

Joondalup Men's Shed Inc.



Joondalup Men's Shed Inc.

Happy New Year

"To accomplish great things, we must not only act but also dream; not only plan but also believe" Anatole France





**3 MacGregor Drive
Padbury
(Former Padbury SHS)
Phone 94026161
www.jms.org.au**

The dawn of the New Year brings new challenges in our daily lives along with renewed resolutions for the year ahead. The Men's Shed as an organization is no exception to the established norms of things; the challenge is to plan and excel and not be complacent in yesteryears accomplishments. To seek newer pastures and bring out the creative best in our goal towards "building better communities".

The greatest challenge that faces us as a community is to further the cause that lies within the motto of our organization: **"Blokes Building better communities"**. There is a constant demand for members to add other activities to make it more inclusive to the activities of the shed.



Bench Press January 2015

The President's Desk December 2014

We've had a very busy month. Our Christmas Lunch at Hillary's Yacht Club went very well. We had an enjoyable day. Some keen members left the lunch to then go and guide cars into parking spaces at the Wanneroo Show.

Eleven members acted as Marshalls for a Triathlon. Certainly something different watching 1500 bikes go past 3 times with only a few mishaps.

Many trips to Masters to assemble wheel barrows. We're getting better at it even though we get landed with a different styles of wheelbarrow.

Many in shed jobs have been done helping to swell our coffers.

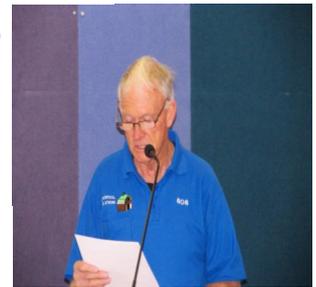
An effort is being mounted to make our shed more user friendly. Brian Skinner is working on tidying up the woodwork store room. We'll have some tools that we no longer need. We'll advise you of what we don't need so you can purchase same.

We need a more organised way of disposing of excess

machines, tools. Whatever we do needs to be fair for all our members.

Two shed incidents need reporting. One was the incorrect use of a bandsaw by a member even after he'd been told the correct tools to use. I have had to stop this member from using the bandsaw until he can be retrained by one of our more experienced operators. The second incident involved an Allen Key left under the safety guard on the planer. As wood was pushed through the Allen Key went first and did some damage to the planer blades. Members will be advised of the need to check that nothing is under the guard before starting the planer. Some concern has been expressed at an alteration to the table saw. This was done without advising me. We still seem to have phantom shed managers making their own decisions.

A visit to Northern Men's Shed by 4 members was very worthwhile. We picked up



some good ideas and will wait for an invitation in February for more members to have a visit. They are a small shed with only around 20 members. They have an excellent set up for their group.

Hopefully we will start cleaning up the compound this week. Its going to cost but has to be done. We will need some help from our members to get this job done.

Another year has passed
and we're all a little older.
Last summer felt hotter
and winter seems much colder.

There was a time not long ago
when life was quite a blast.
Now I fully understand
About 'Living in the Past'

We used to go to weddings,
Football games and lunches...
Now we go to funeral homes
and after-funeral brunches.

We used to have hangovers,
From parties that were gay.
Now we suffer body aches
And while the night away.

We used to go out dining,
And couldn't get our fill.
Now we ask for doggie bags,
Come home and take a pill.

We used to often travel
To places near and far.
Now we get sore asses
From riding in the car.

We used to go to nightclubs
And drink a little booze.
Now we stay home at night
And watch the evening news.

That, my friend is how life is,
And now my tale is told.
So, enjoy each day and live it up...
Before you're too damned old!

(Author unknown)

Courtesy Alan Greenhalgh (Past President JMS)

Ornamental Blacksmithing

An interest group for Ornamental Blacksmithing has started at the JMS. Initially a small Blacksmith Forge has been constructed from a large plough disc and blower.



The intent is to allow members to have a go or "strike a blow" and develop some skills in ornamental blacksmithing and wrought iron work. Make some items for the garden, hangers, artwork, maybe some tools.

Initially, Tuesday is the day to make contact. See **Les Hendon, Bill Roberts or Vince Bertolini**



If you know of anybody who has some unwanted blacksmith tools in their shed let us know and we can talk with them. Engineers hammers, tongs, anvil, swage block or other items.

