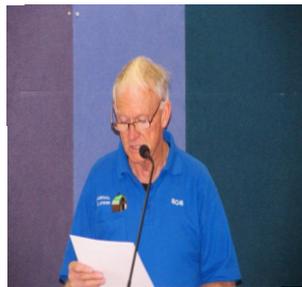
**3 MacGregor Drive
Padbury
(Former Padbury SHS)
Phone 94026161
www.jms.org.au**

The concept of a shed in its most humble beginnings is a simple construction of walls, a roof and an entrance of sorts. A space for personal creative expression. A space for solitude, contemplation and the creative genius as befits the individual shedder. Many a device has been the brain child of a Shedder. It is a place for "BLOKES" to escape: where they can be master of their own time and with their own "STUFF".

We, at JMS, are but an extension of this individualism and it is an assembly of like minded individuals who express their character through friendship and the desire for the collective good of one and all. Where would we be without a SHED??

Joondalup Men's Shed Inc.

BENCH PRESS



President's Report

John Chapman has fitted the spiral cutters for thickener and planer/jointer, along with Bob Allen took about four days to fit to machines.

The machines which causes the most expense are the Thickener, Drum Sander and Band Saws. Drum sander is currently using paper backed sandpaper. In the future it will be changed to cloth backed sand paper.

We need volunteers to organize and co-ordinate the sausage sizzle on 26th April 2015 .

An Archway, which was made for Padbury Community Kindergarten has been installed and children have sent a thank you note for the Garden Fairy Arch.

Treasurer's Report



Treasurer's Report

Treasurer was unable to print his accounting worksheets. Provided bank balance as at 18th March 2015.

Total bank balance is \$69707.76.
General Account \$7272.54.
Outstanding Cheques \$6345.87.
Fundraising Income 13/14 \$30837.00
Income 14/15 \$17838.00
Costs to conduct fundraising \$14164 13/14
Costs to date \$7163.00
Total Building Account \$62423.00.

Treasurer spoke about purchase of computer based accounting package. Reg advised the meeting that he had investigated similar free web based software and expects to samples the free accounting packages to demonstrate to the committee at the next meeting.

Shed Manager/Organisers Report

Ray Cutbill reported that the majority of projects had been collected and had been paid for by the owners.

The Story of the Banjo Man

George Martin

Born: Glasgow Scotland 1946

Migrated to Australia: 1982.

Decided to join the Men's Shed with the intension of building a banjo, but since completing one, in a fashion, I've started physically the second and the third in my head. All the wooded parts, neck, pot and dowel stick I made myself and I purchased the

probably due to the inadvertent selection of the timbers to construct the banjo. Now that I have completed a 4 string banjo the next project is a 5 string banjo already promised to a friend.

I play the 4 string plectrum banjo which is a full 22 fret instrument. The unfortunate thing is that no one else seems plays the instrument in Perth, well maybe one in Perth and one in Busselton, so I have difficulty finding anyone to play with. Melbourne and Sydney have well frequented Banjo Clubs, but no such beast is alive in Perth, mores the pity!!!



metal "Hardware" from eBay. The pot (round bit at the bottom) was made with 24 individual wooden segments, glued and turned on a lathe. The neck and inlay work I did myself, time consuming but very gratifying at the end. The wooden dowel stick holds the banjo together.

The whole initial exercise was very educational, I have learned so much what NOT to do the next time. When I was stuck with a problem there was always someone in the Men's Shed with the experience to give a hand.

The final banjo plays well with a "Mellow" tone,

The music I play is VERY old, varying from the 1890's to the 1920's, all excellent melodic music that has been forgotten about, except by a few,

Hopefully out of this article I will find someone eager to play. Another banjo player would be great but any instrument that would be suited to style/type of music would be great. I would also like to find someone who can help me advance my knowledge on "Band in a Box" music software. Anyone to help/discuss music theory would also be appreciated.

George Martin (0419948467)

City of Joondalup Twilight Parade

Joondalup Art Gallery Theatrical Carts

Joondalup Men's Shed partnered with the Veteran's Men's Shed, Kingsley, to make theatrical carts for the Joondalup Art Gallery (JAG) 2015 City of Joondalup Festival Twilight Lantern Parade entry on Saturday 28 February. JAG is home to the Joondalup Community Arts Association (JCAA) which has approximately 160 member artists and art lovers.

The JAG entry was an imaginative response to this year's festival parade theme 'curious landscape' in the form of three larger than life illuminated shaped puppets covered in orange balloons- two pyramids and one sphere. These illuminated puppets bobbed and twirled to spacey Flume tunes and delighted the crowds. They were preceded by two theatrical carts crafted by the Men's Sheds.