Poynter Farmer's Market

Dec 6th was an outing to the Poynter Farmer's Market. Our toys and various household item continue to be an attraction at these venues. The invitation to these community fairs is a fair indication of the appreciation of the quality of the finished products. Our exposure to these markets is a good way to integrate into the various communities and display the cohesion not only to the prospective buyers but also to those who would aspire to join our organization. There is a continuous stream of enquiries from prospective members who are keen to join and enjoy the benefits and facilities of our Organization. We are so proud of the talents of our members who bring forth such beautiful pieces of workmanship and indeed a cause for pride and joy for all us.



Pictures from File



Karrinyup Markets: On the 7th Dec. we were extended an invitation, by the Rotary Club, to man our stall at the markets located at the Karrinyup Shopping centre car park. The stall was provided at no cost to us.

Unfortunately, the attendance at the market was not very good and as a consequence our sales were not very encouraging. The bigger ticketed items at the shopping centre were more inviting to the Christmas shoppers, who were out later in the day.

Thanks to the volunteers who sacrificed their time to attend the stall from 8 am until 12 Noon.

Sausage Sizzles

Sausage sizzles were the order of the day at Bunnings, Whitfords on the 13th of December. As usual the weekend saw a large crowd to taste the wares at our Stall.

27th December was another sizzle outing at Masters Hardware store, Joondalup. The crowd were sparse; the pre Christmas and holiday season shopping having exhausted the normal crowds from venturing out or else the pockets were lighter and there was less excitement to hazard a spending spree. All in all a quiet day at the office.

Our appreciation goes out to the volunteers who sacrificed their time on Christmas eve to help in slicing the onions that were needed for the Sausage sizzle. Royce Woodhouse needs a special thanks for the time he devotes towards the organization and setting up the marquee on the day of the sausage sizzle. His devotion and hard work cannot be ignored and all credit is due to him from the membership. Thanks also to the volunteers who man the various tasks of preparation, cooking, serving and not forgetting the cashiers; a task not for the faint hearted.

Christmas Hampers

The Men's Shed conducted a Christmas Raffle, which was drawn on the 18th December

The prizes included:

- 1st Prize Hamper
- 2nd Prize Hamper
- 3rd Prize Decorated Christmas Cake that was donated by Trevor Thackray's Daughter.

All the winners of the prizes were from the Education department. Congratulations to the winners, hoping it came to good use at Christmas time.

Banana Savers:

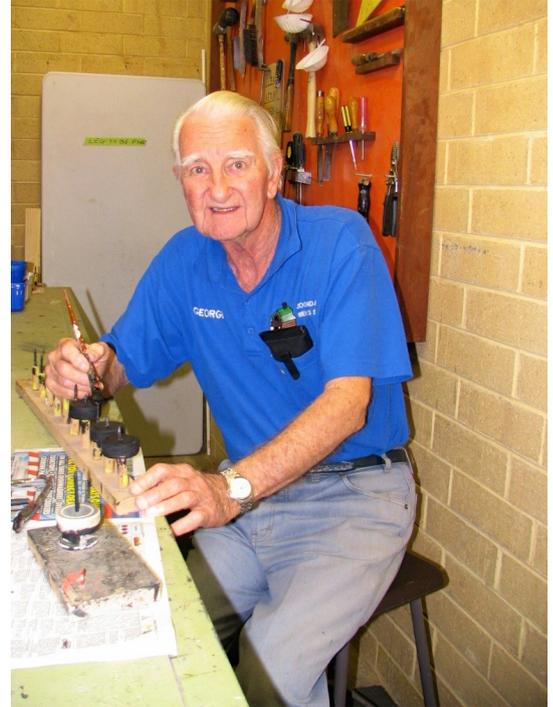
Ron pointed out that our Banana savers have been a very popular product and the demand for them from various quarters has seen an exponential growth.

Ron, being the salesman of exceptional qualities, must take some credit for bargaining with the company that did the cutting of the boards by precision Laser tools and for pushing the sales of the items. The pride that he exhibits in quoting the sale numbers is only matched by the quality of the savers.



George Bolin was commissioned to create a Christmas Santa decoration from a photograph.

Using all his skills and some small contribution from friends, they traced out the Santa and scaled it to the present size. The decoration was then treated to some paint work in the shed and the completed project was presented to Lyn, who had commissioned the project in time for the



On going Projects for Master's Wheel Barrows

On the 14th the shed received another invitation from Masters hardware store, on very short notice, requiring assembly of wheel barrows on the 16th. These calls are answered by a few ever-ready shedder's to tackle this task at hand. JMS always requires volunteers at these times, Unfortunately, the answer to these calls is limited to a very few members and there is always room for more volunteers to help to enable these units to be assembled. The task being shared all around would help, in some monetary gain for the Shed, expedite the assembly on hand and reduce the work commitment on the regular volunteers.



Photos from file .

JMS would like to extend our gratitude to the members who are generous with their time and efforts to make these assembly exercises a success.



School of Special Educational-Disability

Thought you all might be interested in seeing how the catapults the Members Men's shed made are used in schools



All students used the catapult at a Sports Ability Carnival at Malvern Springs Primary School

A student in the class has Cerebral Palsy and limited movement. The program was to provide opportunities for sport involvement with his peers. The whole class wanted to use the catapult to shoot bean bags at a target on the ground.

The catapult is also used for throwing bocce, soft-balls and balloons.



JMS SIGNAGE

SIGN★A★RAMA
WHERE THE WORLD GOES FOR SIGNS

The Joondalup Men's Shed would like to thank the General Manager and staff at "Signarama" Joondalup (www.signswa.com.au) for their generous donation of our JMS sign. The sign will be put up at our premises.

The sign required a vectored JMS Logo, with cost involved in redrawing the Logo to a specific size. Ron Slavin, (draper) as usual, used his charm and sales expertise in securing not only the

sign but also the costs of redrawing the Logo, as a donation to our Organization.

All the savings means a few more dollars in our coffers and the exposure to the commercial businesses of our existence. The staff at Signarama have shown great courtesy to our membership in extending their services free of cost. Thank You from all the members.

ON A LIGHTER NOTE

An Irish Miracle

At last, confirmation of Murphy's Law, with a wonderful Irish explanation

Murphy drops some buttered toast on the kitchen floor and it lands butter-side-up. He looks down in astonishment, for he knows that it's a law of nature of the universe that buttered toast always falls butter-side-down.

So he rushes round to the presbytery to fetch Father Flanagan.

He tells the priest that a miracle has occurred in his kitchen. But he won't say what it is, so he asks Fr. Flanagan to come and see it with his own eyes.

He leads Fr. Flanagan into the kitchen and asks him what he sees on the floor.

"Well," says the priest, "it's pretty obvious. Someone has dropped some buttered toast on the floor and then, for some reason, they flipped it over so that the butter was on top."

"No, Father, I dropped it and it landed like that!" exclaimed Murphy,

"Oh my Lord," says Fr. Flanagan, "dropped toast never falls with the butter side up. It's a miracle. Wait... it's not for me to say it's a miracle. I'll have to report this matter to the Bishop and he'll have to deal with it. He'll send some people round; to interview you, take photos, etc."