The carts held the sound system, filled with JAG balloons and were pushed by local actors Denise Mignon and Ondola Corica from the Endeavour Theatre Company. Denise and Ondola danced along with the carts and playfully interacted with the children giving them balloons which were printed 'Art in the City of Joondalup' and the new JAG logo. The JCAA extends its thanks to the JMS for their support of the Joondalup Festival. To find out about JAG upcoming exhibitions and arts events visit jag.org.au



Community Service on the Fly



A perchance meeting on the daily run of two individuals, turns out favourable for one and an exercise in artistic creation for the other. Our own member, Brian Skinner (SKIN) was on his constitutional rounds??? of the neighbourhood when he had a perchance meeting with another gentlemen, Gerry, on his pamphlets delivery run, serving the community.

Gerry needed a box, for easy access, for his scooter to hold the pamphlets and his phone. Skin developed a contraption to serve the needs of Gerry.

The proof is in the end result and another satisfied customer!!

Men and their Shed

A short story by a man who loves his shed

It's Saturday afternoon and it is raining. I trudge into the house. My wife Vanessa and her sister are in the kitchen, analyzing our daughter's degenerating behaviour as they cut out a pattern for another frilly dress for their already frilly mother. I wonder at the intensity, speed and dexterity of their sisterly conversation.

Polite greeting from me: "Hello girls, you having a good time?"

Answer from my loving wife: "Yes. The tap's leaking".

The best I can manage is: "Uh huh!"

There is a sound of an explosion in the living room.

Young Aden and his friend are on the floor, playing some obnoxious computer game that disgorge a barrage of shooting, dying, and screaming. Despite being cemented to their game controllers, they are also watching a DVD which has an equal amount of shooting, dying, and screaming. It amazes me how kids can now watch TV without looking at it.

Vanessa yells from the kitchen. "Honey, can you fix the tap?"

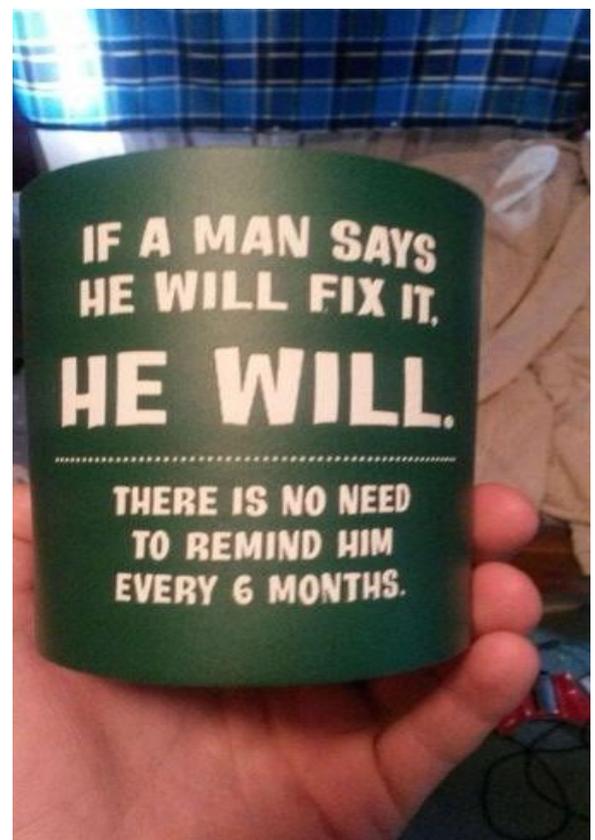
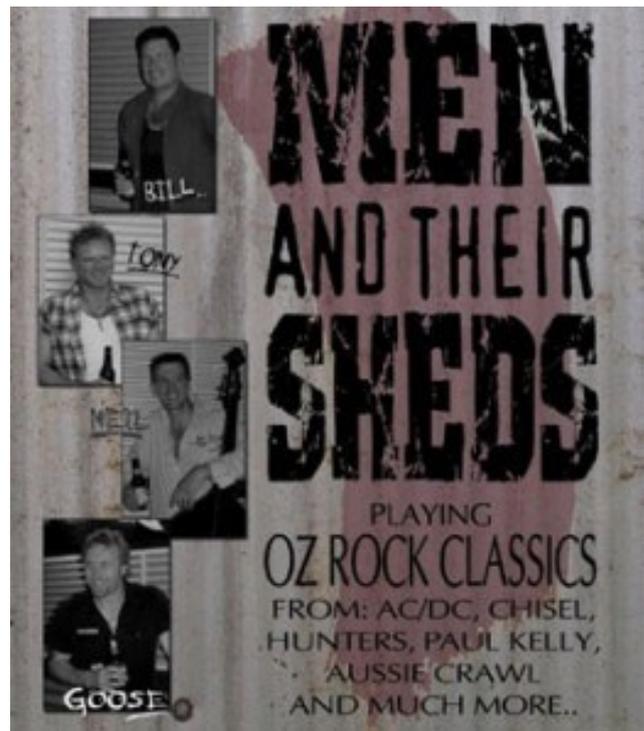
Where can I hide? I quietly slip out the door. Lucky for me I have ... SHED.

According to a recent survey in the UK, the average man will be "busy" in his shed for more than 12 hours a week.