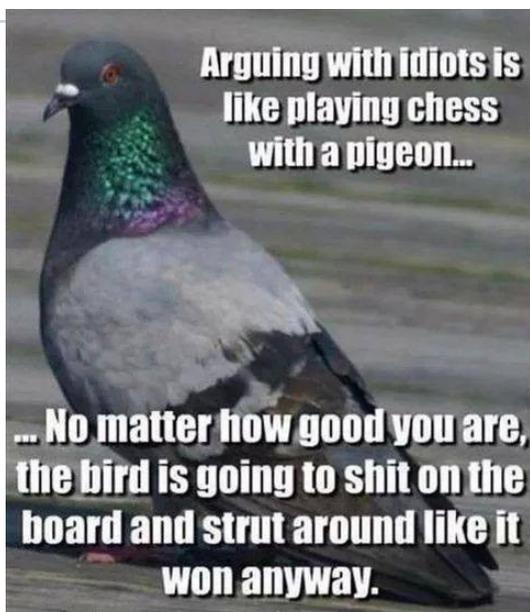
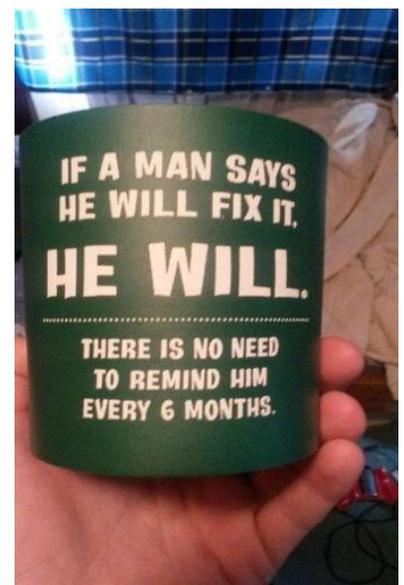
A thorough investigation is conducted, not only by the archdiocese but by scientists sent over from the Curia in Rome. No expense is spared. There is great excitement in the town as everyone knows that a miracle will bring in much need tourism revenue.

Then, after 8 long weeks and with great fanfare, the Bishop announces the final ruling.

"It is certain that some kind of

an extraordinary event took place in Murphy's kitchen, quite outside the natural laws of the universe. Yet the Holy See must be very cautious before ruling a miracle. All other explanations must be ruled out.

Unfortunately, in this case, it has been declared 'No Miracle' because they think that Murphy may have buttered the toast on the wrong side!"



The Joondalup Men's Shed (JMS) is the local representative and a registered member of the Australian Men's Shed Association. The JMS Patron is Mr. Ian Goodenough, MBA, BComm and Federal Member for Moore.

**Our motto is short way of saying what JMS is all about:
"Blokes Building Better Communities!"**

We are all about fostering better overall health and well being for all men. This has an obvious beneficial ripple effect for our members' families, the wider community and the members themselves

All the above activities require volunteers, sometimes at short notice. Please come forward and give a helping hand to make the event a successful one for the JMS. The proceeds from these activities helps the Shed. Thank You

Our best to all the members who have had various operations and ailments in the last month and recuperating through their illnesses. We wish you all a speedy recovery and good health

All articles and comments for inclusion in the Bench Press are welcome. Please submit by the third week of the month for publication, to Reg.. rluther48@gmail.com

Our appreciation and gratitude to all the members who participated in the Shed premises cleanup, that was held on the 22nd and 23rd, under the supervision of Royce Woodhouse.

All members are requested to update their membership particulars with Michael Robinson:

robinsonmj1950@gmail.com
94098484

The Committee would like to extend their Birthday wishes to the following members, whose Birthday falls in the month of January.

- **Brian Abbot**
- **Donald Atkinson**
- **Ralph Anthony**
- **Ed Jolley**
- **Reg Luther**
- **Travis Marnham**

The Shed transferred its web page to Doig Website Technology, a new hosting services for a very reasonable price compared to our previous charges incurred for the same service with Justhost.com. The website provides a fast website hosting services served on Solid State drives.

Members accessing the website will experience a much faster interface

JMS Committee Members 2014-2015

Allen, Alexander Robert (Bob) <i>President</i>	bjallen@wn.com.au	0439 859 319
Davis, Robert (Bob) <i>Vice President</i>	bobfdavis@westnet.com.au	0427 082 088
Michael Robinson <i>JMS Secretary</i>	robinsonmj1950@gmail.com	94098484
Shorland, Jerome (Jem) <i>JMS Treasurer</i>	jem.shorland@iinet.net.au	0423 797 487
Atkinson Don <i>Assist Treasurer</i>	donrakers@hotmail.com	94022996
Macander, Peter <i>Welfare Officer</i>	macander@bigpond.net.au	0403 287 442
Cutbill Ray <i>Assist Welfare Officer</i>	cutbills1@gmail.com	94487185
Woodhouse Royce <i>Shed manager</i>	royce612@gmail.com	0417936344
Slavin Ron <i>Social</i>	evaron@westnet.com.au	93056273
Luther, Reg <i>Editor Bench Press</i>	rluther48@gmail.com	0414 998 717