That's more than 27 days a year, or 3 years of his married life. What do blokes do with their time there? Well here are the top 10 activities:

- Tinker with tools (41%)
- Gather junk (37%)
- Pot up plants for the garden (30%)
- Mend/make furniture (23%)
- Work (18%)
- Maintain or revamp cars, bikes etc (17%)
- lay music (17%)
- Drink beer (16%)
- Read the paper (13%)
- Have a sneaky cigarette (10%)

Courtesy Home Design Directory



Safety On Premises

- Use earmuffs to protect your hearing. Your hearing can get worse.
- Use eye protection. Just think what life would be like without sight.
- Wear covered footwear in the workshop.
- Make sure you don't have loose clothing that can get caught in a machine.
- Exercise correct procedures for individual machines
- Clean up after you.



Seniors Calendar APRIL

Rocky: Erwin J von der Heiden, 80 years



Lexophilia

"Lexophile" is a word used to describe those that have a love for words, such as "you can tune a piano, but you can't tuna fish", or "to write with a broken pencil is pointless."

- When fish are in schools, they sometimes take debate.
- A thief who stole a calendar got twelve months.
- The batteries were given out free of charge.
- A dentist and a manicurist married. They fought tooth and nail.
- A will is a dead giveaway.
- A boiled egg is hard to beat.
- When you've seen one shopping center you've seen a mall.
- Police were summoned to a day-care center where a three-year-old was resisting a rest.
- Did you hear about the fellow whose entire left side was cut off? He's all right now.
- A bicycle can't stand alone; it's just two tired.
- When a clock is hungry it goes back four seconds.
- The guy who fell onto an upholstery machine is now fully recovered.
- He had a photographic memory which was never developed.
- When she saw her first strands of grey hair she thought she'd dye.
- Acupuncture is a jab well done.
- Those who get too big for their pants will be totally exposed in the end.

The Joondalup Men's Shed (JMS) is the local representative and a registered member of the Australian Men's Shed Association. The JMS Patron is Mr. Ian Goodenough, MBA, BComm and Federal Member for Moore.

**Our motto is short way of saying what JMS is all about:
"Blokes Building Better Communities!"**

We are all about fostering better overall health and well being for all men. This has an obvious beneficial ripple effect for our members' families, the wider community and the members themselves

All our external activities require volunteers, sometimes at short notice. Please come forward and give a helping hand to make the event a successful one for the JMS. The proceeds from these activities helps the Shed. Thank You

Our best to all the members who have had various operations and ailments in the last month and recuperating through their illnesses. We wish you all a speedy recovery and good health

Members are requested to inform the Welfare Officer of any illness of members, whom they are in contact with, so that a courteous enquiry is made after the welfare of the member. We all need support at times like these.

Members are requested to send in articles and comments for inclusion in the Bench Press Since the distribution list is not limited to internal membership, discretion is "advised". Please submit by the third week of the month for publication, to Reg..

The Committee and Members would like to extend their Birthday wishes to the following members, whose Birthday falls in the month of April:

- Philip Anderson
- Sanny Ang
- Ralph Anthony
- Kevin Blanch
- Tony Brewer
- Alan Greenhalgh
- Andrew Hollis
- Stan James



- Alan Kay
- David Lampard
- A W Langford
- Geoff Linton
- Bill Maley
- Tyron Paul
- George Raykos
- Chris Siney
- Robert Snape

All members are requested to update their membership particulars with Michael Robinson:

robin-

JMS Committee Members 2014-2015

<i>Allen, Alexander Robert (Bob)</i> <i>President</i>	<i>bjallen@wn.com.au</i>	<i>0439 859 319</i>
<i>Davis, Robert (Bob)</i> <i>Vice President</i>	<i>bobfdavis@westnet.com.au</i>	<i>0427 082 088</i>
<i>Robinson Michael</i> <i>JMS Secretary</i>	<i>robinsonmj1950@gmail.com</i>	<i>94098484</i>
<i>Shorland, Jem</i> <i>JMS Treasurer</i>	<i>shorland@iinet.net.au</i>	<i>0423 797 487</i>
<i>Atkinson Don</i> <i>Assist Treasurer</i>	<i>donrakkers@hotmail.com</i>	<i>94022996</i>
<i>Macander, Peter</i> <i>Welfare Officer</i>	<i>macander@bigpond.net.au</i>	<i>0403 287 442</i>
<i>Cutbill Ray</i> <i>Assist Welfare Officer</i>	<i>cutbills1@gmail.com</i>	<i>94487185</i>
<i>Woodhouse Royce</i> <i>Shed manager</i>	<i>royce612@gmail.com</i>	<i>0417936344</i>
<i>Slavin Ron</i> <i>Social</i>	<i>evaron@westnet.com.au</i>	<i>93056273</i>
<i>Luther, Reg</i> <i>Editor Bench Press</i>	<i>rluther48@gmail.com</i>	<i>0414 998 717</i>